



Congleton High School

Extracurricular Sports Programme

After School from 3pm to 4:15pm - November to December 2022

| | Boys | Girls |
|------------------|--|--|
| Monday | Trampolining (See PE Team for sign up letter and cost details) <i>All years</i> Basketball <i>Years 7, 8 and 9</i> | Trampolining (See PE Team for sign up letter and cost details) <i>All years</i> Basketball <i>Years 7, 8 and 9</i> |
| Tuesday | Football <i>Years 7 and 8</i> Rugby <i>Years 9, 10 and 11</i> | Netball Training <i>All years</i> |
| Wednesday | Sixth Form Fixtures Badminton <i>All years</i> | Girls' Fixtures Badminton <i>All years</i> |
| Thursday | Football <i>Years 9, 10 and 11</i> Volleyball <i>All years</i> Rugby <i>Years 7 and 8</i> | Volleyball <i>All years</i> Football <i>All years</i> |
| Friday | Basketball <i>All years</i> GCSE Revision <i>D0-07</i> | Basketball <i>All years</i> GCSE Revision <i>D0-07</i> |