

# Coppice Academy Newsletter

22nd September 2023



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Email: office@coppice.set.org

## Dates:

27/10/2023

School closes for Half Term

06/11/2023

School reopens after Half Term

01/12/2023

School closed for Inset Day

22/12/2023

School closes for Christmas break at 1.30pm

08/01/2024

School reopens after Christmas holidays

09/02/2024

School closes for Half Term

19/02/2024

School reopens after Half Term

22/03/2024

School closes for Easter Holidays

08/04/2024

School reopens after Easter holidays

## Post 16

Key Stage 4 parents- Although we have only just started the school year, we urge you to start thinking about Post 16 settings for your child.



We have been busy contacting all year 11 parents to ask about future plans and will, in the coming months, invite you to the EHCP transfer review meeting. This is an opportunity to discuss your child's needs with invited colleges and begin to make informed choices.

To help students to be involved in these important decisions, we will be hosting a Post 16 information event for students in October with several local colleges attending.

It is essential that parents attend college open events - there is no substitute for a good look around or book a private tour.

Upcoming events include:-

Newcastle College - 4th October 2023 (evening) Parents and students

Newfriars College - 18<sup>th</sup> October 2023 (daytime) Parents tour

Stoke on Trent College - 18<sup>th</sup> October 2023 (evening) Parents and students

## Assembly

Today during assembly we had a visit from the Mayor of Newcastle under Lyme. He presented students with a commemorative plate and certificates to celebrate 850 years of the Borough.



## Girls Sport Club and Ladies Lunch

In the summer term we were approached by a few female students who wanted to organise a Girls Sports Club at lunchtimes. We thought this was a great idea and were happy to help.

The idea was put to the whole school in assembly and we had a meeting to chat about what the girls wanted from the club. Students suggested that they play a range of team games and then, afterwards, have lunch together.

We had our first session on Wednesday lunchtime which was really well attended. we played netball and then all sat together in the dining hall to enjoy lunch. It was great to see friendships begin to develop across classes and year groups. We saw some coaching from older students and a really welcoming atmosphere for our new starters. Students reported that they felt comfortable chatting about a range of topics and were looking forward to next week.

All that is needed for the Wednesday sessions are trainers!



## Humanities

This week in Humanities, students in Sycamore class were looking at types of plate boundaries using Oreos. Students replicated the different interactions between these boundaries by using the top half of the cookie. Fantastic work!



# Cryptosporidium Cases

Information from the Environmental Health department at Newcastle Borough Council.

There has been a noteworthy increase in Cryptosporidium cases – this September - since the summer holidays. There have been confirmed cases of adults and school children in the Borough.

Cryptosporidium is a parasite found in the gut of man and animals (particularly cattle and sheep). It is also found in contaminated water (usually contaminated with faeces).

It can be transmitted via contact with infected animals, by drinking or swimming in contaminated water, drinking raw milk and by eating contaminated food. It can be spread from person to person where there is poor hygiene.

The incubation period is 2–10 days (average 7 days). The main symptom is watery diarrhoea, but symptoms can also include fever, stomach cramps and vomiting.

Cryptosporidiosis is quite contagious — it can spread from person to person, even indirectly. If a person has cryptosporidiosis and does not wash their hands after going to the bathroom, they can spread the parasite to anything they touch. If a person goes swimming whilst they have symptoms, the parasite can contaminate the water.

## What is Cryptosporidiosis?

Cryptosporidiosis is a diarrhoeal illness caused by a parasite called cryptosporidium. Both the disease and the parasite are commonly known as 'Crypto'.

Crypto lives in the guts of many mammals, most often in their newborn, particularly lambs and calves.

Millions of crypto can be released in a bowel movement from an infected animal (or human). Crypto may be found in the soil, food, water, or surfaces that have been contaminated with the faeces of infected animals and humans.

## What illness results from infection?

The incubation period (the time from first swallowing the crypto to becoming ill) is normally 2-10 days.

Illness may start with loss of appetite, nausea and abdominal pain. This is followed by profuse watery diarrhoea, vomiting (in children), and mild fever.

In otherwise healthy people the illness lasts for about 2 weeks. However, if you have a weakened immune system you are at risk of more severe illness.

## Should I contact my GP?

You should consult your GP if one or more of the following applies to you:

- if your immune system is not working properly, for example due to cancer treatment or HIV
- there is blood in your diarrhoea
- you have severe abdominal pain
- the diarrhoea has lasted for 48 hours.

