



Congleton High School

Extracurricular Sports Programme

September to October 2025

After School 3.10–4.10pm

	Boys	Girls
Monday	Trampolining <i>See PE staff for price details and sign-up letter</i> Rugby <i>Year 7, 8 and 9</i>	Trampolining <i>See PE staff for price details and sign-up letter</i> Rugby <i>Year 7, 8 and 9</i>
Tuesday	Football <i>Year 7 and 10/11 (RGE/MHT)</i>	Football <i>Year 7 RGE</i> Netball <i>Years 8, 9, 10 and 11 (JSE/ JHD/ LSI)</i>
Wednesday	Sixth Form Football Fixture	Sixth Form Netball Fixture
Thursday	Football <i>Years 8 and 9) (RWI)</i>	Football <i>Years 8, 9, 10, 11 (JHD/ NTA)</i> Netball <i>Year 7 (JSE/ LSI)</i>
Friday	Basketball <i>All Years</i>	Basketball <i>All Years</i>