

# Newsletter



Issue 25: November to December 2020

**Achieving Success Together**

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## Our 2020 Christmas Card Winner



# Welcome

It seems incredible that we are at the end of 2020! We are so proud of how our community, including students, parents, carers, staff and Governors have truly worked together, to ensure we have stayed as safe as possible during these difficult times. Thank you for your continued support, understanding and patience during this term; it is much appreciated.

The end of a term is often the time when we say goodbye to members of staff. At the end of this term, both Mrs Davis (Curriculum Team Leader: Performing Arts) and Mrs Fallon (Curriculum Team Leader: MFL) are retiring from teaching. Between them they have provided almost 40 years of loyal service to Congleton High School and I know that hundreds of students have benefitted and been inspired by their teaching and commitment to our wider school life. Students have valued the trips to Spain organised by Mrs Fallon and many of you will have enjoyed watching the outstanding shows produced by Mrs Davis. We all wish them both well and hope they enjoy their retirement.

I also want to acknowledge the leadership and work of Mr David Hermitt, who is also retiring at Christmas. When he joined the school as Headteacher in 2005, David quickly recognised the need for capital investment in our Post 16 provision and secured funding to build a new Sixth Form Centre. He also led the school through the conversion to academy status and became the CEO of the Congleton Multi Academy Trust. He also changed the school motto, and now 'Achieving Success Together' remains at the heart of how we approach everything at CHS. On behalf of everyone in our school community, I want to thank David for all that he has achieved for our school over the last 15 years and wish him the very best in his retirement from school leadership.

Despite the challenges that Covid-19 has presented to everyone, I have once again been amazed by the positive attitude and commitment that our students have shown to supporting others. Money has been raised for Children in Need and the NSPCC as well as our specially chosen charities this year, which are Brake and the British Heart Foundation. Our Year 7 students have made and delivered Christmas cards to our local care homes and residents, boxes were delivered for Operation Christmas Child and our Sixth Form Leadership Team have coordinated weekly collections for The Storehouse, the local foodbank.

Finally, a few words from Rafiki: "*The past can hurt, but from the way I see it, you can either run from it or learn from it.*" I remain optimistic that we will have much to celebrate together next year. I know that everyone within the school community is looking forward to spending some quality time together with their families over the forthcoming festive period. May I take this opportunity to wish you and your family a very Happy Christmas and a peaceful and healthy New Year.

**Mr J Barlow**  
Headteacher



## Update from our Head Girl and Head Boy

As a Student Leadership Team, we are working hard to maintain the school's tight-knit community and continue to fundraise and raise awareness for causes that are close to all of our hearts.

As you may know, this year we have chosen to support charities in honour of two of our former fellow students: the [Brake](#) road safety charity, in memory of Georgia Ogden, and the [British Heart Foundation](#), in memory of Lucy Minshull. We plan to support these causes with various charity events through the year, like car washes and raffles.

Despite everything being a little bit harder at the moment we have still been able to do an enormous amount. This term alone we have put together multiple teams, all of which will have a specific area within the school to focus on, like the awareness and education around Pride, cultural awareness, education around mental health and, last but not least, the foodbank collection team, where every Friday we collect different items for the Storehouse foodbank.

We will be continuing this hard work over the next two terms and plan to give regular updates on all of the progress we have achieved as team and a school.

*Clara and Tom*





# Recognising Effort and Attainment

There is no doubt that 2020 has been the most difficult year that many of us have had to navigate. So it was a great disappointment that we were unable to hold our annual GCSE and A Level Awards evenings, which are usually a wonderful opportunity for last year's Year 11 and Year 13 students to gather together to celebrate all that they have achieved in their time with CHS. However, we were determined not to let Covid prevent us from rewarding these young peoples' fantastic work, so the following students have secured Outstanding Achievement awards for their courses:

## GCSE/ BTEC

Art	Kelly Bowyer/ Eowyn Ennis
Biology	James Parkin / Madison Rushton
Business	Oliver Jennings / Ellie Tierney
Chemistry	Catherine de Takats/ Joshua Pettengell
Child Play, L & D	Ashleigh Buckley-Hughes/ Laura Pass
Combined Science	Chloe Anderson/ Dylan Pugh
Computer Science	Libby Trueman / Joshua Vaughan
Creative iMedia	Yarhooly Downes/ Kira Mawby/ Shana Mottram
Design & Tech	Hazel Ward/ James West
Drama	Sian Coward/ Daisy Radulovic
Engineering	Ewan Cover/ Sofia Micolis
English Lang	Jack Buxton/ Catherine de Takats/ Finn Stratford/ Logan Wallace / Joshua Williams
English Lit	Reve Clowes-Michael/ Eowyn Ennis/ Eloise Grice/ Grace Moore
French	Sofia Miccolis/ Daisy Ravulovic
Further Maths	James Parkin/ Libby Trueman
Geography	Lucy Brightwell/ Eloise Grice
Health & Social Care	Emelia Noakes/ Alicia Snape
History	Sian Coward/ Sofia Miccolis
Maths	Archie Couchman/ Zara Eardley/ Bartholomew Eckersley/ Thomas Mitchell
Music	Mia Brady/ Stephen Davis
PE	Zara Eardley/ Emelia Noakes
Photography	Hannah Taylor/ Leah Sanderson
Physics	Lewis Charlesworth/ Jacob Tyrrell
RE	Abigail Douce/ Daisy Radulovic
Sociology	Jodi Moore/ Robert Robinson
Spanish	Zara Eardley/ Libby Trueman
Sports Studies	Olivier Rassekh/ Joshua Williams

