

Coteford Junior School

Newsletter 30

08th May 2026

Welcome to our weekly newsletter, here we will keep you up to date with important information and upcoming events. Please also keep an eye on your year group newsletters and our school website: <https://www.cotefordjunior.org.uk/>

Merit book:

The following children are in the merit book this week:

3EB: Egli - for really focused work.

3TH: Yuan - for his amazing handwriting.

4LF: Andrew - for great contribution to hedgehog week.

4IW: Henry - for amazing selling skills that impressed Mrs O'Connor.

5DJ: Donatello - Fantastic commitment to athletics.

5EP: Yusuf M - for his amazing diary entry

5RC: Alisa – who is working well independently

6KB: Kaelan – for working hard

6SP: Sophia – for 100% effort at all times.

6UQ: - Aaron - for his resilience towards all aspects of school life.

Mrs. Eckley: Andrew in 4LF for a great effort in hedgehog week.

Miss Martin: Maya and Cassia for impressive leadership in building their hedgehog home.

A huge well done to them!



Be Ready
Be Respectful
Be Responsible

ATTENDANCE CHAMPIONS

Year Group	Percent
Year 3	97%
Year 4	93.1%
Year 5	95.4%
Year 6	93%
Whole school	94.6%

Well done to 5RC for 100% this week

Sports News:

On Wednesday 6th May we took part in a cross country event, we entered a team of 2 - Samuel and Cerys.

Cerys achieved an amazing 6th place out of more than 50 girls, and Samuel showed incredible determination to finish 48th out of 64 boys. Both performances were far bigger than the results alone.

What makes this even more special is the dedication they showed. With swimming lessons and SATs preparation taking up so much, we did not have the time to practice in school, they still chose to practice independently and give everything they had on race day.

They ran with real maturity and discipline, sticking to their plan, maintaining a steady pace around the course, and finding another gear for a brilliant finish at the end.

The resilience, commitment and positive attitude they showed were outstanding. Watching them support each other, stay focused and push through challenges was truly inspiring.

Could not be prouder of Cerys and Samuel, an amazing achievement for them both!

Mr. Belinga



SATs

As we head into SATs week, we want to take a moment to recognise just how proud we are of our Year 6 pupils and the incredible staff who have supported them.

Year 6, you have shown real resilience, determination and maturity throughout your preparation. You've tackled challenges, supported one another and kept going even when things felt tough. That strength matters far more than any test score. All we ask now is that you try your best and remember that these tests do not define who you are or what you can achieve.

To our dedicated staff—thank you for your unwavering commitment, encouragement and care. Your hard work, calm guidance and belief in every child have made all the difference.

A reminder that full attendance is essential for every pupil throughout SATs week, and arriving on time each morning is really important. A settled, calm start helps pupils feel confident and ready to do their best.

We believe in you, Year 6. Do your best, stay calm, and remember how far you've come. You've got this!



Community Resilience Roadshow – Invitation
Hillingdon Council is excited to announce our Community Resilience Roadshow, and we'd love for you join us!

On: Saturday 9 May 2026

Time: 12 - 4 pm

At: Hillingdon Fire Station

This free family-friendly event brings together our local emergency responder partners to help residents learn how to stay safe, prepared, and resilient in an emergency—while having plenty of fun along the way!

You will have the chance to explore real emergency vehicles, meet local responder partners, take part in hands-on activities that teach practical safety and preparedness skills, learn simple steps to stay safe at home, in school and in the community, and enjoy free food!

It's a fantastic opportunity for young people to learn about emergency services, ask questions, build confidence, and develop life-long preparedness habits.

[Book your free tickets here](#)



End-of-Term Assessments for Years 3, 4 and 5

Just before the end of term, pupils in Years 3, 4 and 5 will take part in our termly assessments for reading, maths and grammar, punctuation and spelling (GPS). These checks help us understand how children are progressing and where they may need further support.

Writing is not assessed through a single test. Instead, teachers use a wide range of classwork to build a clear picture of each child's writing skills across the term.

Year 4 Multiplication Tables Check (MTC)

After half-term, Year 4 pupils will complete the Multiplication Tables Check (MTC). This is a short online assessment that checks how confidently children can recall their times tables up to 12×12 . It lasts only a few minutes and focuses purely on quick, accurate recall.

To help pupils feel confident, Year 4 will have plenty of opportunities to practise in the same format as the test so the experience feels familiar and calm. Continuing with Times Tables Rock Stars (TTRS) at home and in school is also an excellent way to build fluency.

Strong multiplication knowledge is essential for all pupils. It underpins much of the maths they will meet in Year 5 and Year 6, especially fractions, decimals and percentages. The more secure they are now, the more confident they will feel later. TTRS remains a key homework focus in Year 3 and Year 4.

