



PE Curriculum Overview

Year	Cycle	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
R/1/2	Year A	FMS Baseline Unit – Supertato FMS Playground games in the 20 th Century	FMS – Rolling a Ball Gymnastics	Dance – Toy Story	FMS – Underarm Throw	Athletics Games – Net and Wall	FMS – Overarm Throw Games – Striking and Fielding
	Year B	FMS Baseline Unit – Lost and Found	Dance – Once Upon a Giant	Gymnastics	FMS – Underarm throw	Athletics	FMS Assessment
3/4	Year A	Swimming OAA – Team Work and Problem Solving	Swimming Gymnastics	Swimming Dance – Myths and Legends	Creative Games – tag and Target Invasion Games – Handball	Athletics Net and Wall Games – Unit Core Task 1	Striking and Fielding Games – Rounders
	Year B	Swimming Striking and Fielding – Cricket	Swimming Dance – Superheroes	Swimming Gymnastics	Invasion Games – Rugby Target Games – Boccia	Athletics	Net and Wall Unit Core Task 2 OAA – Trust and Trails
5/6	Year A	Invasion Games – Tag rugby Dodgeball	Gymnastics OAA – Teambuilding	Dance – Highwayman	Badminton	Athletics	Striking and Fielding Games – Cricket
	Year B	Striking and Fielding Games – Rounders Invasion Games – Netball	Dance – Robin Hood	Gymnastics Creative Games – Tactics	Invasion Games – Football	Athletics OAA – Orienteering	Net and Wall – Tennis OAA – effective communication