## A Level/ BTEC

Art	Megan Granville/ Lorien Wheatley
Biology	Louis Andrews/ Meera Shanati
Business	Abigail Maddison/ Elijah Peacey
Chemistry	Seth Randall/ Daisy Tranter
Child Development	Lauren Eaton/ Mia Millward
Drama	Millie Beard/ William Bours
Engineering	Regan Mawby/ Alice Picken
English Language	Elliot Benke/ Elijah Peacey
English Literature	Gabrielle Pickin/ Amy Rafferty
Food Science	Racheal Bailey/ Eleanor Hesse
Further Maths	Alexander Lehm/ Daisy Tranter
Geography	Lara Nuttall/ Max Wrench
Health & Social Care	Mia Millward/ Chloe Williams
History	Elliot Benke/ Gabrielle Pickin
IT	Jake Booth/ Alexander Lehm
Law	Max Hughes/ Amy Rafferty
Maths	Eleanor Graham/ Seth Randall
Music	William Bours/ Rebecca Brady
PE Foundation Dip	Olivia Hilton/ Ellie Shaw
PE National Dip	Elayna Proudmore-Calleary/ Meera Shanati
Photography	Ebony Brown
Physics	Alexander Lehm/ Alice Picken
Politics	Adam Harding/ Evan Stanway
Product Design	Eleanor Hesse/ Elijah Peacey
Psychology	Maisie Beauchamp/ Lara Nuttall/Kodi Stahl
Public Services	Dylan Massey/ Jessica Radford
Sociology	Maisie Beauchamp/ Holly Whiteside

In addition to the Curriculum Awards, the following six 'Special Awards' were achieved by these students:

- The Stacey Marsh Inspiration Award
- Award for Outstanding Contribution to School Life (GCSE/ BTEC)
- Award for Outstanding Contribution to School Life (A Level/ BTEC)
- Award for Personal Academic Achievement
- Governors' Award
- The Martin Strawson Award for Outstanding Achievement

Samuel Hardy and Kai Smith  
Zara Eardley and Deema Shanati  
Lara Nuttall  
Daisy Tranter  
Kodi Stahl  
Alexander Lehm



Congratulations to these award winners, and we wish **all** of our former Year 11 and Sixth Form leavers a happy, fulfilling and successful future.

More details from the Awards can be found in the [News](#) Section of our website [CongletonHigh.com](http://CongletonHigh.com)

# Covid 19 Procedure



If you or your child show any symptoms of Covid-19, even if they are only mild, it is essential they are **not** sent into school. If you or any immediate family members test positive, your child **must** be kept at home and in isolation for a period of fourteen days, and you **must** inform the school immediately please. If outside school hours or at weekend, please email Mr Barlow directly on [jbarlow@congletonhigh.com](mailto:jbarlow@congletonhigh.com)

Any student isolating will be able to find all the relevant school work for their year group/courses on [satchel:one](https://satchel.one)

## Bookbuzz

We've signed up to BookTrust Bookbuzz, which enabled every Year 8 student to choose a free book from a list of seventeen titles in December.



The students were given time to choose their book from a range of fiction and non-fiction options during form time, getting to learn more about each of the titles and their authors to find the book that was right for them.

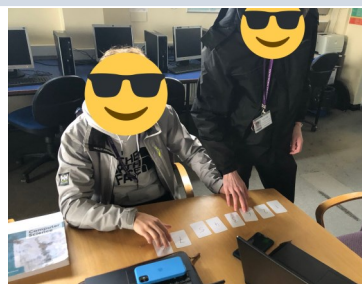
Bookbuzz is a reading programme that aims to inspire a love of reading in 11-13 year olds and supports our own ongoing Key Stage 3 Reading Strategies.



## Algorithm Allsorts

In November, **Year 12**

Computer Science students began working on a section of work looking at different standard algorithms. During the



lesson, the class used cards to show the movement of data in an array when being sorted using Bubble

Sort, Merge Sort and Insertion Sort algorithms.

