

Newsletter

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Achieving Success Together

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Congleton High School

50
Years

1964 - 2014

50th ANNIVERSARY CELEBRATORY EDITION



Thousands turned
out to join our
50th celebrations

INTRODUCTION

Welcome to our final newsletter for 2013-14. This has been a truly momentous year in the history of the school, starting with record breaking examination results last summer, becoming the Congleton Multi-Academy Trust (CMAT) in February and celebrating our 50th anniversary a few weeks ago with an incredible community festival that will be talked about for many years to come. Also in June, we welcomed Black Firs Primary School as they became the first primary school to join CMAT and finally last week we hosted a Business Breakfast for local employers to launch our intention to develop Congleton College.



In addition to this, we have continued to provide great opportunities and support for our students with consistently great teaching day-in-day-out, excellent pastoral care and an enviable selection of educational visits, extra-curricular clubs and activities. We have also continued to work very closely with our partner primary schools, providing activities and support for students from Years 3 to 6. These activities all help to ensure that when it is time for students to make the transition from their primary school up to 'big school', this move is as seamless as possible.

As the term and the year comes to a close, the good work and achievements of many students will be recognised in our Praise Assemblies for each year group. Students will also be going out of school to have fun with their friends and tutors on various year group trips to Alton Towers, Chester Zoo or Drayton Manor.

I hope you will read and enjoy the many stories of student successes and efforts that are reported in the pages that follow. To keep up to date with what is happening in school during the term, please have a look at our website at www.congletonhigh.com, where you can also sign up for our monthly E-Newsletter. All that remains is for me to wish you a peaceful and relaxing summer and I look forward to welcoming students back to school on 3rd September.

Mr D Hermitt

Executive Principal (CHS)
Chief Executive Officer (CMAT)

CHS REMAINS IN TOP 20% OF SCHOOLS IN ENGLAND

We are proud to have once again received national recognition for the value we add to students' achievements at GCSE. An in-depth analysis earlier this year of official Department for Education data on all state-funded schools in England by SSAT, the national schools' membership organisation for improvement and collaboration, identified our success.

We have qualified for an SSAT Educational Outcomes Award by being in the top 20% of schools nationally for progress made by pupils between their key stage 2 results at primary school and their GCSE results at age 16.

Sue Williamson, Chief Executive of SSAT said: *"Congleton High School should be congratulated for their exceptional achievement. They have proved themselves to be leading the field in improving GCSE outcomes for their students. There is so much good practice that this school could share. These results are testament to the commitment and hard work of the students, teachers and leadership team at Congleton High School, and show what can be achieved when skilled teachers have high expectations and ambition for every young person. I am proud that this school is a member of the SSAT network."*



Executive Principal, David Hermitt, stated *"We are honoured; this is the second year in a row that we have received this recognition from the SSAT. Each year our students continue to achieve remarkable successes with hard work and the support of their parents and our dedicated staff."* Chair of Governors, Richard Hinckley, added *"This recognition backs up what we as Governors have believed for some time. We have a great school let by exceptional people who go the extra mile to secure the best for our students."*

WORKING WITH OUR PARTNER PRIMARY SCHOOLS

As usual, there have been many activities this term in which we have worked closely with our partner and other primary schools. We welcomed a record 200 Year 6 students to CHS in June to spend a day here prior to starting with us in September. They spent time in their tutor groups getting to know one another, trying out some lessons and doing a map quiz to help them find their way around the school site.

Debating competition

Year 5 students from Black Firs, Quinta, Astbury and Mossley primary schools have been honing their debating skills in a bid to win our inaugural debating competition.

CHS sixth form students spent a day in each of the primary schools to train the children in how to debate effectively. The students learned how to give opening and closing speeches to express their view-points, how to listen carefully to the thread of argument used by the opposing team and then how to counter these arguments. They put these skills into practice to debate the issue of 'Should more houses be built in Congleton?' and to decide on a winning team from their school.



The winning team from Quinta Primary School

All the teams were then invited to CHS to find an overall winner. In the semi-finals, Quinta and Mossley schools won their debates on whether competitive sports should be encouraged in schools. They then went head-to-head in the final where they debated the topic of whether school pupils should have to do homework. The overall winners were Quinta, who were awarded a trophy to show that they are the best young debaters in Congleton! The Star Debater of the whole tournament was Lily Payton from Mossley Primary School.

