

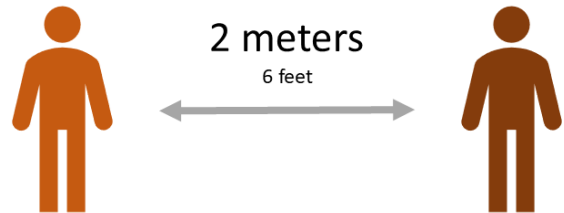
COVID-19



1. Thoroughly wash your hands for 20 seconds, often.



2. Stay 2 metres away from everyone who is not in your household.



3. If you, or anyone in your household, has symptoms you must **STAY AT HOME**. If you need advice phone 111 and say the name of your language.



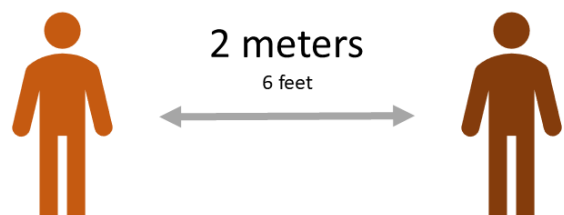
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