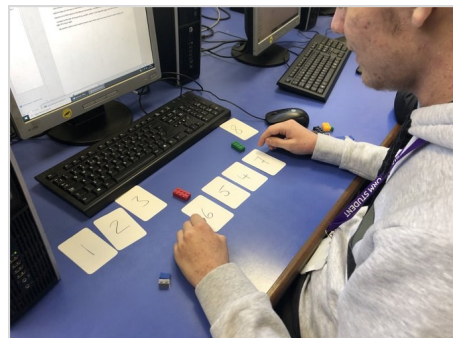


The group moved on to look at how to implement these into code, along

with investigating a range of different algorithms.

In **Year 13**, the

students have also been learning how to implement a range of algorithms. Having spent



time looking at

searching algorithms to find specific data from a data set, they moved on to learn how to implement sorting algorithms. This builds on the students' understanding from GCSE.

Following on from this, the group was introduced to a new algorithm - the Quick Sort. Using cards and Lego bricks provides a visual way for the students to see the stages of the algorithm in action and helps to build understanding and recall of the theory.

This topic area links well with A Level Maths, with one of our Computer Scientists (who is also a Mathematician) being able to explain the concept to other students before everyone looked at how to implement the algorithm from a computational perspective.

## Your Help with Road Safety

We have a serious issue with road safety around the school site. There are a number of cars parked on Box Lane at the end of the school day, blocking both the pavement and the road, causing a dangerous obstruction for pedestrians and other cars. It also results in traffic chaos as the road becomes blocked with single lane traffic unable to move in either direction due to the parked cars.

Please work with us in the following ways to prevent an accident and help the traffic to flow:

**A) Do not park on Box Lane - there are plenty of safe parking areas, away from the school and only minutes' walk that also do not inconvenience our very patient neighbours. (Please also park considerably and not across driveways/junctions, in turning circles etc.)**

**B) Remind your child of their own road safety responsibilities including staying alert when next to roads and also waiting for crossing lights to turn green before stepping into the road.**

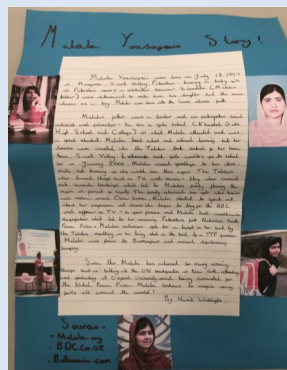
**C) Please also turn off your engine while waiting**

Thank you for your support.



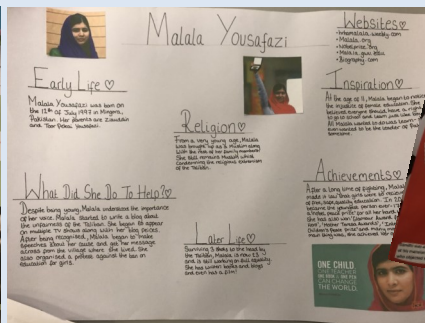
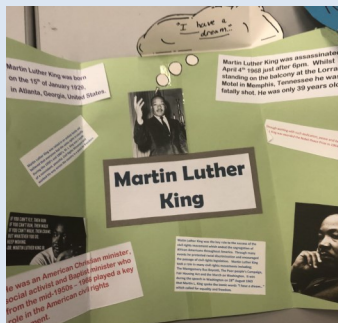
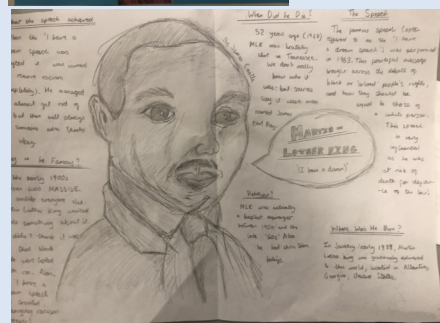


# Challenging Prejudice



In their RE lessons, Year 8 took part in a Prejudice and Discrimination research project. Students were challenged to research one person who they believe has challenged prejudice and discrimination and produce a piece of work to highlight that individual's actions and achievements.

This gave students the chance to explore how these people have impacted society in the past and the present, challenged and changed laws and improved human rights.



## A Town Working Together

We were proud to once again be able to work with The Storehouse foodbank at The New Life Church in Congleton to help to support families and individuals across the town.

Through no fault of their own, people can find themselves facing hardship at any time. This year, with Coronavirus resulting in lost jobs or reduced working hours for many, finances are really being stretched and foodbanks such as The Storehouse are becoming a necessity like never before.

Like last year, we invited people to take part and, if they were able, to help us collect a certain food product each week. For example, on December 11<sup>th</sup> we suggested Christmas Treats. Of course, if people wanted to give something else or had additional items, then we gladly accepted those too.