Other activities that have taken place this term include:

- Year 3 & 4 students from Quinta Primary School came to CHS for a badminton training session and competition
- Year 5 students from all our partner primary schools took part in a series of three English and Literacy masterclasses entitled 'Working with the Literary Text'. These sessions were aimed at high achievers to engage them with challenging texts and explore plots, characters and authorial techniques
- Year 5 & 6 students from all our partner primary schools came to CHS for a rounders competition, umpired by CHS student leaders
- 6 High Achieving students from Year 5 at each of our partner primary schools spent two days at CHS taking part in a BA CREST Superstars Investigators Award
- 90 students from Black Firs, Woodcocks' Well and Astbury primaries came to CHS to do some 'graphic manipulation' where they designed a superhero of themselves on the computer, along with a game featuring that superhero

EUROPEAN FOCUS

In May, whilst candidates in the European elections were busy canvassing voters, students from CHS were experiencing Europe first hand in a series of educational visits and exchanges. The MFL department took a group of students on a 5-day visit to Spain where they took part in Spanish lessons every day to help build their vocabulary and confidence in speaking Spanish. Students also took part in cooking lessons, learned to dance the salsa and visited Spanish landmarks such as the cathedral in Murcia.

The Humanities educational visit to Italy focussed on the history and culture rather than the language of the country. Students travelled to Naples where they visited both Vesuvius and the volcanic crater at Solfatara, before taking a tour of Pompeii. They also learned about the difference between Italian farming methods and those adopted in Britain, got the chance to make their own pizzas and did some sightseeing in Sorrento. Geography teacher Mrs Wilson-Jones was very pleased with the visit: *"The students were fantastic and it was great to see them so engaged in learning outside the classroom."*

Meanwhile, it was the turn of students from the Friedrich Spee Gymnasium in Trier, Germany, to visit CHS as part of the longstanding exchange programme between our two schools. The students stayed with families here and they sampled lessons in school as well as enjoying trips and activities around the region.

And finally, Year 7 students were completely immersed in languages for a full day this term, having a go at speaking in German, Italian, French and Spanish and trying out different fun activities relating to each country. These included flamenco dancing and an orange eating competition in Spanish, Opera singing and a culture quiz in Italian, learning how to order breakfast in French and doing some Bavarian dancing in German.



Executive Principal, Mr Hermitt explained why these sorts of activities are so important: *"Our staff go the extra mile and put a lot of effort into organising these visits, exchange programmes and themed days at school because they really enhance the students' learning and bring alive what they are taught in the classroom. We are proud that we are able to offer such a wide range of experiences for students during their time at CHS."*

BUSY TERM FOR DESIGN & TECHNOLOGY

Design & Technology students have been extremely busy this term with competitions, visits and major events all on the calendar for staff and students in addition to their usual studies. They were very busy at the 50th anniversary celebrations running the hog roast and BBQ; and GCSE and BTEC Catering students provided a 3-course meal for 77 people at the annual Sports Awards Evening (see back page).

Fashion Show

Our Fashion Show gives students the opportunity to showcase the incredible work they have done in this area of D&T and shows the progression students make, from producing aprons in Year 7 to full garments in Year 13. It was a fabulous evening where guests were greeted with drinks and canapés prepared by our catering students before sitting down to watch the show. Year 12 students helped organise the event and did a lot of behind the scenes work which included props, hair and make-up as well as getting their fellow students in the right order to run the show. Students spent weeks in rehearsals and even choreographed dance routines for the event. One parent commented *"It is evident that a lot of hard work and effort has been put into what was an amazing show. Well done to all the students and teachers."*



Fashion and Textiles teacher Mrs Paling Sparkes commented *"I am proud of my students and how they produced their textiles products. Their performance in the show was impressive and their individual creativity shone through."*

Berisfords Design Awards



For the last 6 years, CHS has worked with local company, Berisfords Ribbons, to run the annual Berisfords Design Awards for our Fashion & Clothing students. Students start with a tour of the Berisfords factory to see the industry in action. Following this visit, they then have to design and make a cushion using ribbons donated by Berisfords. The competition is judged by Berisfords' Marketing and Design Director, Fiona Hampton, and Managing Director, Peter Bowers, who agreed that *"the work displayed was made to a very high standard; of the 6 years we have run this competition, this year's work was the most difficult to judge and choose the best three designs."*

This year's winners are Emma Winship 3rd Prize £30, Courtney Potts 2nd Prize £70 and Imogen Boote won 1st Prize £100.