A Calm, Supportive Approach

We want all children to feel comfortable with testing, so we keep the environment as relaxed as possible. Pupils who need additional support may have movement breaks, a quieter space or other reasonable adjustments to help them do their best.

Our aim is always the same: to ensure assessments feel like a natural, supportive part of school life, helping every child move forward in their learning.

Save the Date



Our Sports Day is on **Wednesday 17th June** during the morning. Exact timings will be confirmed but our usual start is 9:15 and it lasts around two hours.

We ask our pupils to wear a T-Shirt in their house colours and just their usual shorts / joggers and trainers. This helps you to find them easily on a busy playground.

Our Houses

All Coteford pupils are members of our four Houses.

These are:

- **Lewis Hamilton House – green**
- **Andy Lapthorne House – red**
- **Malala Yousafzai House – blue**
- **Anne Frank House – yellow**



Online Safety Update:

Roblox: New Age-Based Accounts and Parental Controls

Roblox has introduced new **age-based accounts** and expanded **parental controls**, aiming to create more age-appropriate experiences for children. The new categories — **Roblox Kids (ages 5–8)** and **Roblox Select (ages 9–15)** — offer tailored game libraries, communication limits, automatic account progression and improved parental approval tools. Roblox also plans to align its system with recognised age-rating standards such as PEGI.

While these updates are a positive step, **technology alone cannot**

keep children safe online. Age-verification systems are not perfect, and young people can often find ways around safeguards.

Parents and carers continue to play a crucial role. The most effective protection comes from:

- **Open conversations** about what children do online
- **Clear family expectations** and boundaries
- **Understanding how platforms work**, including age checks
- **Regular check-ins** about games, interactions and feelings

Parental controls help set boundaries, but **communication helps children understand why those boundaries matter.**

Roblox's changes show progress, but online safety remains a **shared responsibility** between platforms and families. Open dialogue, curiosity and ongoing support are key to helping children build digital resilience and make safe choices online. More information via this link:

[Roblox Releases Updated Parental Controls and Age-Appropriate Experiences](#)



What Is Doomscrolling? (please share with your children)

You might have had moments where you pick up your phone "just for a minute"... and suddenly lots of time has passed. That's called **doomscrolling** — when you keep scrolling through videos, posts or news without really meaning to stop.

What Does Doomscrolling Look Like?

- Watching video after video because the next one pops up
- Scrolling late at night
- Feeling worse after being online

Apps are designed to keep your attention, so it's very easy to get stuck in a scrolling loop.

Why Can Doomscrolling Be a Problem?

Doomscrolling can make you feel:

- Tired
- Stressed or anxious
- Low in mood
- Overwhelmed by negative content

It can also make it harder to concentrate in school or enjoy time offline.

How to Break the Doomscrolling Cycle

You don't need to give up your phone — just build healthier habits:

- **Set limits** – decide how long you want to be online
- **Take breaks** – especially before bed or first thing in the morning
- **Do something else** – read, draw, go outside, talk to someone
- **Pause and think** – "Why am I picking up my phone right now?"

How Adults Can Help

Parents, carers and teachers can support by:

- Talking with you about what you see online
- Helping you set healthy routines
- Listening without judgement
- Encouraging a balance between online and offline life

Finding a Healthy Balance

Being online can be fun and useful — but it's important to notice when scrolling stops feeling good. Small changes can help you feel more in control and more positive about your time online.

If you ever feel worried about something you've seen online, talk to a trusted adult. You're never on your own.

Parking Reminder

Please be considerate when parking near the school site. Parents and carers are reminded not to park on pavements (at any time) or on double yellow lines unless they are a Blue Badge holder. If you do not have a parking permit, please park off site and walk into school.

Thank you for helping us keep our community safe and accessible for everyone.

Edenred vouchers:

If you usually received Edenred Vouchers for the Holidays and didn't receive them, please email CrisisandResilience@Hillingdon.gov.uk

The School cannot give any more details than this, as we don't deal with the Vouchers.

UPCOMING DATES FOR YOUR DIARY:

Date:	Information:
23/04/26	Y4 Hampton Court Palace
27/04/26	5EP Swimming starts
28/04/26	Class photos
04/05/26	May Bank Holiday – School closed
11/05/26	5RC Swimming starts
22/05/26	Inset day (school closed to children)
25/05/26-29/05/26	Half-term
04/06/26	Y4 Synagogue
17/06/26	Sports day
26/06/26 – 29/06/26	Y6 PGL Trip
21/07/26	Term ends 12 noon