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| **PSHE at Corpus Christi Catholic Primary** | | | | | | | | |
| **Mindmate runs throughout the year,a lesson is delivered at the beginning of every half term when pupils have returned from a break from school.** | | | | | | | | |
| Year Group | **Transition after lockdown** | **Autumn 1**  **Healthy Lifestyles** | **Autumn 2**  **Friendships** | **Spring 1**  **Relationship and Sex Education** | **Spring 2**  **Drug Education** | **Summer 1**  **Global Dimensions**  **Sustainability Citizenship**  **Transition** | **Summer 2**  **Economic Wellbeing Transition** | |
| Year 1 | Helping them to make sense of their world and their role in it. | Keeping the body healthy | Making friends | Myself and others  Feelings | Around the house | My world near and far | | Looking after my money |
|  |  |  |  |  |  |  | |  |
| Year 2  &  Y2/3  (To extend year 3’s where possible) | Helping them to make sense of their world and their role in it. | Making choices for a healthy life  Body image and self esteem | Taking care of one another | Families | Medicines | Planet protectors  Waste and recycling | | Transfer to the next key stage |
|  |  |  |  |  |  |  | |  |
|  |  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | | **Summer 2** |
| Year 3/4 | Helping them to make sense of their world and their role in it. | Eating healthily being active | Feelings and relationship | What is happening to me? | Smoking | Health promoting environments | | Developing economic wellbeing |
|  |  |  |  |  |  |  | |  |
| Year 4 | Helping them to make sense of their world and their role in it. | Keeping safe | Resolving conflicts | Addressing concerns about growing and changing | Alcohol | Resolving conflicts  Valuing others and their communities | | Work related learning and enterprise |
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| Year 5  Year 5/6 | Helping them to make sense of their world and their role in it. | Recognising risk and responsibility  Self esteem, body image | Living in a diverse world  Taking care of the world around us. | Growing and changing  Puberty | Drugs and volatile substances | Friendship groups and peer pressure | Work related learning and enterprise |
|  |  |  |  |  |  |  |
| Year 6 | Helping them to make sense of their world and their role in it. | Personal safety | Dealing with barriers to friendships | Puberty, body image and sex education | How drugs affect us | Transfer to high school  Working alongside the high schools.  Pupils go to settling in days.  Residential | |
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