As the DfE had advised schools to close on Thursday 17<sup>th</sup> December, our final Foodbank Friday became a Foodbank Thursday!

Once again we were astounded by people's generosity and would like to thank all the students, families and staff who took part and helped out.



## A Book at Bedtime Anytime!

Following all the uncertainty surrounding Covid-19, we were delighted to be able to restart some of our extracurricular clubs in December and this included our brand new Year 7 Reading Club with Miss Harrison.

Each week, she will read a short story for Year 7 students to encourage them to continue reading for pleasure, as well as developing their own personal responses to texts. The link is available on satchel:one and students can choose whether to join the discussion on YouTube or comment via satchel:one with their response. Miss Harrison hopes to continue uploading these with discussions occurring face-to-face once Covid restrictions are lifted.

Year 7 students are able to watch these videos in their own time, with no deadline and no obligation.





# Necessity is the Mother of Invention

Covid-19 has turned life upside down for all of us and, as a school, we have had to find new ways of doing even the most basic things like moving around from class to class. With so many of the Department's resources limited, our Design and Technology Team were presented with an additional challenge, and had to find a solution for undertaking practical work without sharing tools.

Their answer for Year 8 was an Action Figure project, where students designed and made their own characters from card and then created packaging for them. As usual, our creative students rose to the challenge and produced some fabulous results.



## Shoebox Success

In RE and across the school we have taken part in the annual Operation Christmas Child Christmas Shoe box appeal.

Ninety students brought their shoe box donation in to school and many others welcomed the opportunity to be able to go online to donate their virtual Christmas gift.



These donations will benefit and bring joy to many children around the world.

## Christmas Cheer

Mr Franklin was able to deliver twenty boxes of 'Christmas cheer' in December to local people living in shelter.



The boxes included Christmas decorations to brighten up homes, sweet treats and some very useful essentials including toiletries and socks.

Thank you to everyone who donated and to our Sixth Form students who helped with collections.

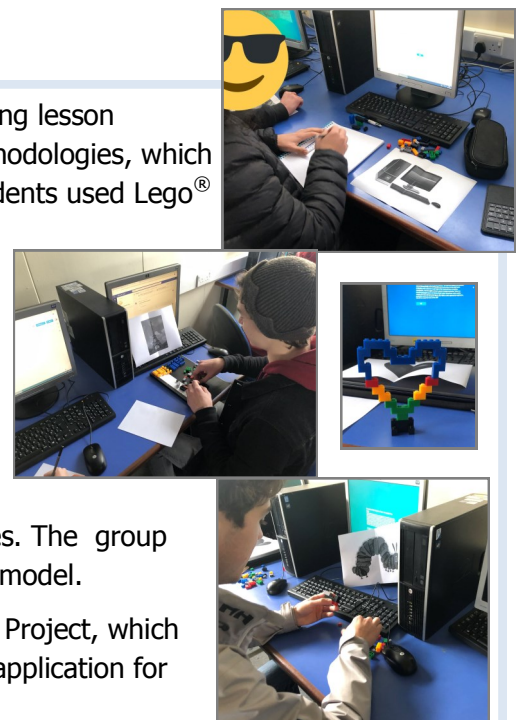
## Learning with LEGO

Our Year 12 Computer Science students took part in an 'unplugged' computing lesson recently. They learned about a range of different software development methodologies, which was nothing out of the ordinary, BUT, in a departure from the norm, the students used Lego® bricks to help to improve their understanding!

They constructed a range of models, which they drew at random, with specific instructions of how they needed to develop these models. This introduced the students to the five different methodologies we study at A Level, but they weren't aware of exactly which development methodology they were using whilst building the models.

Afterwards, the students discussed the benefits and drawbacks of the approaches they had taken before we looked at the theoretical methodologies. The group was then able to easily see which methodology had been used to build each model.

Students will make use of these methodologies as part of their Programming Project, which comprises 20% of their A Level grade. This theory lesson will have practical application for the students as part of their project. Learning through experience!





# Celebrating Rewards Success



Our students have continued the great start we saw last half-term, again demonstrating some excellent examples of behaviour and school work. 9,063 R3 rewards have been awarded this half-term, taking the total for the whole term to over 20,000! A further 84 R4s (and congratulatory texts sent to home) have been achieved through exemplary performance or 'extra mile' school work. Well done to **Year 9**, who top the R4 table with a fabulous total of **24**!

We have been delighted with the amount of certificates for multiple R3s that we have been able to issue this half-term. 338 Bronze Certificates have been awarded to the students who have achieved 20 R3s (almost three times as many as last half-term), 87 Silver Certificates (84 more than previously) for those achieving 40 R3s and 9 Gold Certificates (up by 9) for those students achieving 60 R3s!