Fashion and Textiles teacher Mrs Paling Sparkes commented *"We would like to thank Berisfords for their generosity in time, ribbons and prizes as this event is a great all round experience for our Fashion and Clothing students and really makes a difference to their coursework."*

Rotary Young Chef/Young Designer

Catering and graphic design students also had the chance to shine in the annual Rotary Young Chef/Designer competition which was held at CHS this term involving students from CHS and Eaton Bank Academy. The competition showcased the students' prowess in their selected technologies. Graphic design students had to present their best piece of work to the panel of judges. Ryan Jefferies won first place with his robotic toy, whilst Faaria Khan came second with a dress and bag she had made and Georgia Smith was third with her wild animal shelter. In the Young Chef competition, Calvin Herd came first, with Lucy Cooper and Lucy Barrow taking second and third places. The standard of entries was very high, as Mr David Cropper, one of the judges, explained: *"The competition standards are higher each year and become harder to judge."* Executive Principal, David Hermitt, was very pleased with what he saw *"I am very proud of all the students for the excellent work they demonstrated here tonight and would also like to thank all the people involved in staging such a successful competition."*

Etihad Campus visit

Meanwhile, hospitality students had the unique opportunity of seeing behind-the-scenes at the hospitality facilities at Manchester City Football Club complex, which has recently been re-named 'The Etihad Campus'. Catering teacher, Cathy Thorpe, commented *"This was a great opportunity for students to see a large company providing hospitality to a varied clientele, from the 47,000 supporters wanting a pie on match day, to the Chairman's lounge, the two match day restaurants and the many private boxes for corporate customers."* She added *"This was an incredible experience as the students were able to see how their theory lessons in class are implemented within the catering industry. We would like to thank all of the staff at the club, who gave us remarkable access to their facilities and made us feel very welcome."* The students were also able to quiz the Executive Chef, Leon Smith, about his work.

50TH ANNIVERSARY—IN PICTURES



Many former students and staff joined us for our 50th anniversary celebrations on 20 June, where they enjoyed the sunshine and tried out the many activities on offer. It was also a chance to catch up with old friends and former teachers and generally have fun!

Also helping us to celebrate were both the Lord-Lieutenant and High Sheriff of Cheshire, MP Fiona Bruce and the Mayors of Cheshire East and Congleton Town.

For a full report on the event, including details of all the speeches, see our website at www.congletonhigh.com.



OXBRIDGE OUTREACH AND VISITS



Students visiting Cambridge University

Oxbridge Outreach Programme

A group of High Achieving Year 10 students attended an Oxbridge Outreach Programme at Alsager High School last week. The talk was given by a group of Oxbridge undergraduates representing a range of subjects including Humanities, Social Sciences and Sciences. The session provided valuable information to students who are interested in applying to Russell Group universities but were perhaps daunted by what to expect. The undergraduates delivered informal presentations that tackled the common myths and preconceptions students might have. They also talked about their experience of applying for and now studying at Oxford University.

Miss Heys, Guidance Team Leader for Year 10 said; *"The session was extremely valuable to the students who attended. It allowed them to start planning their future and understand the advantages of attending a prestigious university to read some of the most competitive subjects. The students from the universities spoke highly of their experiences and discussed their path from studying their GCSE's to applying to university. What was most interesting for our students was to gain an understanding of what the universities are looking for—passion for a subject—and this message was very beneficial for our students to take away."*

Cambridge University Visit

We were also delighted recently to be able to take a group of our sixth form students to attend the Open Day at Cambridge University. The students stayed overnight in St Catharine's College so that they could get a flavour of what it is like to live, albeit temporarily, in a college that has existed for over four hundred years. They attended some subject lectures and a talk about applying to Cambridge. They were also able to visit information stands, presentations and drop-in session to find out more about subjects and colleges. We are pleased that students from our school will feel well-informed and prepared to apply to such a prestigious university when they submit their UCAS form in the Autumn.

KEEPING IN TOUCH

We are increasingly using e-mail as a method of communicating with parents as it is quick, efficient and cost-effective for the school. Please therefore make sure that we have your current e-mail address so that you do not miss out on important communications. As we start to embrace the new technology available to us, we also now have several other ways in which we can distribute information and news about what is happening in school or when students are out and about on educational visits. If you are a Facebook user, you can now like our new Facebook page to receive updates. You can also follow us on Twitter:

[@CongletonHS](#) — for general school news and announcements

[@PhysEdCHS](#) — for PE news and up-to-the minute information about fixtures etc

[@CHSHumanities](#) — curriculum-related tweets and information from Humanities trips

[@CHSLanguages](#) — Modern Foreign Languages twitter account

[@CHSMediaDept](#) — Updates, photos and news from our Media Department

[@CHS Sixth Form](#) — Updates, photos and news from Sixth Form CHS

[@CateringCHS](#) — tweets from CHS catering with details of our daily meal deals and menus

[@CHSTechdept](#) — curriculum-related tweets and information from our D&T department

[@CHSartists](#) — Art department twitter account

[@CHSSocSci](#) — Social Sciences twitter account

You can also sign up for our monthly E-Newsletter via the homepage of our website at www.congletonhigh.com



EXAM RESULTS DAYS

Students who are expecting to receive GCSE and/or A Level results this summer should note the following important dates:

Thursday 14th August 9am—11am: AS / A Level results

Thursday 21st August 9am—11am: GCSE results

Students may collect their results in the hall from 9am until 11am on each day. If you would like someone else to collect your results on your behalf, they need to speak to Mr Warren on the appropriate day and should bring with them a signed letter from you to this effect. Alternatively you can send a large (A4) SAE to Mrs K Isherwood at school and she will post your results out to you.

