


Timetable Day 1

Timings	Activity
30 mins PE	Joe Wicks PE workout https://www.youtube.com/watch?v=Uy1yab7jAcU or Cosmic Yoga https://www.youtube.com/user/CosmicKidsYoga or Oti Mabuse dance class https://www.youtube.com/user/mosetsanagape
10 mins Handwriting	Practice writing full name. Number formation sheet. Letter formation sheet
30 mins Maths	<u>Maths sheets</u> Day 1- 1 more 1 less.
20 mins Phonics	<ul style="list-style-type: none"> Phonics activity- Complete the phonics sheet. Red, Orange and Yellow- Phase 2 Green and Purple- Phase 3. Phonics Play – Play Buried treasure. https://www.phonicsplay.co.uk/resources/phase/2/buried-treasure Phase 2- Set 1 (satp) +d Phase 3- Sets 1-5 +x
20 mins Reading	Active Learn – Reading Bug Club https://www.activelearnprimary.co.uk
20 mins SPAG	SPaG Mat 1
30 mins Writing	Draw your own dinosaur. Label and write a caption for your dinosaur.
Afternoon	
30 mins Music	Oak Academy- Lesson 1 Understanding Pulse https://classroom.thenational.academy/lessons/understanding-pulse-cdk38c
30 mins PSHE	 <p>'We Are All Different' https://www.twinkl.co.uk/resource/tf-or-7-we-are-all-different-ebook</p> <p>Sheet 1</p>
20 min Storytime	Share a story/ Read with your child Online: CBeebies Bedtime Stories - https://www.bbc.co.uk/cbeebies/shows/bedtime-stories Goodnight with Dolly Parton - https://imaginationlibrary.com/goodnight-with-dolly/ David Walliams books - https://www.worldofdavidwalliams.com/