These year groups, forms and students have secured the most R3 awards this half-term:



	<u>Year Group</u>		<u>Form Group</u>		<u>Students</u>	
1st	<b>Year 8</b>	2748	<b>7MPE</b>	522	Y7 <b>Alfie B</b>	7AWT 30
2nd	<b>Year 7</b>	2548	<b>8AHA</b>	535	Y8 <b>Harrison W</b>	8RTU 45
3rd	<b>Year 9</b>	1505	<b>9KJM</b>	267	Y9 <b>Cente M</b>	9KJM 24
4th	<b>Year 10</b>	1447	<b>10MWA</b>	235	Y10 <b>Hollie D</b>	10MWA 27
5th	<b>Year 11</b>	815	<b>11TP</b>	163	Y11 <b>Luke D</b>	11TP 40

Equally as important and deserving of congratulations as those achieving R3s and R4s are the 869 students who have gone throughout the entire half term without incurring a single consequence! Well done, CHS!

## Festive Fundraiser

As part of our Christmas celebrations, students were invited to add a Christmas item to their CHS uniform on Friday 11<sup>th</sup> December in return for a donation for NSPCC, Brake and the British Heart Foundation. The current total stands at over £100! Once again, thank you to everyone for your generosity.



## Winner Winner!



In the last newsletter, we launched our Science Team's Biomimicry Competition, challenging students to work with a family member to research the way designers and engineers mimic nature in their work. The final part of the challenge was to produce a poster to display their learning.

Congratulations to our winner, Year 7 Izzy T. Izzy chose Cochlear Implants as the subject for her fabulous poster, which she worked on with her mum, Marie Clare.

Izzy was awarded the first prize of a £20 Amazon Voucher by Mr Holmes and her poster will be displayed in the Science Department. Well done, Izzy and thank you to everyone who entered the competition. There will be another one soon from the Science Team.





# Breakdown Recovery



Year 10 Computer Science students celebrated the completion of their first topic area in November by dissecting PCs. The students had spent time looking at the components inside, how all the different components work together and their role in the *fetch-decode-execute* cycle, which runs constantly in every PC.



Working in small teams, each group was given a PC and the brief to strip it down. They photographed each component as they removed it and used these images to create a revision presentation to explain the role of each of the components.

Once the easy bit was done, the students had the task of rebuilding the PCs. Fortunately, despite some resistance and 'spare' parts, the PCs eventually all went back together. *They are supposed to rattle aren't they.....?*



## Christmas Greetings

Congratulations to Year 7 Lucy W, who was the winner of our Christmas Card competition this year with her snowy hedgehog scene.



Lucy's card will be sent out to other local schools, along with all our neighbours and community partners.

Well done to everyone who took part.

## Student Success



Following her ongoing shooting success, Year 9 Isabel C was approached by the Cheshire Shooting Team and invited to join them.

She shot her first cap for Cheshire in October when she took part in the National Inter-Counties Skeet Championship in

Northampton.

Isabel took first place in the Colts Class Ladies category and second place in the Junior Team event.

A tie in her final category, with a score of 97/100, meant a shoot off for Isabel - her first ever. The final result of a 24/25 score, versus her opponent's 22/25, gave her a fantastic first place in the Ladies High Gun.



Year 13 student, Jess F, recently completed a charity half marathon in a fantastic 1 hour 50. As the original Tatton Park event had been cancelled due to Coronavirus, Jess ran the entire distance around Congleton, raising £850 for [TASC The Ambulance Staff Charity](https://bit.ly/35DGhzi) in memory of her Dad, who was a



Paramedic for over forty years. If you would like to donate, you can still do so at: <https://bit.ly/35DGhzi>



English  
Schools'  
Athletic  
Association

ESAA

More fantastic student sporting success! Year10 Jack Riley took first place for Under 15

800 metres in the English Schools Athletics virtual National Championships in the summer with his time of 2 minutes and 5 seconds. Great news, Jack, well done!

Two of our Year 10 students, Ellie G and Maddie H, have both been awarded places on the Under 15

Loughborough Lightning Netball Team. We're looking forward to hearing great news in the future about their success on court.





# Covid Didn't Stop Summer Market Success



Our Summer Market is an annual event run by Year 10 students at the end of the summer term to raise money for the year group's chosen charity. Unfortunately, as with so many things in 2020, the COVID-19 pandemic meant last year's Year 10 were not able to run their Market. Setting aside the disappointment of this, we did not want to leave chosen charity, [Cancer Research UK](#), without the donation we are always so proud to be able to present to a charity each year. A 'Just Giving' page was set up in place of the Market and shared with students, staff, parents, carers, friends and family. As a result of some very kind donations, we were delighted to be able to send a cheque for a fabulous £320 to Cancer Research UK this term.



