











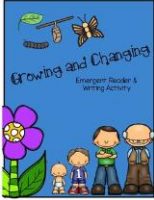





**PSHE LTP 2025 - 2026**

	<b>HEALTH AND WELLBEING</b>		<b>RELATIONSHIPS</b>		<b>LIVING IN THE WIDER WORLD</b>	
	<b>Autumn 1</b> Healthy Lifestyles  <b>Health</b>	<b>Autumn 2</b> Drug Education Keeping Safe <b>Health</b>	<b>Spring 1</b> Relationship and Sex Education <b>Personal</b> <b>Social</b>	<b>Spring 2</b> Friendships  <b>Personal</b>	<b>Summer 1</b> Responsible Citizens Identity <b>Economic</b>	<b>Summer 2</b> Financial Education Transition <b>Economic</b>
<b>Mindmate</b>	Introduction Feeling Good and Being Me	Being Same and Being Different	Life Changes	Friends and Family	Strong Emotions	Solving Problems
<b>British Value</b>	<b>Democracy</b>	<b>Individual Liberty</b>	<b>Mutual respect and tolerance of different cultures and religions.</b>	<b>Mutual respect and tolerance of different cultures and religions.</b>	<b>Rule of Law</b>	<b>Democracy</b>
<b>Protected Characteristics</b>	Religion or Belief, Age, Gender	Age,	Gender, Marriage Civil Partnership, Race Religion	Religion or Belief, Disability, Gender	Age, Gender,	Gender, Age
<b>Skills Builder</b>	<b>Speaking</b>	<b>Creativity</b>	<b>Staying Positive</b>	<b>Problem Solving</b>	<b>Teamwork</b>	<b>Leadership</b>
<b>Pol Ed</b>	<b>Keeping Safe</b>		<b>Relationships</b>		<b>Understanding the Law</b>	
Visitors Trips Key Dates	<b>International Democracy Day</b>  <b>Whole School Take Over Day</b>	<b>D Side Whole School</b>  <b>Anti Bullying Week</b>  <b>Savings Christmas Club</b>	<b>Ten Ten Resource</b>  <b>Chinese New Year</b>  <b>Safer Internet Day</b>	<b>Ten Ten Resource</b>  <b>Cultural Day</b>	<b>Recycling</b>  <b>Earth Day 22<sup>nd</sup> April</b>	<b>Health Week linked to Sports Day</b>
Reception	<b>Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.</b>		<b>Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.</b>	<b>Work and play cooperatively and take turns with others. Form positive attachments to adults and friendships with peers.</b>	<b>The world around me.</b>	<b>Financial Education Young Money Transition</b>
Year 1	Keeping the body healthy	Around the house	Myself and others Feelings	Making friends	My world near and far	Looking after my money I can think of ways to save money. I know where we can earn money.

						
Year 2	Making choices for a healthy life Body image and self esteem	Medicines	Families	Taking care of one another	Planet protectors Waste and recycling	How can we save money through wants and needs To know the difference between paying for something we want and something we need. To recognise why we need to spend money. I know how to keep my money safe. I know how different jobs pay different amounts of money.
						
	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
Year 3	Eating healthily being active	Smoking	What is happening to me?	Feelings and relationship	Health promoting environments	Developing economic wellbeing To recognise how people can keep track of their money. To appreciate a salary and what different roles earn as a wage.
						

Year 4	Keeping safe	Alcohol	Addressing concerns about growing and changing	Resolving conflicts	Resolving conflicts Valuing others and their communities	How spending decisions help others To recognise why money needs to be spent. The impact spending has positively and negatively.
						

Year 5 and Year 5/6	Recognising risk and responsibility Self esteem, body image	Drugs and volatile substances	Growing and changing Puberty	Friendship groups and peer pressure	Living in a diverse world Taking care of the world around us.	Enterprise – Community needs and wants. Use of money by government.  How can spending be cut? Who decides on where money is spent in the local community?
						
Year 6	Personal safety	How drugs affect us	Puberty, body image and sex education	Dealing with barriers to friendships	How can our actions assist the world around us	Enterprise – Value Added Taxes Borrowing loans what are they? what are they positive and negative?
	