



Congleton High School

Extracurricular Sports Programme

January to February 2024

After School 3-4pm

	Boys	Girls
Monday	<p>Trampolining (See PE Team for sign-up letter and cost details) All Years</p> <p>Fitness, Health and Wellbeing (See PE Team for more details, limited spaces available) Year 9 and 10</p>	<p>Trampolining (See PE Team for sign-up letter and cost details) All Years</p> <p>Fitness, Health and Wellbeing (See PE Team for more details, limited spaces available) Year 9 and 10</p>
Tuesday	<p>Football Year 7 and 8</p> <p>Trampolining All Years</p>	<p>Football All Years</p> <p>Trampolining All Years</p>
Wednesday	<p>GCSE Practical</p> <p>Table Tennis All Years</p>	<p>GCSE Practical</p> <p>Table Tennis All Years</p>
Thursday	<p>Rugby Year 7</p> <p>Badminton All Years</p>	<p>Rugby All Years</p> <p>Badminton All Years</p>
Friday	<p>Basketball All Years</p>	<p>Basketball All Years</p>