



Study Skills Assembly

The things I can do to improve my learning.



Mr Tyrrell's top tips

1. If you don't understand something in a lesson ask lots of **questions** go away and find the answers.
2. At the end of the day **tell** your parents or another family member about what you did at school today.
3. Try the memorising activities **throughout** the year not just for tests.



Serious about Success exams

When you have any assessment success comes down to being prepared and having a plan.

Stress is a good thing it helps us realise the importance of something.

To much stress stops us from retrieving information and we don't achieve.

I will go through 4 activities to help you to prepare.

Year 7 to 9 SAS exams begin: Monday 7th June for 2 weeks

Year 10 and 12 SAS exams begin: Monday 14th June for 2 weeks



Study skills: Prepare for success



Planning for revision

2021

When should I start revising?

As soon as possible.

How should I plan my time?

Instructions

- Mark on a X for today's date and Y on the date of your first exam.
- Decide how many sessions you will do each day

January	February	March	April
S M T W T F S 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
May	June	July	August
S M T W T F S 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	S M T W T F S 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
September	October	November	December
S M T W T F S 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	S M T W T F S 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	S M T W T F S 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

Calendar Templates by Vertex42.com

<https://www.vertex42.com/calendars/2021.html>

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- Add up the sessions and divide by the number of subjects.
- Start with the most difficult topics.



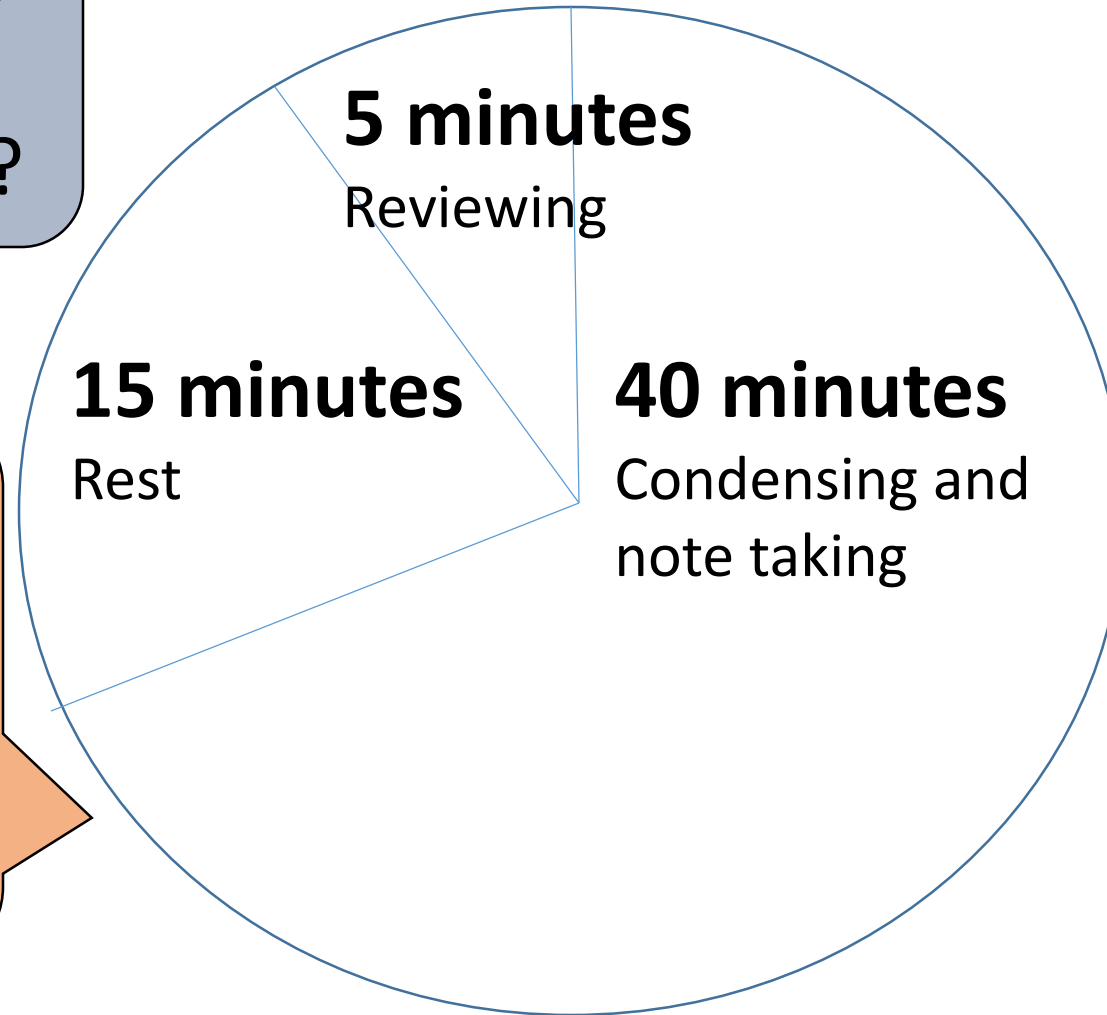
Study skills: Prepare for success



How long should I revise for?

Use the revision clock to split up your time

Revision clock



Study skills: Prepare for success



How should I condense my notes?

Split up a page and choose a topic.

Cornell note taking

Date	Title
Questions	Notes <ul style="list-style-type: none">• Concise sentences• Abbreviations• Symbols• Pictures
Summary <ul style="list-style-type: none">• Summarise what you have written in the notes section.	



Study skills: Prepare for success

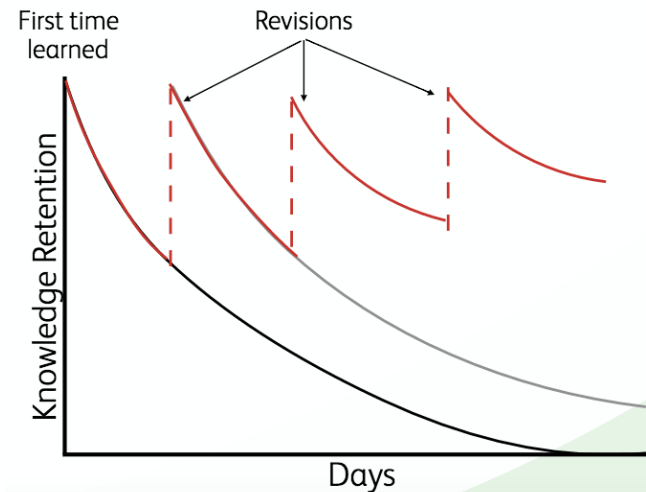


How will I remember all the information?

Use Ebbinghaus forgetting curve

 socialtalent

Ebbinghaus Forgetting Curve



The first time we learn something, we forget it rapidly

When we revise the information, our level of knowledge peaks again

But more importantly - the rate at which we forget the information slows down

- 1st repetition: Return back to the information the same day.
- 2nd repetition: 2/3 days later
- 3rd repetition: 7 days later
- 4th repetition: 4 weeks
- 5th repetition: 12 weeks

