

Congleton High School

Extracurricular Sports Programme

September to October 2023

After School 3-4pm

	Boys	Girls
Monday	Trampolining (See PE Team for sign-up letter and cost details) All Years	Trampolining (See PE Team for sign-up letter and cost details) All Years
Tuesday	Football Years 8 and 9 Rugby All Years	Netball Training Years 7 and 8
Wednesday	Sixth Form Fixtures GCSE Practical	Girls' Fixtures GCSE Practical
Thursday	Football Years 7, 10 and 11	Netball Years 9, 10 and 11 Football All Years
Friday	Basketball All Years	Basketball All Years