



CORPUS CHRISTI CATHOLIC SCHOOL

Intimate Care & Nappy Changing policy

Nappy changing should take place in the toilets nearest to the class for the child. The adult and child should be in a cubicle (for privacy) but with the cubicle door open. If in a Public Place, use the nappy changing facilities or disabled toilet, depending on the age of the child.

- Gather all the necessary items needed before each nappy change, for example, nappy, wipes, nappy sack, cream if necessary (each child should have their own named cream). It is a good idea to have a named box or bag for each child containing these items and spare clothes in case of accidents.
- Wash and dry your hands.
- Put on gloves. You should use a new set of gloves for each nappy change.
- Explain to the child what you are doing step by step and involve them. E.g 'We are going to change you now Janey. Please take your tights off.'
- Remove the child's clothing to access the nappy. Remove the nappy and place it inside the nappy sack.
- If the child's clothes are soiled, you should bag them separately and send them home. You should not rinse them. This is because soiled clothes should be washed on the hottest setting.
- Using the wipes, clean the child from front to back, tell them what you are going to do before you wipe them. Use universal language for genitals so that it is consistent whoever is changing the nappy.
- Place the used wipes in the nappy sack. Tie the nappy sack and put it in the bin.
- Put on a clean nappy and apply cream if necessary, still talking to the child throughout explaining what you are doing. Take off the gloves and put them in the bin. Re-dress the child asking for their help at each stage.
- Help the child to wash their hands, using soap and warm water.
- Wash your hands using soap and warm water.

In the event that a child needs help showering, whilst on school journey, the adult should remain in the bathroom with the bathroom door open, whilst the child is in the shower cubicle.

As above, the adult should talk to the child at all times, directing the child and also explaining what they are doing; e.g; 'I am rinsing your hair now Janey, close your eyes so you don't get soap in them.' Again when asking a child to wash or rinse themselves, use universal language for body parts.

If cream needs to be applied following a shower, encourage the child to apply it themselves and when applying it to the child's back, again explain what you are doing.