

Year group	7	8	9	10	11
Tuesday 19th December	R = relationships = green H+W = health and wellbeing = blue LWW = Living in the wider world = yellow				
Session 1	Elevate 'Study skills kick start'	Respect Me: Bullying	Different types of families	Managing tough times	Blood and organ donation
Session 2			Homelessness	Social media and self esteem Up Front Theatre Company	First aid Staffordshire First Aid Training
Session 3	Career choices	Influence and making decisions	County lines: dangerous relationships with organised crime PC Cornall	Screen time: anxiety and depression	Sleep
Session 4	Raising aspirations	Inclusivity and diversity: The Equality Act 2010	LGBTQ+ Just Like Us speaker	Recognising mental health and getting help	Intimacy and abstinence