
































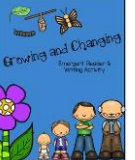





Year Group	Autumn 1 Healthy Lifestyles Health	Autumn 2 Friendships Personal	Spring 1 Relationship and Sex Education Personal Social	Spring 2 Drug Education Health	Summer 1 Global Dimensions Sustainability Citizenship Transition Economic	Summer 2 Economic Wellbeing Transition Economic
Reception	Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices	Work and play cooperatively and take turns with others. • Form positive attachments to adults and friendships with peers.	Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.	Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.	The world around me.	Transition to Key Stage One
						
Year 1	Keeping the body healthy 	Making friends 	Myself and others Feelings 	Around the house 	My world near and far 	Looking after my money 
Year 1/2 & Y2	Making choices for a healthy life Body image and self esteem 	Taking care of one another 	Families 	Medicines 	Planet protectors Waste and recycling 	Transfer to the next key stage 

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
Year 3	Eating healthily being active	Feelings and relationship	What is happening to me?	Smoking	Health promoting environments	Developing economic wellbeing	
							
Year 4	Keeping safe	Resolving conflicts	Addressing concerns about growing and changing	Alcohol	Resolving conflicts Valuing others and their communities	Work related learning and enterprise	
							
Year 4/5 Year 5/6	Desire to impact on the natural world around them through rewilding and on building a sense of community through interacting with nature in shared spaces	Recognising risk and responsibility Self esteem, body image	Living in a diverse world Taking care of the world around us.	Growing and changing Puberty	Drugs and volatile substances	Friendship groups and peer pressure	Work related learning and enterpris e
							
Year 6	Desire to impact on the natural world around them through rewilding and on building a sense of community through interacting with nature in shared spaces	Personal safety	Dealing with barriers to friendships	Puberty, body image and sex education	How drugs affect us	Transfer to high school Working alongside the high schools. Pupils go to settling in days. Residential	
	