

# Coteford Junior School

Newsletter 14

12<sup>th</sup> December 2025

Welcome to our weekly newsletter, here we will keep you up to date with important information and upcoming events. Please also keep an eye on your year group newsletters and our school website: <https://www.cotefordjunior.org.uk/>

## Dodgeball tournament:

Our school took part in its first-ever dodgeball tournament, and what an incredible day it was for our pupils. From the very first match to the final whistle, their effort, determination, and teamwork were truly inspiring. What impressed me most was their growth throughout the tournament. The team that played the final game showed confidence, strategy, and unity that was worlds apart from the nervous group that stepped onto the court at the start. Their improvement was remarkable, and I couldn't be prouder of how they rose to the challenge.

Every single player had a moment of individual brilliance that contributed to the team's success. Whether it was a great catch, a perfectly timed dodge, or simply encouraging their teammates, each child played an important role. They supported one another, pushed themselves, and represented our school with pride.

It was a joy to watch them learn, grow, and shine.

A big well done to Kush, Jamie, Logan, Amelia, Cerys, Kouji, Carter, Marcus, Snowie, Wyatt and Evan.



Be Ready  
Be Respectful  
Be Responsible

## ATTENDANCE CHAMPIONS

Year Group	Percent
Year 3	97.4%
Year 4	91.2%
Year 5	94.4%
Year 6	92.8%
Whole school	94%

## **Raffle Tickets:**

Please send in cash in an envelope with your child's name on, class and amount of cash. Raffle tickets will be sent home to you. It's £1 per strip of 5 tickets. The raffle will be drawn on Wednesday so just a couple of days for tickets.

## **Christmassy Coteford**

Coteford has certainly embraced the festive spirit this week! From the warmth of our traditional Christmas dinner to the joy of the Christmas service, the laughter of the Panto, and the colourful cheer of Christmas Jumper Day, the school has been buzzing with celebration. A huge thank you goes to everyone who kindly donated hampers—your generosity makes such a difference. And with so many festive non-uniform days to keep up with, we're grateful for the enthusiasm and support shown by pupils, families, and staff alike.

## **Open Evening**

It was such a pleasure to welcome families to our Open Evening this week. We hope you enjoyed visiting your child's classroom and taking a glance at the wonderful work they have been doing. The school was filled with smiles as parents and carers explored learning, celebrated achievements, and shared in the atmosphere. A special thank you also goes to everyone who donated cakes—their generosity helped make the evening even more welcoming! If you didn't have a chance to buy a raffle ticket, you still can. Please send in cash in an envelope with your child's name on, class and amount of cash. Raffle tickets will be sent home to you.

## **St Lawrence's Church**

What a treat our choir was at the St Lawrence Christmas Fair! They sang so beautifully and truly filled the church with joy, creating a magical atmosphere for everyone present. It was wonderful to see so many Coteford families there supporting the event and sharing in the festive spirit. A special thank you goes to Mrs Qureshy for leading the choir with such dedication, and to both Mrs Qureshy and Miss Coburn for presiding over the church service too. We are so grateful for all the practising, encouragement, and support that made these performances such a success.

## **Attendance support info from Hillingdon LA:**

As we move further into the winter season—with colds, flu, and other illnesses on the rise—we would like to remind you of the key guidance available to help manage seasonal illness and support the wellbeing of children

Please see the resources below:

- [Education Hub Blog](#): Reducing the spread of illness this winter: Seven steps to healthier schools – a helpful blog for information
- [NHS Guidance for Parents](#): Is my child too ill for school? – a useful resource to help parents decide when children should stay at home.
- [Preventing and Controlling Infections Guidance](#): Includes advice on vaccination, ventilation, and good respiratory hygiene.
- [A-Z of managing Infectious Diseases](#): Practical guidance on managing specific illnesses.

## Education & SEND Parent Event from the Local Authority

We are excited to announce the Education & SEND Parent Event taking place on:

**Date:** Monday, 26 January 2026

**Time:** 10:00 AM - 2:00 PM

**Venue:** Civic Centre, Uxbridge

This event is a fantastic opportunity for parents and carers to:

Hear from key services including SEND Advisory Team, Children's Integrated Therapies, SENDIASS, Parent Carer Forum, Local Offer, Family Hubs, and more.

