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| **Curriculum Overview: PE** |
| **Physical Education at Corpus Christi Catholic Primary** |
| In PE we must ensure we always wear the correct PE kit.  |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Reception** | http://www.chestnutstreet.co.uk/media/curriculum/pe.jpg | http://www.cartoonbrew.com/wp-content/uploads/2016/11/BeautyBeast_Ballroom_main-1280x600-900x620.jpg | http://www.randalcremer.hackney.sch.uk/wp-content/uploads/2015/07/sports-day-cartoon.jpg | http://p5cdn4static.sharpschool.com/UserFiles/Servers/Server_3132289/Image/sports.jpg | https://i0.wp.com/www.lakenhamprimaryschool.co.uk/wp-content/uploads/2016/11/cartoon-pe-kids-1rd987p.jpg?fit=250%2C130 | https://i.pinimg.com/564x/46/85/ee/4685ee5bba0ac70deea7d66318225e32--fitness-silhouette-running-programs.jpg |
| **We are great at Fundamentals*** Multi skills
* Travelling and changing direction
* Agility.

To jump off an object and land appropriatelyTo move confidently in a range of ways, safely negotiating the space. | **We are dancers & movers*** Diwali Dancing
* Experiment with different ways of moving

To experiment with different ways of movingTo move confidently in a range of ways, safely negotiating the space. | **We are recapping the Fundamentals*** Agility
* Balance
* Coordination

To travel with confidence and skill around, under, over and through balancing and climbing equipment. | **We are great at invasion games*** Simple invasion games.
* Travelling with confidence.
* Developing speed and agility.

To show increasing control over an object in pushing, throwing, catching or kicking it | **We are brilliant at bat & ball skills*** Using a large bat and a soft ball developing agility & co-ordination.

To show good control and co-ordination in large and small movements.To move confidently in a range of ways, safely negotiating the space. | **We are great at Multi Skills*** Developing coordination.
* Introducing multi skills

To show good control and co-ordination in large and small movements.To move confidently in a range of ways, safely negotiating the space. |

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **KS1** **Year 1, 1/2 and 2** | http://www.chestnutstreet.co.uk/media/curriculum/pe.jpg | http://www.cartoonbrew.com/wp-content/uploads/2016/11/BeautyBeast_Ballroom_main-1280x600-900x620.jpg | https://media-exp1.licdn.com/media/AAEAAQAAAAAAAAL8AAAAJDFjNjQ1YjgzLTA1OGYtNDNmOS04OTdmLWJlN2Y3OGExYTZjNg.png | . http://p5cdn4static.sharpschool.com/UserFiles/Servers/Server_3132289/Image/sports.jpg | https://i0.wp.com/www.lakenhamprimaryschool.co.uk/wp-content/uploads/2016/11/cartoon-pe-kids-1rd987p.jpg?fit=250%2C130 | https://i.pinimg.com/564x/46/85/ee/4685ee5bba0ac70deea7d66318225e32--fitness-silhouette-running-programs.jpg  |
|  | **We are fit and athletic****Fitness and Athletics*** Fundamentals of agility, balance and coordination

To change direction and style of movement comfortably and confidently | **We are dancers and movers!****Dance and Gymanstics*** Agility
* Flexibility
* Balance

To explore movement patterns.To change direction and style of movement. | **We are great at Multi Sports****Net and wall games**To develop basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities | **We are great at Invasion Games****Invasion games*** Teamwork, spatial awareness, passing.
* Using a large ball, throwing and catching
* Passing

To throw and catch a confidently with two hands.To continue to develop balance, agility and co-ordination, and begin to apply these in a range of activities | **We are super at striking and fielding games.****Striking and fielding*** Bat and ball skills
* Hand-eye co-ordination
* Throwing-javelin and target practise

To master basic movements including running, jumping, throwing and catching. | **Outdoor Adventure**To take part in outdoor and adventurous activity challenges both individually and within a team |

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| **LKS2****Year 3, 3/4 and 4** | http://www.chestnutstreet.co.uk/media/curriculum/pe.jpg | http://static.docklandsacademy.co.uk/wp-content/uploads/2016/06/Street-Dance-1062x596.jpg | https://media-exp1.licdn.com/media/AAEAAQAAAAAAAAL8AAAAJDFjNjQ1YjgzLTA1OGYtNDNmOS04OTdmLWJlN2Y3OGExYTZjNg.png | http://p5cdn4static.sharpschool.com/UserFiles/Servers/Server_3132289/Image/sports.jpg | https://i.pinimg.com/564x/46/85/ee/4685ee5bba0ac70deea7d66318225e32--fitness-silhouette-running-programs.jpg | https://i0.wp.com/www.lakenhamprimaryschool.co.uk/wp-content/uploads/2016/11/cartoon-pe-kids-1rd987p.jpg?fit=250%2C130 |
|  | **We are fit and athletic****Fitness and Athletics*** Fundamentals of agility, balance and coordination

To change direction and style of movement comfortably and confidently | **We are dancers and movers!****Dance and Gymanstics*** Agility
* Flexibility
* Balance

To explore movement patterns.To change direction and style of movement. | **We are great at Multi Sports****Net and wall games**To develop basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities | **We are great at Invasion Games****Invasion games*** Teamwork, spatial awareness, passing.
* Using a large ball, throwing and catching
* Passing

To throw and catch a confidently with two hands.To continue to develop balance, agility and co-ordination, and begin to apply these in a range of activities | **We are super at striking and fielding games.****Striking and fielding*** Bat and ball skills
* Hand-eye co-ordination
* Throwing-javelin and target practise

To master basic movements including running, jumping, throwing and catching. | **Outdoor Adventure**To take part in outdoor and adventurous activity challenges both individually and within a team |

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **UKS2****Year 5, 5/6 and 6** | http://leadershipfoundations.org/wp-content/uploads/2015/06/Baton-Pass.jpg | Image result for leeds rhinos |  |  | https://yorkshireccc.com/uploads/crop_image/728/428/20161017094831_GettyImages584701576.jpg? |  |
| **Fitness and Athletics****We are mastering our skills in Sports Hall Athletics*** Baton pass
* Effective use of a turning board

To compare performances with previous ones and demonstrate improvement to achieve their personal best. | **Dance and Gymanstics****We are dancers and rugby players*** Dance
* Rugby

To perform dances using a range of movement patternsTo play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending | **Net and wall games****We are netballers and volleyballers*** Positional play
* Overarm, chest and bounce pass
* Shooting and defending

To play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending | **Invasion games****We are footballers*** Football
* Mini games
* Rules
* Defending and attacking

To play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending | **Striking and fielding****We are mastering striking and fielding*** Cricket
* Summer Athletics
* Orienteering

To take part in outdoor and adventurous activity challenges both individually and within a team | **Outdoor Adventure****We are runners*** Cross Country
* Recording personal best

To use running, in isolation and in combinationTo compare performances with previous ones and demonstrate improvement to achieve their personal best. |