BBC NEWS SCHOOL REPORT



As usual this year members of the CHS Media Club took part in the BBC News School Report Day.



The students spent time planning and devising news stories in the lead up to the day and then had to produce their reports working as a team under pressure to meet the deadline of 4pm, just like in a real newsroom. This year they chose stories about video games and education, cyber bullying, the housing situation in Congleton and competitiveness in sport. Using the professional editing software we have at CHS, they were able to produce highly professional reports that were balanced and insightful.

The students organised themselves into teams of reporters and editors and used Final Cut to edit their finished clips together. Year 7 student, Laetitia, commented "This has been one of the best experiences I have had at CHS – I cannot wait to do it again in the future!" Media teacher, Miss Eardley praised the students involved, *"I have been truly overwhelmed by what has been produced and we all had such fun in the process. I could not be more proud of our team. Well done Media Club!"* You can view the students' finished pieces on our website at www.congletonhigh.com/156/bbc-news-school-report.

Miss Eardley shortlisted for TES School Awards

Media teacher, Miss Eardley, was almost in the news herself earlier this month when she was shortlisted for 'Inspirational Teacher of the Year' in the national TES School Awards. She and a couple of colleagues travelled down to London for the ceremony on 4 July at the Park Plaza where the awards were presented by 'Mock the Week' and 'Outnumbered' star Hugh Dennis. Miss Eardley didn't win on the day, but was still delighted to have been shortlisted. She said *"I love capturing the students' imagination and making a difference to them both academically and for their personal development."*



AFRICAN VISITORS

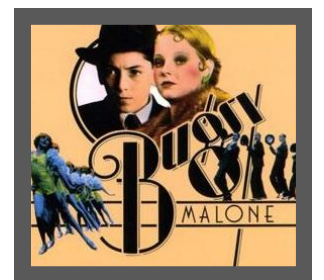
In June, we were delighted to welcome to Congleton eight visitors from our partner schools in Muizenberg, South Africa and Rocky Crest, Namibia. Mr Dave Shaw and Mr Brandon Paulse (Principals of Muizenberg High and Junior schools respectively) were joined by Mr Alban Kloppers (Principal of Rocky Crest High) and other staff from the schools as part of our **British Council Connecting Classrooms Project**. Along with Black Firs Primary School, we are all undertaking an ambitious shared multi-faceted project aimed at raising awareness of the similarities and differences in our cultures. During the visit, which was ably co-ordinated by Mrs Hilditch, CHS students had lessons and assemblies where they were able to hear and ask questions about school life in South Africa and Namibia. Staff were also able to spend valuable time planning together.



Some of the highlights of the week for our African colleagues included being special guests at our 50th anniversary celebrations as well as visits to Liverpool and Manchester, with short but very important photo opportunities at Anfield and Old Trafford! They were also able to explore some of the beautiful sights of Cheshire, such as Little Moreton Hall and Marton Church. In the Autumn, CHS and Black Firs staff will be visiting Namibia to continue to progress the work of the Project. We look forward to further strengthening our partnerships there.

GET READY FOR 'BUGSY MALONE'

CHS is well known for its outstanding music and drama. In recent years we have staged acclaimed productions of musicals such as *We Will Rock You*, *Grease* and *Billy Elliot*. We are very excited to announce that our next whole school drama production will be **Bugsy Malone**, which will hit the stage at the end of January. Workshops and auditions will be held in the second week back in September, so students should keep their eyes on the noticeboards for further details. It is open to all years and you don't have to be a brilliant singer, gifted dancer or outstanding actor to get involved, just a lot of enthusiasm and a willingness to commit to rehearsals will do. We know it will be an amazing show and we are looking forward to using our new state of the art technical equipment in our school hall.



Our drama students also impressed audiences at our 50th anniversary celebrations in June. The lower school Drama club created and performed pieces exploring what school life was like 'In the old days' and performed extracts from 'Our Day Out' and 'Kes'. Our Year 10 GCSE class put together and performed extracts from the play 'Teachers' whilst one group from the Year 11 GCSE class performed their final exam piece, exploring what life is like in a third world country compared to a first world one. Well done to all the performers – you worked hard and really impressed our visitors!

