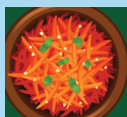


Congleton High School Menu for Spring 2025



Spring Menu Week One



Dish	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beef Chilli and Cheese Nachos	Lasagne, Garlic Bread and Chips	Filled Yorkshire Pudding with Sliced Beef, Mini Potatoes, Mixed Veg and Gravy	Hunters Chicken wrapped in Bacon and Cheese with Cubed Potatoes and Veg	Fish, Chips and Peas
Main Vegetarian Option (v)	Veggie Chilli and Cheese Nachos	Vegetable Lasagne and Garlic Bread and Chips	Filled Yorkshire Pudding with Quorn Mince, Mini Potatoes, Mixed Veg and Gravy	Quorn Fillet Wrapped in Veggie Bacon with Cubed Potatoes and Veg	Quorn Sausage, Chips and Peas
Cold Daily	Selection of sandwiches, baguettes, wraps, salads	Selection of sandwiches, baguettes, wraps, salads	Selection of sandwiches, baguettes, wraps, salads	Selection of sandwiches, baguettes, wraps, salads	Selection of sandwiches, baguettes, wraps, salads



Spring Menu Week Two



Dish	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Crustless Cheese and Ham Quiche with Cubed Potatoes and Beans	Roast Gammon, Waffles and Sweetcorn/Beans	Chicken and Chorizo Fried Rice	Sweet and Sour Chicken with Noodles	Sausage, Chips and Beans
Main Vegetarian Option (v)	Crustless Cheese and Onion Quiche, Cubed Potatoes and Beans	Veggie Sausage, Potatoes and Sweetcorn	Vegetable Fried Rice	Quorn Sweet and Sour with Noodles	Veggie Sausage, Chips and Beans
Cold Daily	Selection of sandwiches, baguettes, wraps, salads	Selection of sandwiches, baguettes, wraps, salads	Selection of sandwiches, baguettes, wraps, salads	Selection of sandwiches, baguettes, wraps, salads	Selection of sandwiches, baguettes, wraps, salads

Daily Grab and Go Selection:

Each day we will serve a variety of **Grab and Go** items including:

- Chicken pots, Mozzarella Sticks (v), Veg spring rolls (v), Pigs in Blankets (gluten free), BBQ chicken strips, Potato Wedges, Burgers, Sweet and Savoury Pastries.
- Toasties, panini, wraps.
- Jacket potatoes with a range of toppings (tuna/mayo, cheese, beans).
- Pasta pots (various toppings).

Desserts

Selection of fresh fruit, fruit bags, cold desserts, yoghurt, cereal bars, chocolate cake, smoothies, doughnuts and more.

Allergies

We offer a complete list of allergens at our point of sale. Please speak to a member of our catering staff if you have an allergy and need to know what's in any of our dishes, they will be happy to advise you of the available choices.