Amelia M and Ryan C

Our Year 11 Guidance Team Leader, Mr Davis, commented on the achievement:

*"The Summer Market is one of our best-loved traditions for Year 10 students and it helps to develop a wide range of enterprise and social skills. Despite their disappointment at not being able to run the market, the year group was delighted to still be able to send a donation to Cancer Research UK."*

*"On behalf of all of the Year 11 students, I would like to offer our thanks for the generosity of our wonderful school community in supporting our fundraising efforts"*

## Displacement Discoveries

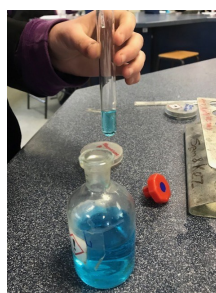
Last month, Mrs Figiel's Year 9 Science group learned about 'Displacement Reaction' - which metals are reactive enough to displace another metal from its compound. A more reactive metal will displace a less reactive metal.

This was part of the year group's 'Metals' topic and covered the properties of metals and how reactive or non-reactive they can be. Gold and silver, for example are very unreactive in air and water, which is why they are good for jewellery. In contrast, potassium, a soft metal, is highly reactive in water, producing a purple flame and hydrogen gas.

They considered why copper is good for pipes, (it is unreactive with water) and aluminium for building aircraft (because it is very light).

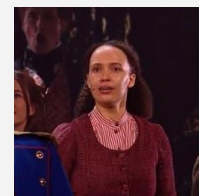
Following this, the group learned about alloys and why they can be more useful than one individual metal. Steel is an alloy, consisting of iron and carbon, making it extremely strong and resistant to rusting, so is a very effective material for building bridges and other construction work.

The class were also able to identify where metals are found in the Periodic Table, which then led on to compound and displacement.



## CHS Has Got Talent!

We were all delighted to spot our former student, Jess Smith, performing on the Britain's Got Talent final back in October.



As part of the Les Misérables company, Jess joined the casts of Phantom of the Opera and Mary Poppins in a fantastic 'musical theatre extravaganza.' See the full performance at: <https://bit.ly/3kxwH4Z>

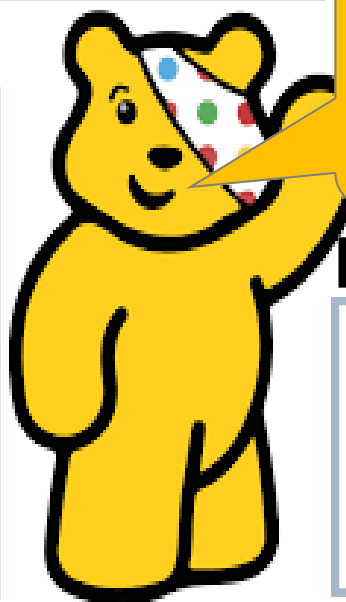


## Buy, Sell, Swap, Donate

If you haven't already joined our Facebook group, **CHS Buy, Sell, Swap and Donate**, please feel free to sign up and list all your school related items - uniform, PE kit, required reading texts, textbooks etc.



We also welcome any donations of text books, revision guides or items of uniform you no longer need, please drop them in to Main or Student Reception, where they will be gratefully received and passed on.



**Thank you** to everyone who donated to our **BBC Children in Need** fund raising. We were so disappointed not to be able to hold any of our usual events this year but delighted that our students, parents, carers and staff raised a fantastic **£233.98!**

## Free Office Software



All CHS students have a **free** Office 365 account. Speak with Mr Davis or Mr Curry in our ICT Team for further details.

**Dr. Lynne Green, Chief Clinical Officer at Kooth, has shared with us some great advice for anyone currently finding things difficult or struggling to cope with the pandemic.**

### **It's good to talk!**

The pandemic has affected us all in different ways and it's important to remember that if you're feeling anxious or worried, opening up about how you're feeling and what you've experienced (good or bad!) can be a really helpful step in acknowledging that things are different and also finding new ways of managing.

***"Whether it's with friends, family or trusted teachers, allowing yourself to share your thoughts with others rather than bottling things up will help you to make sense of things."***

### **Treat yourself like you would a friend**

If a friend was going through a difficult time and needed support, think how you would treat them and then extend the same courtesy to yourself.

**"Sometimes it's much easier to cut other people slack than ourselves. Remember, it is ok to not feel ok; you are human and you deserve some TLC."**

### **One size does not fit all!**

It's important to remember that there's no right or wrong way of doing things. What is helpful for your peer groups will not necessarily work for you so take some time to consider your own situation and coping style.

**"Try not to put pressure on yourself to conform to something that doesn't make any sense for you. Also have patience for others who may want to approach things differently - you are all unique."**

### **Self-control can be overrated!**

With so many things out of our control right now, it's important to feel that we do have some degree of control over our lives. However, sometimes, your sense of control can actually be worse if you tighten the reins too much.

