

Independent Living & Work Skills Subject Curriculum Content Overview (updated for Autumn 2024)

Year Group		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
Links to ASPIRE		Responsibility/ Realising Potential	Realising Potential/ Independence	Enterprise/ Positive Contribution	Independence/Responsibility/ Positive Contribution	Safety/ Independence	Safety/ Enrichment/ Independence	
	Y7	Rights and Responsibilities <ul style="list-style-type: none"> My rights and responsibilities at school and home (Y7) Children’s rights/ Education (Y7) UNICEF 	Career choices <ul style="list-style-type: none"> Linking education to work Personal skills Jobs in different sectors 	Charity & Enterprise <ul style="list-style-type: none"> What is a charity? Why is it needed? Emergency appeals In- depth look at a national charity 	Independent Living <ul style="list-style-type: none"> Being independent- how can I help myself? Helping out at home Positive mental health/ Personal hygiene recap (covering in PSHE) 	Out and about <ul style="list-style-type: none"> People who help us stay safe in the community Talk about their journey to school Talk about safety measures in school (on carpark) Plan a simple journey on foot/ road safety basics 	Leisure time <ul style="list-style-type: none"> Healthy leisure choices/ hobbies/ exercise What can I do? Link between leisure time and well being 	
Keystage 3	Year 8/9	23/24	<ul style="list-style-type: none"> Public services Local community groups helping with public services / community projects Human Rights Protected characteristics- British Law 	<ul style="list-style-type: none"> What’s available? Local work force choices, employers, jobs v training v education Apprenticeships/ supported internships <p>Careers / Employment/ Post 16 opportunity.</p>	Volunteering/ community partnerships Local Charity / Fundraising/ looking after our community / being a citizen Citizenship	<ul style="list-style-type: none"> Self care- getting ready for school, organising my time, helping out at home. Healthy sleep routines 	<ul style="list-style-type: none"> Where I live- local travel Dangers and how to stay safe Local area road safety- using pedestrian crossings What to do when things go wrong Bikeability/Healthy Lifestyles	<ul style="list-style-type: none"> Local area and organised clubs What can I do? Gaining independence Visits to local sports and youth activities

		24/25	<ul style="list-style-type: none"> • Democracy / Dictatorship • Rights around voting- votes for women/ rights in other countries • Local government • National government • Civil unrest/ Refugees 	<ul style="list-style-type: none"> • What skills are employers looking for? • What happens when I apply for a job? CV, letters of application ,filling in forms and writing personal statements • Interviews and first impressions • Importance of experience/ exposure to employment <p>Create/ Fill in the careers log</p>	<p>Enterprise and fundraising – Roles in Enterprise/ Skills needed/ Budgeting and profit</p> <p>Sports relief/ comic relief/ Easter raffle/ World Water Day</p>	<ul style="list-style-type: none"> • Household chores/ washing/ cooking • Visiting the supermarket • Budgeting for meals / events • Who pays the bills? <p>Healthy Lifestyles</p>	<ul style="list-style-type: none"> • Transport- local transport links- bus/ trains • How to use a timetable/ travel app • Following a satnav • Traveling by bus or train <p>Full day train trip.....</p>	<p>Local open spaces</p> <ul style="list-style-type: none"> • Safe play • Dangers of railways/ canals/ lakes • Local green spaces • Visits to Apedale/ Lyme Valley/ Keele Woods
			<p>Students in Key Stage 4 a follow nationally recognised accreditation syllabus which meets their independence needs and future needs These can include</p> <ul style="list-style-type: none"> • Gateway Independent Living and work (EL1,) Gateway in Progression (EL3 or level 1) Unit awards (EL2) 					