

Conway Chronicle

Issue 15

9th January 2026



Leadership Message

Welcome Back to Spring Term!

A very warm welcome back and Happy New Year! We hope you all had a restful and enjoyable break. We're excited to start the Spring Term with fresh energy and lots of engaging learning opportunities for our children. We're looking forward to another successful term filled with fun, learning, and achievement for everyone.

Introducing Our New Safeguarding Manager

We are delighted to introduce our new Safeguarding Manager, Mr I. Rose, to our Conway family. Mr Rose will be dedicated to ensuring the safety and well-being of all our children. His role involves working closely with staff, pupils, and families to create a secure and supportive environment. He's also here to support families, so please don't hesitate to reach out.

Curriculum Meetings and New Homework Scheme

Next week, we'll be holding curriculum meetings to provide you with an overview of what your child will be learning this term. These meetings are a great opportunity to understand our curriculum goals and how you can support your child's learning at home. Year 6 will be holding their meeting next half term so please look out for a date for this. Also, keep an eye out for details about our new homework scheme, which we'll be introducing over the next few weeks. We're excited about this new approach and the benefits it will bring!



Mr I. Rose

Dates for your Diary

School Open

12th January

YR Parents' Curriculum Meeting
2:45pm

13th January

Y3 Parents' Curriculum Meeting
9:00am

Y4 Parents' Curriculum Meeting
2:45pm

14th January

Y5 Parents' Curriculum Meeting
9:00am

Y1 Parents' Curriculum Meeting
2:45pm

15th January

Y2 Parents' Curriculum Meeting
9:00am



Safeguarding— Safer Sleep for Babies

Co-Sleeping and Safer Sleep for Babies

Background
Each year around 200 babies will die unexpectedly before their first birthday. Many of these deaths are classified as Sudden Infant Death Syndrome (SIDS) or cot death, which usually happens when babies are sleeping.

The work to promote safer sleep for babies arose after studies found that an increased awareness that deaths might have been prevented if parents had known about safer sleeping.

NHS
Birmingham and Solihull

Where can I find more information?

For more information and resources to support professionals promote Safer Sleep messages, visit the Safer Sleep page on The Lullaby Trust website:
[Safer sleep information | The Lullaby Trust](#)

What can I do?

Any professional coming into contact with families with young babies can make a difference by having conversations about safer sleep. Health professionals are key, but others including housing, social care and emergency services can make a difference by helping to identify the risks and promote adopting safer sleep methods to parents and carers.

What can be done to reduce the risks?

The safest place for a baby to sleep for the first 6 months is in a cot, in the same room as the parent or carer following Safer Sleep guidelines. However, it is recognised that some parents choose to co-sleep with their baby. It is important that professionals do not judge parents for co-sleeping in order to maintain the lines of good communication to highlight the risks and help parents make informed choices on where and how their baby sleeps.

Minute briefing

Why it matters?

Although rates have declined since the 1990's, SIDS rates are higher than they need to be. Child Death Overview Panels continue to report that the majority of sudden infant deaths occur with known risk factors. Many unexpected baby deaths have modifiable factors and could be avoided.

What are the risks of co-sleeping?

It is known that there's an association between co sleeping when risk factors are present, sleeping with a baby on a chair or sofa and SIDS. The risks of SIDS when co-sleeping increase when a baby is premature (born before 37 weeks), 2.5kg or 5.5lb). The risk also increases where parents or carers co-sleeping with a baby are smokers, drink or have drunk alcohol or have taken drugs or medication that causes deeper sleep.

What causes Sudden Infant Death Syndrome?

The exact cause of SIDS is unknown, but it's thought to be down to a combination of factors. Babies who die of SIDS are thought to have problems in the way they respond to certain stresses and how they regulate their heart rate, breathing and temperature.