**"Control what you can and let go of what you can't; we are all learning to adjust to a new 'normal' and accepting some level of uncertainty can be liberating."**

### **A positive mindset can move mountains!**

Keeping a positive mindset in the midst of a pandemic is easier said than done, but thinking positively can help us be better equipped to handle difficult problems.

**"Holding on to the belief that you can cope and things will be ok will not only help you to feel better, it will also encourage more positive behaviours. This will increase your confidence and self-esteem and ultimately result in improved mental health and sense of wellbeing."**

### **Negatives can become positives!**

It would be an understatement to say that 2020 has been incredibly challenging. But even when things are feeling hopeless, we can often find strength and new directions if we think creatively. Perhaps you've spent more time with your family, reconnected with a friend or baked the best banana bread in the Western hemisphere.

**"Many young people will have found new career options, new friendships and new hobbies as a result of COVID-19 - if you look for positives, you will find them".**

### **Perspective is key**

During these uncertain times, maintaining a sense of perspective can be invaluable.

**"The more we are surrounded by chaos and fear, the easier it is to lose perspective and see everything through a negative lens. Focusing on the things that are going well and the things that you can control will help you maintain that all important perspective that will promote a sense of balance in terms of your wellbeing."**

### **Hold on to your healthy habits**

Covid-19 has likely challenged and changed ways in which you eat, exercise and socialise - restaurants closed, clubs, gyms and sporting activities were paused and social gatherings severely limited. Now is the time to start picking these back up as appropriate in line with new guidance.

**"Whether it's going for walks with friends or re-joining sports clubs, these sorts of activities help us to maintain a good work/life balance which will in turn enhance your mental wellbeing."**

[Kooth](#) is an online mental wellbeing community, where anyone who needs it can access free, safe and anonymous support. You can find information and contact details for Kooth and many other sources of information and advice on our [Student Welfare](#) page in the Parent/Carer area of [CongletonHigh.com](#)





**we are  
withyou**

Charity, **We Are With You**, has put together a '**Missing from Home**' prevention pack for parents and carers, containing lots of useful ways that you can support your child, particularly during any further lockdowns.

It has examples of questions to ask and behaviours to look out for, as well as conversation starters to find out what's really going on in your child's life.

You can download this from the Student Welfare page in the Parent/Carer area of our website, [Congletonhigh.com](http://Congletonhigh.com).

## A Caring Community

Fourteen of our Sixth Form students have volunteered to participate in Peer Mentoring and undertook their first training session in November with emotional health charity, [Visyon](http://Visyon.org.uk).

They will be able to help fellow students in areas including friendships, homework, wellbeing, coping strategies etc, and the training will equip them with knowledge to support, signpost and refer to staff any concerns that a younger student may present.



## Wellbeing Support

As part of our ongoing wellbeing support for students, our Guidance Team has put together the first of what will be a regular [Pastoral newsletter](#).

It contains a variety of information that we hope will help parents and carers support their child. A link has been emailed out to all parents/carers, but if this has not reached you, it can be viewed and downloaded on the [Student Welfare](#) page in the Parent/Carer area of [CongletonHigh.com](http://CongletonHigh.com)



If you have any feedback or ideas for items to include in subsequent issues, please contact Mrs Darling or any of the Guidance team.

# FILM CLUB

## OUR BRAND NEW FILM CLUB!

Meet others who love the big screen and share views and discussions around a different film each week!

Tuesdays from 4:45 to 5:45pm. Ages 15+

Get in touch by calling us or emailing us on:

**01260 290000**

**ADMINISTRATION@VISION.ORG.UK**

**WE CAN'T WAIT TO SEE YOU!**

[www.visyon.org.uk](http://www.visyon.org.uk)  
01260 290000

charity number: 1107951  
company number: 5250758



## In Memory

The family of our former student, Georgia Ogden, who died in a tragic car accident in the summer, are setting up a foundation in her name. The charity aims to raise funds and awareness of important issues and help people in Cheshire and Staffordshire.

They've come up with a great way for people to donate over the Christmas period, creating a fun daily checklist with a 'cost' for each item.

You can donate to the Foundation at <https://bit.ly/3qcV38q>.

Instead of buying greeting cards that we all send & receive every year, let's save them pennies and pounds and donate to this very special Foundation for our 1<sup>st</sup> official fund-raising event.

