

Year group	7	8	9	10
Thursday 4th July	R = relationships = green H+W = health and wellbeing = blue LWW = Living in the wider world = yellow			
Session 1	Creativity	Online stress and FOMO	Elevate 'memory and mnemonics'	Respect Me: positive relationships and sexting
Session 2	Problem solving	Emotional literacy		
Session 3	Sexual and gender identity	Mindfulness	Enterprise and innovation	CV writing
Session 4	Basic first aid Staffordshire first aid training	Mental health: anxiety and depression UFTC	Demonstrating skills	Self screening and examination