## How are infections treated?

Most people recover without any specific treatment. Extra fluids are important, especially for babies, children, pregnant women and the elderly. Clear fluids like water and diluted fruit juice are recommended.

All persons with diarrhoea should remain off work or school until they have had no symptoms for 48 hours and should refrain from swimming for 2 weeks.

## How does it spread?

- Directly from contact with an infected animal or person.
- By swallowing contaminated water from swimming pools, lochs or burns.
- By eating uncooked foods contaminated with crypto.
- By drinking unpasteurised milk.
- In contaminated drinking water. Crypto has a very protective outer shell that stops the chlorine in our water from killing it.

## How can infection be prevented?

- Wash hands thoroughly after contact with all animals and their faeces; after using the toilet or changing nappies.
- Avoid drinking water from burns and lochs.
- Avoid using ice or drinking untreated water when travelling in countries where the water supply may be unsafe.
- Don't go swimming if you have diarrhoea. If your baby has been ill, wait until their nappies have been back to normal for two weeks before going swimming.

## How should hands be washed?

- Always use warm, running water and a mild, preferably liquid, soap. (It is not essential to use soaps labelled as antiseptic or antibacterial.)
- Wet hands and apply a small amount of soap.
- Rub hands together vigorously for 20 seconds. Pay special attention to areas between fingers, finger tips and palms.
- Rinse hands under warm running water and dry thoroughly on a clean dry towel.

## If someone in your household has crypto

- The infected person should not prepare food.
- Soiled bedding and clothes should be washed on the hot cycle of your washing machine.
- If you have more than one toilet in your household ask the infected person to use one toilet and the rest of the household to use the other.
- Clean surfaces (toilet seats, flush handles, door handles and taps) at least daily with bleach, diluted as per manufacturer's instructions.
- If cleaning up diarrhoea or vomit, wear rubber gloves; wash the surface with hot soapy water, rinse and allow to dry. Use paper towels or disposable cloths. Dispose of used cloths immediately in a plastic bag.
- The infected person should not share towels/flannels with anyone.

## Useful Information

NHS Inform	<a href="http://www.nhsinform.scot">www.nhsinform.scot</a>
Food Standards Agency	<a href="http://www.food.gov.uk">www.food.gov.uk</a>
NHS 24	Freephone 111 <a href="http://www.nhs24.scot">www.nhs24.scot</a>

## Further information and help

For further information please contact your GP.



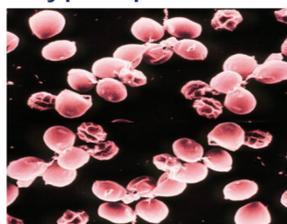
Bòrd SSN nan Eilean Siar  
NHS Western Isles  
Health Protection Team

## We are listening - how did we do?

We welcome your feedback, as it helps us evaluate the services we provide. If you would like to tell us about your experience:

- speak to a member of staff
- visit our website [www.whb.scot.nhs.uk/feedback](http://www.whb.scot.nhs.uk/feedback) or share your story at: [www.careopinion.org.uk](http://www.careopinion.org.uk) or tel. 0800 122 31 35
- tel. 01851 708069 or 07814 071868 Monday-Friday between 9am-5.30pm.

## Cryptosporidiosis



Patient information leaflet

Version: 4 Review Date: September 2023  
Produced by: Health Protection Team, NHS Western Isles.