- 1<sup>st</sup> 50p for every advent calendar in your home
- 2<sup>nd</sup> 40p if you put your Christmas tree and/or lights up before 1<sup>st</sup> December
- 3<sup>rd</sup> 30p if you have ever been to a musical show at a theatre
- 4<sup>th</sup> 50p if you have not started your Christmas shopping yet
- 5<sup>th</sup> 30p for every Christmas jumper you own
- 6<sup>th</sup> 30p for every pair of Christmas PJ's you own
- 7<sup>th</sup> 20p for each Christmas card you have already received
- 8<sup>th</sup> 20p for each stocking hung in your house
- 9<sup>th</sup> 20p for every person NOT working on Christmas day in your house
- 10<sup>th</sup> 50p if you have any Christmas lights outside your house
- 11<sup>th</sup> 5p for each present you have wrapped already
- 12<sup>th</sup> 10p for each candle you have lit in your house
- 13<sup>th</sup> 5p for every Christmas song you have listened to today
- 14<sup>th</sup> 20p for each Christmas film you have watched up to now this December
- 15<sup>th</sup> 10p for each Christmas chocolate you have eaten today
- 16<sup>th</sup> 50p for each car that is registered to your address
- 17<sup>th</sup> 30p if you have a wreath on your door, 50p if you don't
- 18<sup>th</sup> The date you put your Christmas tree up X 5p (15<sup>th</sup> x 5p = 75p)
- 19<sup>th</sup> 5p for every bottle/can of alcohol in your house
- 20<sup>th</sup> 10p for every Christmas card you have sent through the post with a postage stamp
- 21<sup>st</sup> 20p for each present under your Christmas tree
- 22<sup>nd</sup> 2p for every bauble hung on your Christmas tree

**Homeless? Rent arrears?**

**Mortgage arrears? Notice from landlord?**

**Relationship breakdown?**

**Worried about where your next rent/ mortgage payment will come from?**

Contact Cheshire East Council's Homechoice and Prevention Team for a referral into appropriate advice and support

**Phone: 0300 123 5017**

**Email: [cheshirehomechoice@cheshireeast.gov.uk](mailto:cheshirehomechoice@cheshireeast.gov.uk)**

# Congleton Community Sports

In the summer of 2020, three local football clubs, Congleton Town, Congleton Rovers and Congleton Vale Rovers, took the decision to merge. The newly created single club, Congleton Town FC, now operates twenty-six teams from the Under Sevens to the Under Eighteens Boys and Girls Junior section, through to the Open Age Academy, Reserves, Veterans and First Team. It also operates Minis sessions for four and five year olds on Saturday and Sunday Mornings, currently with an attendance of over forty boys and girls.



We are delighted to be able to be part of this new era of Congleton football with the Congleton Town Football club and our multi-academy trust, The Learning Alliance, signing an eight-year extension on the existing hire contract for the use of our 3G. This will secure the facilities for the benefit of all the Club's teams for the next ten years and allow the Junior section, Academy and Veterans to play all of their home matches on our state-of-the-art pitches. The First Team and Reserves will continue to play home games at the Silk 106.9 Stadium.

The cost of this new contract represents a huge commitment for Congleton Town FC, and it will be funded predominantly by the Junior Section through subscriptions, registration fees and a number of loyal sponsors, as is the case currently.

Mr John Greening, Director and Secretary of the Congleton Town FC Junior Section, stated that the contract evolved over a fifteen-year period and epitomises the strong working relationship between the Club and Congleton High School as they work closely together to improve the facility, which is here for the whole community of Congleton.

He went on to say that the contract has enabled the Junior section to enhance their existing training, with highly qualified professional training for all teams, working together with the Club's partners, "Goal Coaching," and the existing First Team and Reserves senior coaches.

In the future, the Club hopes to see a progression of young local players breaking through to the First Team along with the formation of the Club's first Ladies Team.

## Keeping in Touch



Our main switchboard **telephone** number is **01260 730123** and will show as this on caller ID



We use **e-mail** as our main method of communicating with parents as it's quick, efficient and cost effective. Please make sure we have your current e-mail address so you don't miss important communications.

We also distribute up-to-the-minute information via **Twitter**, **Facebook** and **Instagram**

**@CongletonHS** - for general school news and announcements **@newstla1** - for news from the MAT



We also have departmental Twitter accounts for area-specific information including sports team fixtures: **@chsartists**, **@CHSBus**, **@CateringCHS**, **@CHSEnglishDep**, **@CHShumanities**, **@honoursprog**, **@CHSICT**, **@CHSLanguages**, **@LawCHS1**, **@chsmathsdept**, **@chsmediadept**, **@CHSPerformers**, **@PhysEdCHS**, **@CHSSciences**, **@CHS\_Sixth\_Form**, **@CHSSocSci** and **@chstechdept**



**[www.facebook.com/pages/Congleton-High-School/526370394106880](https://www.facebook.com/pages/Congleton-High-School/526370394106880)**



**congletonhs**      **physedchs**      **chsp performers**



Parents and carers can access a wide range of information regarding their child's school day, attendance and performance via Cloud School (formerly Progresso) and will receive log in details when their child starts in Year 7. Any queries or problems should be referred to Mrs Isherwood, via email: [kisherwood@congletonhigh.com](mailto:kisherwood@congletonhigh.com) or telephone: 01260 730123.