



Congleton High School

Extracurricular Sports Programme

January to February 2025

After School 3.10–4.10pm

	Boys	Girls
Monday	<p>Trampolining <i>See PE staff for price details and sign-up letter</i></p>	<p>Trampolining <i>See PE staff for price details and sign-up letter</i></p>
Tuesday	<p>Fitness Club <i>All Years</i></p>	<p>Netball <i>All Years</i></p>
Wednesday	<p>Sixth Form Football Fixture</p> <p>Badminton <i>All Years</i></p> <p>Table Tennis <i>All Years</i></p>	<p>Sixth Form Netball Fixture</p> <p>Badminton <i>All Years</i></p> <p>Table Tennis <i>All Years</i></p> <p>Fitness Club <i>All Years</i></p>
Thursday	<p>Volleyball <i>All Years</i></p>	<p>Football <i>Years 7, 8 and 9</i></p> <p>Volleyball <i>All Years</i></p>
Friday	<p>Basketball <i>All years</i></p>	<p>Basketball <i>All Years</i></p>