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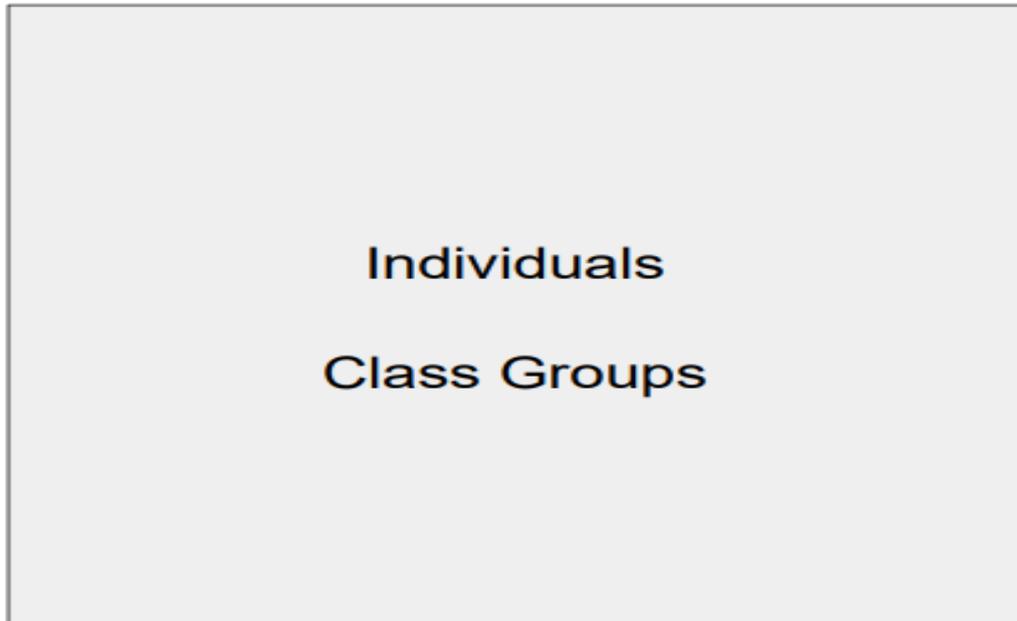
## School Photos



School photos will be conducted on

**Tuesday 10th October 2023**

At this session we will be photographing  
Whole School



Please ensure full uniform is worn and children are neat and tidy.

Parents will receive free proofs of every image  
and the option to make a purchase.

## Cake Donations

Next Friday (29th September) Rosewood class, will be holding a cake sale for students and staff, to raise money for Macmillan, who support those living with cancer.



We would really appreciate any donations of shop bought cakes. If you would be willing to donate any shop bought cakes, please send them into school as soon as possible.

Last year we raised an fantastic £352.00. It would be amazing if we could beat that amount this year.

Thank you!



## Issue of the week

The week beginning 25th September we will be discussing the following Issue of the Week during tutor time.

### THIS WEEK'S BIG QUESTIONS

Should UK supermarkets warn us about shrinkflation?

- How do warnings make you feel? Do you listen to them or ignore them?
- What would you do if you noticed something in the shop was smaller than this time last year?
- Do you think "shrinkflation" is fair?

### WHAT OTHERS ARE SAYING

- "The aim [of the warnings] is to be able to tell manufacturers to rethink their pricing." - Stefan Bompais, Carrefour.
- "Prices and sizes of all products are clearly labelled so that customers can make informed decisions about their purchases." - Andrew Opie, The British Retail Consortium.

## Stoke City Ability Counts Football

Following the success of other students, Stoke City's Ability Counts U12's and U16's team have invited our students to attend training sessions every Wednesday from 5.15pm—7.00pm.

The group is for both boys and girls. They are currently training from Wedgwood Cricket Club but will soon be moving to Ormiston Sir Stanley Matthews Academy (ST3 3JD) on 11th October.

Those that join the team may get the chance to be part of monthly fixture at St George's Park.



### Safeguarding Contact

#### Staffordshire

Staffordshire Childrens Advice and Support Services (SCASS) :  
0300 111 8007 Option 1

Outside office hours: 0345 6042886

#### Stoke-on-Trent

Advice and Referral Team:  
01782 235100

Outside office hours: 01782 234234

#### Cheshire East

Referral Team : 0300 123 5012  
Option 2

Outside office hours: 0300 123 5022

#### Shropshire

Referral Team: 01743 254 259

Initial Contact Team: 0345 678 9021

Outside office hours: 0345 678 9040

### LUNCH MENU WEEK COMENCING 22ND SEPTEMBER 2023

	Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Available Daily:</b>  - Freshly cooked jacket potatoes with a choice of Cheese, Baked Beans or Tuna fillings  - Freshly made sandwiches with a choice of Cheese, Ham, Egg Mayonnaise or Tuna fillings	Main	Cheese and Tomato Pizza with Wedges	Beef Lasagne with Garlic Bread	Roast Chicken or Vegan Quorn with Mashed and Roast Potatoes and Gravy	BBQ or Plain Chicken with Jollof Rice	Fishfingers with Chips and Tomato Sauce
	Vegetables	Baked Beans	Mixed Salad	Vegetables of the Day	Vegetables of the Day	Peas Baked Beans
	Dessert	Syrup Snap Biscuit with Custard	Fruit Jelly with Mandarins	Chocolate Cake	Iced Vanilla Sponge with Custard	Oaty Cookie
		Or a choice of Yoghurt & Fresh Fruit available daily				