ENGINEERING ACHIEVEMENTS

At CHS we are proud of our Engineering heritage. We have been an Engineering specialist school now for 10 years and before that, in the years when the school was Heathfield High and Congleton Boys Secondary Modern, the school had strong links with local engineering firms and provided apprentices to companies such as Fodens, Rolls Royce and British Rail Crewe works. At our 50th anniversary celebrations recently, the Lord Lieutenant of Cheshire, Mr David Briggs, endorsed our belief in the importance of Engineering to our young people, saying *"It is great to know that the school produces pupils with the knowledge and skills which so many local companies badly need."* He encouraged students to study STEM subjects – Science, Technology, Engineering and Maths – telling them *"There are good, interesting and well paid jobs locally for young people with skills in these areas."*

Today we have many opportunities for students who are interested in pursuing Engineering as a career. We have strong links with companies like Siemens, AstraZeneca, Bentley Motors and others who work with our students on a whole range of Engineering-related projects such as the ones outlined below. In addition, all of our students in Year 11 complete the Engineering Achievement Course as part of their studies. This course doesn't count in the school league tables, but it does help our students to be ready for the workplace by teaching them the sort of skills they need for employment such as resilience, teamwork, problem-solving and developing a can-do attitude.

Engineering Education Scheme



Congratulations to Year 12 Students Jamie Bernardi, Jayne Booth, Ben Harris and Sam Whitehead who have successfully completed the 'real-life' project set for them by a local engineering company, ECS Ltd (trading as SOTabeams). The students have been taking part in the Engineering Education Scheme (EES) and have worked over several months with Mr Willis (from CHS) and Mr Newstead (from SOTabeams) to find a solution to a specific engineering problem experienced by the company. They were set the task of designing and building an automatic wire measuring and cutting machine. The students attended an induction day in October, then a 3 day residential in Liverpool in December and recently delivered an excellent presentation on their work to the Senior Leadership Team at CHS.

The EES is a prestigious programme in which students have to work as a team, at a very high level, to find a solution to an engineering problem. They must then produce a detailed report on their findings and present their solution to experts from the field of engineering at Liverpool University. The students undertaking the project not only develop their knowledge and understanding of Physics, Maths and Engineering, but also develop valuable team working and leadership skills.

National Science and Engineering Competition

Meanwhile, Sixth Form student Victoria O'Hara's project was one of just over 200 (out of the 1000s that were submitted) that got through to the National Science and Engineering Competition finals at the Big Bang Fair in the NEC in Birmingham earlier this year.

Victoria's project was Sequencing RNA-Dependant-RNA-Polymerase in Feline calicivirus. She was looking into different strains of cat flu and how they travel and change on an international scale. Victoria completed the project as part of her Nuffield Research placement, and spent 4 weeks in the summer holidays commuting to the University of Liverpool's Leahurst Campus to undertake the project. Victoria was also successful in being one of only 10 people to win the CREST Communication and Context award. Congratulations Victoria!



KEY STAGE 3 ART EXHIBITION



This term, the Art Department staged its first ever Key Stage 3 Art Exhibition. Students in years 7, 8 and 9 were asked to produce work on the theme of 'My Ideal Pet'. There was a great response and a huge variety of different images from dragons to pet parrots. Many students took a very imaginative approach to the pet they would most like to own.

A selection of the best work was chosen for exhibition and Mr Barlow chose winners, runners up and highly commended entries from each year group. Curriculum Team Leader for Art, Mrs Vale, said *"It was lovely to see parents and students attend the presentations and view all the work along with selected classwork from each of the year groups."*

Year 7 winner – Elizabeth Corfield, **Runner up** – Izzy Stansfield, **Highly Commended** – Jessica Radford, Rebekah Heathcote. **Year 8 Winner** – Joseph Burns, **Runner up** – Molly Winslade, **Highly Commended** – Jenna Cox, Dalya Shanati. **Year 9 Winner** – Charla Pointon, **Runner up** – Emily Hepting.

WW1 CENTENARY—LETTERS TO THE UNKNOWN SOLDIER

Year 9 English students have recently participated in a moving nationwide project to commemorate the centenary of the First World War.

14-18-NOW



Through the website www.1418now.org.uk they have joined hundreds of other people in writing letters to the statue of the unknown soldier on Paddington Station. The letters are available to view on the website, until 11pm on 4th August, the centenary of the exact moment that war was declared. From then on they will become part of the British Library archive, where they will remain permanently accessible online. English teacher, Miss Smith commented, "The students have worked hard to produce a small piece of history of their own and are excited that their writing will be archived and available for all to see."