Access valuable information and support around SEND and education.

Spaces are limited and will be allocated on a first-come, first-served basis.

Parents can register using the link

below: <https://forms.office.com/pages/responsepage.aspx?id=ebasgoHD-0izlPnVge6UjwwDV3V9viVFjxb3BEI2KRxUMIFUUUw0OFZSSFE2UzExMFNVNEpFSzc1Ui4u&route=horturl>

## Information for Parents from the NHS

Flu cases are rising locally and can be more serious during this cold weather. The NHS is reminding parents that the free NHS flu vaccine is still available to school-aged children. Flu is often unpleasant illness for children but it can also have much more serious symptoms such as high fever, coughs, aches, and in some cases complications like pneumonia or ear infections.

Children do not build up natural immunity to flu and the viruses change every year, which is why children need one every year. The nasal spray vaccination is the safe and effective way to ensure they have the protection they need.

Vaccination doesn't just protect your child - it helps keep the whole community safe. By being vaccinated, children are less likely to pass flu on to those who are more likely to become seriously ill from the virus.

[www.schoolvaccination.uk/catch-up-clinics](http://www.schoolvaccination.uk/catch-up-clinics)

Other groups are eligible too, including people over 65 and those with certain health conditions. To find out more you can visit: [www.nwlondonicb.nhs.uk/fluCOVID](http://www.nwlondonicb.nhs.uk/fluCOVID)

If you have any questions or concerns, talk to your GP or local pharmacist.

**BOUNCE:** Self-esteem and Resilience Building Programme for Children Aged 8 plus in Primary School

The London Borough of Hillingdon Youth Offer, Targeted Team 'Bounce: Self-esteem and Resilience Building Programme' is a group intervention programme for children in primary school aged 8 years and above who require support with building self-esteem and resilience and the challenges they may face in their lives. The programme is designed to be both therapeutic and interactive.

The programme is offered FREE of charge.

Main Programme: this will consist of a 9-week main programme of which all these sessions must be attended by your child

**Dates:** Every Friday from Friday 16th January to Friday 27th March 2026

**Times:** 4:15 to 6:15pm

Location: Hayes Family Hub, College Way, Hayes, UB3 3BB

**How to refer a child:**

Parents can refer via this

link: <https://forms.office.com/Pages/ResponsePage.aspx?id=ebasqoHD-0izlPnVge6Uj9kwPv7-X69lhFGw4YMPwO†UNFhZQVBWTDZIU09EMEW5TkVWU0RHQkRKTS4u>

**Aims & Objectives For participants to:**

- Understand that challenges and set-backs are part of life
- Build resilience through identifying challenges that have been overcome
- Enhance positive emotions through using positive strategies Session topics (subject to change)

**Topics:**

- This is Me
- Healthy and Happy Friendships
- Coping with Change
- Positive Thinking
- Healthy Bodies, Healthy Minds
- My Hopes and Dreams Criteria

**Criteria:**

The child needs to be aged 8 years plus and in primary school.

The child needs to live, go to school, or be looked after by the London Borough of Hillingdon.

The child requires parent/guardian consent via the completion of a form to participate.

The child needs to be able to attend all sessions.

**UPCOMING DATES FOR YOUR DIARY:**

<b>Date:</b>	<b>Information:</b>
10/12/25	Christmas lunch
10/12/25	Open evening for families to look around classes <b>Children may wear non-uniform in exchange for a cake donation. Please label any gluten-free items and remember—no nuts, thank you!</b>
11/12/25	Whole school Christmas service at St Lawrence's Church
12/12/25	Christmas Panto & Christmas Jumper Day
16/12/25	Y3 Stone age workshop
19/12/25	Term ends 12 noon
05/01/26	Inset day (school closed to children)
06/01/26	Children return
30/01/26	Neon Disco
16/02/26-20/02/26	Half Term
27/03/26	Term ends 12 noon
13/04/26	Children return
22/05/26	Inset day (school closed to children)
25/05/26-29/05/26	Half-term
21/07/26	Term ends 12 noon