QUOTES FOR MENTORS & MENTEES

"The secret of getting ahead is getting started" - Mark Twain

"The mind is not a vessel to be filled, but a fire to be kindled" - Plutarch

"It really boils down to this: that all life is interrelated. We are all caught in an inescapable network of mutuality, tied into a single garment of destiny. Whatever affects one destiny, affects all indirectly." – Martin Luther King Jr.

"Never put limits on what you can do. I have met people almost every single day of my life who have surprised themselves and other people by what they have achieved, in little ways, in massive ways. People are capable of so much more than they will ever know." – Katherine Grainger, Olympic gold medalist.

"We know what we are, but know not what we may be." - Hamlet (Act IV, Scene V), William Shakespeare (1603)