READING MENTORS PROJECT

Throughout the year, students from Year 9 and 10 have been supporting our Year 7 students with their reading. Upper school mentors, having received training on how to build reading skills, meet with their mentees once per week, during registration, to listen to them read. Such has been the success of the project that currently we have 106 students involved, some of whom were asked recently to complete a questionnaire about their experiences. The selection of responses below demonstrates the impact of the project not only on the Year 7 readers, but also on their older mentors.

"Helping someone like this improves my leadership qualities."

"I talk to some of the mentees outside of the sessions, so I have made new friends as well."

"He now reads confidently and with expression."

"My attitude towards reading has changed."

"I now have a favourite book."

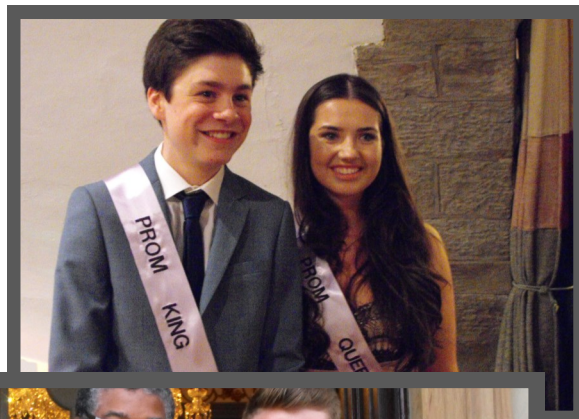
"Year 10 students are not scary, they want to help."

"I don't feel shy now when I have to read aloud in other lessons."

"He gave up his time to help me."

YEAR 11 PROM

183 staff and students gathered together at Shrigley Hall on Friday 28 June to celebrate 5 years of the class of 2014. All enjoyed a three course dinner followed by presentations of awards certificates, the fun of the photo booth and dancing until midnight. Year 11 Guidance Team Leader, Mrs McNulty, really enjoyed the special evening: "Everyone looked amazing and the evening was a huge success."



Bath Rugby Trip

Earlier this term, 14 rugby players from Congleton High School had a once in a lifetime experience of having a training session with England and British Lion legend Danny Grewcock at Bath Rugby training ground, Farleigh House in Bath. The students, from Years 7 – 10, were given the chance to participate in this one off activity through a very generous Grandparent of one of the school's Year 10 students, Bradli Brown, who had won the 'Win a Training Day' competition with Jaffa.

The day consisted of a 90 minute bespoke training session led by Danny on their 3G rugby AstroTurf developing rugby specific skills both in practice and real game situations, followed by a tour of the training ground at Farleigh house and finishing with watching the senior players train in a full preparation training session. PE Teacher, Mr Cross, commented *"All of our students experienced a day in the life of an elite rugby player and discovered what it takes to get to the top. It was an amazing experience for the students and a great insight for our own rugby development. We are extremely grateful to Mr Davies for this opportunity and to Bath Rugby for hosting us for the day."*



Fantastic season of Athletics

Summer of 2014 has been another fantastic season of Athletics for CHS with the Junior Boys team progressing to the regional 'B' final of the English Schools Track & Field Cup and CHS finishing 2nd overall in the South Cheshire Athletics Championships. Over 90 students from Years 7-11 competed in the Championships and there were some excellent performances including 1st and 2nd in the junior girls hurdles for Charlotte Stanley and Tammie Stratford. Caitlin Green came 1st in the Javelin with a distance that beat many of the boys' throws. Johnnie Adderley won the Discus and Hollie Massey and Harper Whitehead both finished 2nd in the 1500m, running excellent times which would have easily beaten the school sports day records!

In the Inter boys and girls competition, both Matt Gillam and Ella Kehoe were 1st in the high jump. Beth Jones and Lucy Wright took 1st and 2nd place in the 100m sprint with Hazel Lloyd 1st in the 200m. Jake Duckworth finished 2nd in the Inter boys Discus and Jay McAleer 2nd in Long Jump. Alisha Meakin also ran incredibly well in the 800m finishing second in the inter girls group which is actually the age group above for her. Congratulations to all athletes involved.

South Cheshire Rounders winners

We are also congratulating our Year 9 rounders team, who have won both the South Cheshire and the County Rounders Tournaments! The team were undefeated for the whole of the South Cheshire tournament, beating Eaton Bank, Sandbach High School, Sir Thomas Moore and Brine Leas in the group stage. In the final they played Shavington and won 8-1. At County level, the girls put in a great team performance, beating Bridgewater and Lymm in the group stage and playing Whitby High School in the semi-final. In the final they played Letwich in a very close game; with the teams tied at 3



rounders each, both teams were given another innings of 9 balls. CHS came out on top due to excellent fielding and Amy Rogers hit a brilliant backhand to score the winning rounder. Well done girls! The girls are pictured at the County tournament with GB Gymnast Craig Heap.

