

| <b>PSHE – Long term Overview</b> |  | Relationships                                 |  | Health and Well being  |   | Living in the wider world                       |  |
|----------------------------------|--|---|--|--|---|---|--|
|                                  | <b>Autumn 1</b>                                  | <b>Autumn 2</b>                               | <b>Spring 1</b>                                      | <b>Spring 2</b>  | <b>Summer 1</b>   | <b>Summer 2</b>                                 |  |
| <b>Year 1</b>                    | What is the same and different about us?         | Who is special to us?                         | What helps us stay healthy?                          | What can we do with money?   | Who helps to keep us safe?  | How can we look after each other and the world? |  |
| <b>Year 2</b>                    | What makes a good friend?                        | What is bullying?                             | What jobs do people do?                              | What helps us to stay safe?  | What helps us grow and stay healthy?  | How do we recognise our feelings?               |  |
| <b>Year 3</b>                    | How can we be a good friend?                     | How can we help in an accident and emergency? | What are families like?                              | How can our choices make a difference to others and the environment? | What keeps us safe?   | Why should we keep active and sleep well?       |  |
| <b>Year 4</b>                    | What strengths, skills and interests do we have? | How can we manage our feelings?               | How do we treat each other with respect?             | Why should we eat well and look after our teeth?                     | How can we manage risk in different places?   | What makes a community?                         |  |
| <b>Year 5</b>                    | What makes up a person's identity?               | What decisions can people make with money?    | How can drugs common to everyday life affect health? | How can friends communicate safely?                                  | How will we change and grow?  | What jobs would we like?                        |  |
| <b>Year 6</b>                    | How can we keep healthy as we grow?              |   | How can the media influence people?                  |  | What will change as we become more independent? How do friendships change as we grow? |   |  |