

Congleton High School

Extracurricular Sports Programme

February to March 2024

After School 3-4pm

	Boys	Girls
Monday	Trampolining (See PE Team for sign-up letter and cost details) All Years Fitness, Health and Wellbeing (See PE Team for more details, limited spaces available) Year 9 and 10	Trampolining (See PE Team for sign-up letter and cost details) All Years Fitness, Health and Wellbeing (See PE Team for more details, limited spaces available) Year 9 and 10
Tuesday	Football Year 7 and 8	Netball <i>All Years</i>
Wednesday	GCSE Practical Table Tennis All Years	GCSE Practical Table Tennis All Years
Thursday	Rugby Year 7 Badminton All Years	Rugby All Years Badminton All Years Football All Years
Friday	Basketball All Years	Basketball All Years