PE Rewards Trip to Astbury Mere

As a 'Thank You' to students for their effort and commitment to school sport and to celebrate another successful year, the PE department ran a reward trip to Astbury Mere towards the end of term. The trip was open to anyone who had represented the school and taken part in extra curricular clubs this year and involved 80 students, who had a chance to do team building activities, kayaking, paddle boarding, canoeing and raft building. Curriculum Team Leader for PE, Mrs Salt, said *"PE staff worked alongside students at each activity and we all had great fun. There was an excellent atmosphere at the lake and a real excitement about the activities."*



Future Champions

Our Future Champions programme continues to go from strength-to-strength; we have 27 students currently representing at Regional or National standards in a variety of sports. It is no coincidence that our sporting representative teams are doing so well with 12 students being added to the list this year alone, nearly doubling our previous year's number.

Future Champions is a specific group (see below) that aims to support and mentor each performer to excel in their selected sport through use of developed knowledge and understanding in Sport Nutrition, Sports Psychology, Lifestyle choices, and balancing school & homework with their training and performance schedules. We support this structure with use of external speakers, trips and raising the profile of sport within school and the wider community.



Student	Achievement	2013-14	New Future Champions
Finn Jackson	Port Vale FC Academy	Paige Stubbs	Staffordshire Swimming
Matt Gillam	Stoke City Academy	Kyle McLellan	Cheshire Football
Conor Docherty	Port Vale Academy & Cheshire u16	Sophie Dodson	South Cheshire Netball
Hollie Massey	Man Utd Academy & England Rep	Meera Shanati	South Cheshire Netball
Amy Rogers	Everton Academy	Jake Rowley	Port Vale Academy
Brian Barton	Signed Port Vale Scholar	George Johnson	Cheshire Cricket
Rebecca Barlow	Cheshire Netball	Josh Robertson	Cheshire Athletics
Megan Sheard	Staffordshire Swimming: Achieving nat times	George Frost	Boxing—NW England
Logan Clowes	Gymnastics—Team Gym British Championships	Tomasz McNulty	Cheshire Rugby—u13
Oliver Dainty	Gymnastics—Team Gym British Championships	Lewis Halliday	Cheshire Rugby—u13
Johnnie Adderley	Cheshire Athletics	Ben Horgan	Swimming + Cheshire Rugby u16
Beth Jones	Cheshire Athletics	Jake Duckworth	Football Cheshire u16
Sian Wright	Staffordshire Swimming		
Sam Whitehead	Cheshire Cross Country		
Whitney Plant	Cheshire Netball		

Worthy of special mention, Year 9 student **Hollie Massey** represented England in the under-15 girls match against Holland in May Half term. Hollie regularly attends the Elite Performance Camps held at St. Georges Park for England and following a tough selection process and fitness testing she was selected for the squad which travelled to Holland.

Meanwhile, Year 10 students **Connor Docherty** and

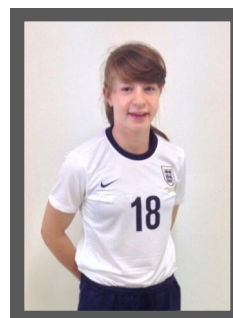
Jake Duckworth have recently been selected to represent Cheshire U16 football next year. Both players have done extremely well in being selected for this exclusive 20-player squad and will no doubt have the chance to play in some high profile games over the coming season. Both boys are following in the footsteps of current u18 Cheshire representative **Kyle McLellan**. Kyle is in Year 12 and was an integral member of this year's 'Northern Trophy' winning squad where he was the highest scoring player. Also in football, **Brian Barton** has signed for Port Vale FC. Unfortunately for Brian, he was injured this season and so will take up his full-time playing schedule in 2015.

2013-14 has also been a fantastic year for Taekwondo star **Jenna Baxter** in Year 11, who won the 'Daniel Sturridge Rising Star' Award at our recent Sports Awards Evening (see back page). Jenna competed in the KWON British Open in May, winning Gold in Kata, Gold in light continuous sparring and Bronze in points fighting. She also competed in the Professional Unification of Martial Arts (PUMA) World Open Championships (where she won Silver and Bronze) and the PUMA British Championships (where she won Gold).

In Boxing, **George Frost** in Year 9 has been selected to box for NW England and was NW Champion this year as well as Reddich Box Cup Winner and a national semi-finalist.

We wish all our young sports stars the very best for this coming season, and hope they stay injury free and have the opportunities to perform to their full potential.

If you know of any student who has done something outstanding in sport or anything else, we would love the opportunity to recognise their efforts or celebrate their achievements in our newsletter. Please-mail details to principal@congletonhigh.com. Thank you.



