







PSHE LTP 2023-2024

	HEALTH AND WELLBEING		RELATIONSHIPS		LIVING IN THE WIDER WORLD	
Year Group	Autumn 1 Healthy Lifestyles Health	Autumn 2 Drug Education Keeping Safe Health	Spring 1 Relationship and Sex Education Personal Social	Spring 2 Friendships Personal	Summer 1 Responsible Citizens Economic	Summer 2 Financial Education Transition Economic
Reception	Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.		Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.	Work and play cooperatively and take turns with others. Form positive attachments to adults and friendships with peers.	The world around me.	Financial Education Young Money Transition
Year 1 & Year 1/2	Keeping the body healthy	Around the house	Myself and others Feelings	Making friends	My world near and far	Looking after my money
						
Year 2	Making choices for a healthy life Body image and self esteem	Medicines	Families	Taking care of one another	Planet protectors Waste and recycling	How can we save money through wants and needs

						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3 & Year 3/4	Eating healthily being active	Smoking	What is happening to me?	Feelings and relationship	Health promoting environments	Developing economic wellbeing
						
Year 4/5	Keeping safe	Alcohol	Addressing concerns about growing and changing	Resolving conflicts	Resolving conflicts Valuing others and their communities	How spending decisions help others
						

<p>Year 5</p>	<p>Recognising risk and responsibility Self esteem, body image</p>	<p>Drugs and volatile substances</p>	<p>Growing and changing Puberty</p>	<p>Friendship groups and peer pressure</p>	<p>Living in a diverse world Taking care of the world around us.</p>	<p>Enterprise – Community needs and wants. Use of money by government.</p>
<p>Year 6</p>	<p>Personal safety</p>	<p>How drugs affect us</p>	<p>Puberty, body image and sex education</p>	<p>Dealing with barriers to friendships</p>	<p>How can our actions assist the world around us</p>	<p>Enterprise – Value Added Taxes</p>
	