

### Timetable Day 1 – Year 5

Timings	Activity
30 Minutes PE	Joe Wicks <b>PE</b> workout <a href="https://www.youtube.com/watch?v=Uy1yab7jAcU">https://www.youtube.com/watch?v=Uy1yab7jAcU</a>
10 Minutes Handwriting	Letter formation Year 3 and 4 cursive <b>handwriting</b> practice (see pdf)
30 Minutes Reading	Select a one, two or three-star <b>reading challenge</b> from the Shirley Chisholm pdf
60 Minutes Maths	Morning Maths  Telling the Time Complete Lesson 1 and Lesson 2  Lesson 1 In this lesson you will learn that there are two measuring scales on a clock. <a href="https://classroom.thenational.academy/lessons/understanding-that-clocks-have-more-than-one-scale-64wpae">https://classroom.thenational.academy/lessons/understanding-that-clocks-have-more-than-one-scale-64wpae</a>  Lesson 2 In this lesson you will learn to read an analogue clock to the nearest minute. <a href="https://classroom.thenational.academy/lessons/reading-analogue-time-to-the-nearest-minute-cdgtkjd">https://classroom.thenational.academy/lessons/reading-analogue-time-to-the-nearest-minute-cdgtkjd</a>
60 Minutes Writing	10 Minutes <b>Writing warm up</b> – Select one or two of the activities to complete from the PowerPoint slides  40 minutes – <b>Writing Task</b> - Film Review (see pdf) Write a review of the last film you watched.  10 minutes – <b>Edit and improve</b> your writing. Use a dictionary to check your spellings.
Afternoon	
30 Minutes Grammar	Complete <b>Grammar Activities</b> - Day 1 Grammar pdf

30 Minutes Music	<b>Understanding pulse and rhythm</b> In this lesson, we are going to find the pulse and explore rhythm. Click on the link.  <a href="https://classroom.thenational.academy/lessons/understanding-pulse-and-rhythm-chj3cr">https://classroom.thenational.academy/lessons/understanding-pulse-and-rhythm-chj3cr</a>
Science	<b>How do humans digest food?</b> In this lesson, we will learn about the digestive system. We will learn about the different stages, including what happens in the mouth, the stomach, and the intestines. We will also watch a demonstration and be able to explain the digestive system in our own words.  <a href="https://classroom.thenational.academy/lessons/how-do-humans-digest-food-60rp4c">https://classroom.thenational.academy/lessons/how-do-humans-digest-food-60rp4c</a>
Story	Read a story with an adult from <b>Active Learn</b>