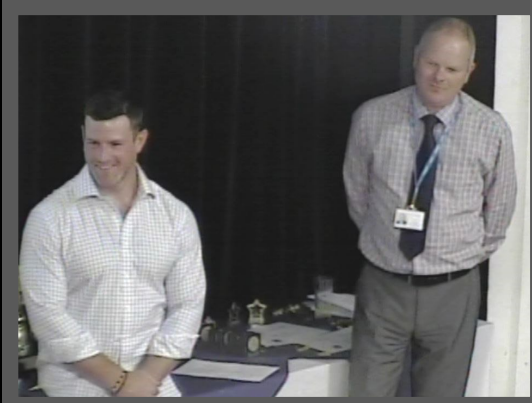
SPORTS AWARDS EVENING

Ex-Professional Rugby player, Andy Titterrell recently gave his support and encouragement to our young sports stars at our annual Sports Awards Evening. This prestigious event is held every year to celebrate the sporting success of our students both inside and outside of school. The evening involves not only the awards themselves, but also a 3-course meal provided our GCSE and BTEC catering students. In honour of the Commonwealth Games being held in Glasgow later this month, guests were treated to a Scottish-themed meal that included Scottish smoked salmon mousse, Highland beef stew and Scottish shortbread stack. The tables were decorated with Scottish flags and thistles.

At this year's ceremony, 120 students received awards in recognition of their outstanding performance or leadership in sport. These awards included Contribution to School Sport, Future Champions, Player of the Year, Athlete of the Year, Team of the Year, Sports Person of the Year, The Daniel Sturridge Rising Star Award and the Lynda Arnold Award for Outstanding Contribution to School Sport.

We were privileged to welcome Andy Titterrell as our special guest for the evening. Andy played premiership rugby for most of his professional career, including at Sale Sharks when they won the Aviva Premiership in 2006. Mr Titterrell took part in a question and answer session and gave students an important piece of advice: *"Don't let anyone tell you who you are or what you should be. You know who you are and what you are good at."*

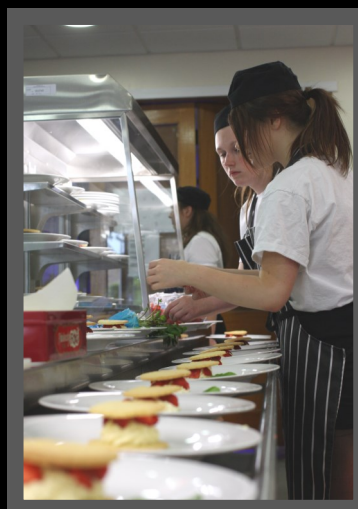
Mrs Salt, Curriculum Team Leader for PE was extremely grateful that the sports star had taken time out to be at this event. *"The opportunity for our students to meet and receive awards from such a high profile sports person is a memory they will treasure and a great way for us as staff to thank our students for the hard work and commitment they have demonstrated to their own sport this year."* She added *"PE and school sport has a very high profile at CHS with over 10% of students receiving awards and many more participating in school sport on a weekly basis. The PE department are extremely committed to providing opportunities for students to participate in competitive sport and has growing support from non-PE staff in school."*



This year CHS entered over 100 different leagues and tournaments in a range of sports including Netball, Hockey, Football, Rugby, Basketball, Badminton, Gymnastics, Rounders, Tennis, Athletics and Indoor Rowing, and more and more students are getting involved. Last year only 10 students regularly turned up for rugby training; this year that number has increased to 60 or 70. Mrs Salt explained how proud they are of the students' commitment: *"We are developing a legacy of sports students who not only enjoy their competitive sport but are also willing to volunteer their time to support the work of the PE department with School Games events for both our own school and the local Primary schools."*

The school would like to thank Tours4Sport who sponsored this year's event and kindly covered the cost of all trophies. The company have worked with us on our very successful sports tour to Malta in October last year and forthcoming trips to France (Rugby tour) and Spain (Watersports trip).

A full list of all the winners can be found in the News section of our website at www.congletonhigh.com



Key Dates for your diary

Friday 18th July 2014— 1:10pm finish	School closes for the summer holidays
Monday 1st & Tuesday 2nd September 2014	INSET Day—school closed to students
Wednesday 3rd September 2014	School re-opens to students
Thursday 25th September 2014— 2:00pm finish	School closes early for Open Evening
Thursday 25th September 2014 6:30pm—8:30pm	Open Evening for Year 5 & 6 students
Friday 24th October 2014	School closes for half term
Monday 3rd November 2014	Teacher INSET Day—school closed to students
Tuesday 4th November 2014	School re-opens to students
Thursday 20th November 2014 6:30pm—8:30pm	Sixth Form Open Evening
Friday 19th December 2014	School closes for Christmas holidays