Star Pupils of the Week

EYFS

Ubaidullah, Yusuf

Year 1

Amara, Safa

Year 2

Habib, Ayesha

Year 3

Wajid, Aicha

Year 4

Mohammed, Ayman

Year 5

Lolan, Hafsa

Year 6

Sahiba, Mahfuz, Haroon



Marvellous Mathematicians

Year 1

Aiza, Deen

Year 2

Ayaan, Sambou

Year 3

Elay, Aila

Year 4

Abdullahi, Aisha

Year 5

Hanna, Lily

Year 6

Areeza, Ali

Congratulations to these children with whom we celebrate recently improved attendance.

Keep it up!



Areeza



Hussam

Anjum

Jaffar

Aiza

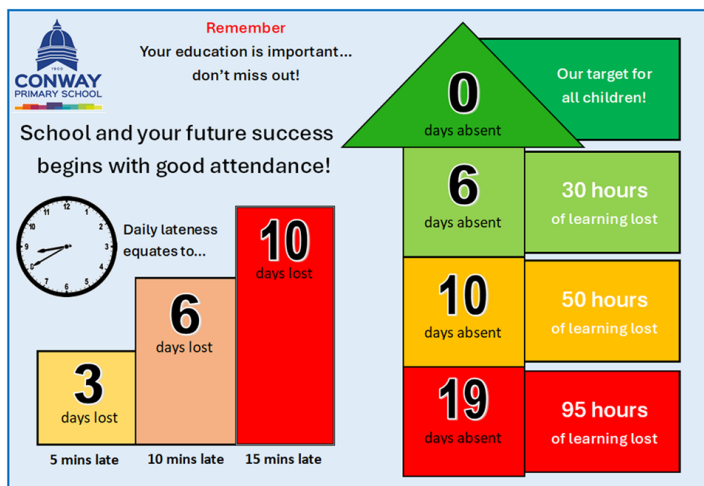
Shafe

Musa

School Attendance
this week:

5

days lost per class



Next Week's Celebration Assembly: **Friday, 8:50-9:20am**

Invited parents/carers will be notified before the assembly.

Help keep your baby's **AIRWAY CLEAR**

Your baby's airway (breathing tube) is very delicate and in some situations it can block, narrow or fold which can make it difficult for them to breathe. It's important to:

- Keep your **baby's face clear**. Loose bedding, or soft-sided pods and pillows can block your baby's airway.
- Place your baby **on their back** in their own cot or Moses basket. Sleeping on their tummy, or becoming wedged against an adult, can block or narrow your baby's airway.
- Always place your baby to **sleep on a firm, flat surface**. Your baby's airway can fold if their chin touches their chest when sleeping in a sitting position.

Things you can do:



Keep your baby's nose and mouth clear



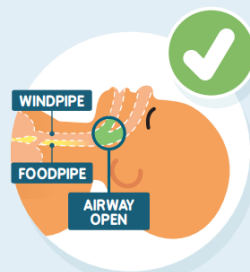
Your baby's sleep space should be clear of items such as loose bedding, toys and pillows



Place your baby to sleep on a clear, firm, flat separate sleep space



Keep your baby's chin off their chest



Always place your baby on their back to sleep

Registered Charity Number: 262191

Things to avoid:



Avoid using loose bedding that could cover your baby's face



Never place your baby to sleep on their tummy or on their side



If your baby falls asleep in a sitting position move them onto a clear, flat, firm surface

If your baby falls asleep in a product like these move them onto a clear, flat, firm space.



Bouncer



Baby swing



Baby bean bag



Pod / nest



Sleep positioner and pillow



Hammock

It is very important that babies are placed on their back to sleep on a clear, flat, firm sleep surface such as a Moses basket, crib or cot.

It is very important to keep your baby's airway clear when using a sling or car seat.

For more information on **car seats** visit:
lullabytrust.org.uk/car-seats

And for **slings** visit:
lullabytrust.org.uk/slings

For more information visit: lullabytrust.org.uk/airway
or call: **0808 802 6869**