

Summer Term

↻ E BUXTON-WOODCOCK COP Jun 30, 2026 06:41pm

Introduction

Welcome to our first Mental Health and Wellbeing newsletter! We will be sending one out 3 times a year to share resources, news and events. Please let us know if you have any feedback. We look forward to creating a helpful resource together 😊 Mrs Buxton-Woodcock

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Got 3 minutes?

We've just started to explore the range of resources available from Slumberkins. Their songs are proving to be particularly positive and engaging. Here's a taste of one we've enjoyed listening to lately in our fortnightly wellbeing assemblies.

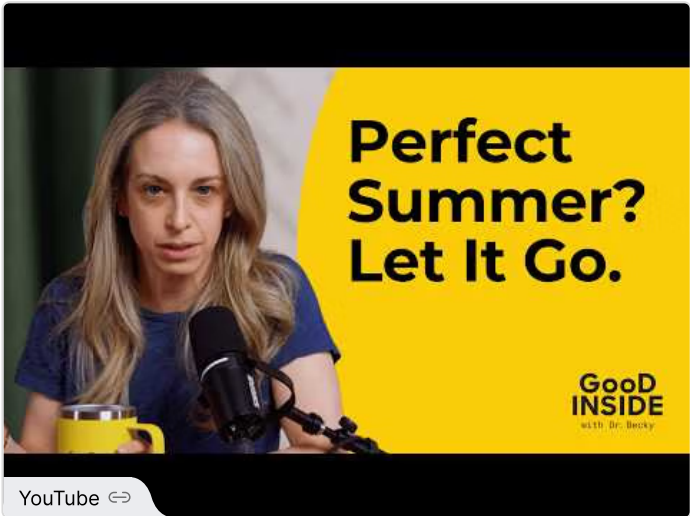


Moving On

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Got 30 minutes?

Dr Becky Kennedy's tips on managing the summer break ☀️

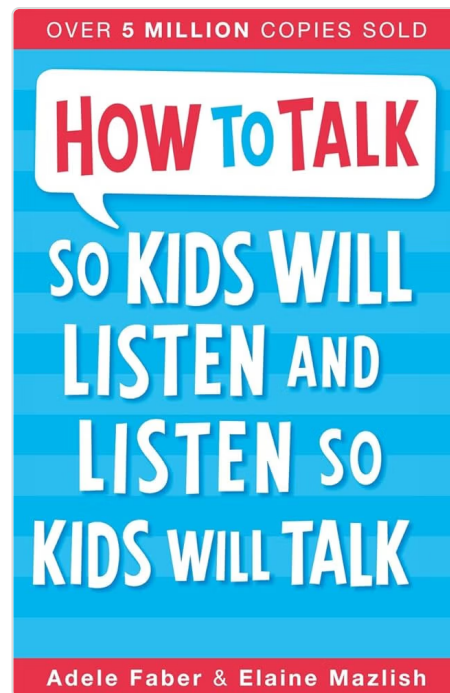


Perfect Summer? Let It Go.

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Want to dig deeper?

This best seller provides useful advice, tips and explanations for how to start and continue conversations with our children 🗣️



↩ E BUXTON-WOODCOCK COP Jun 30, 2026 06:56pm

Photography competition 📷

This year we have been learning about how regulating pictures of nature and animals can be. We would like to create some books of these images for each class to access when we return in September but we need your help to collect some truly wonderful and unique pictures. If you would like to enter, please take a digital photo of nature, or an animal, or both, and upload it to your Seesaw page. We can't wait to see what you share. Each child who enters will receive a certificate and an overall winner from each year group will earn a golden ticket. Entries will be judged by our nature experts, Mrs Bacciochi and Mrs Satchwell. Good luck 🌳🌸🐶🐸



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Notes from our Mental Health Register presentation

Earlier this term we held an information event around our new Mental Health Needs Register. Here are the slides and some notes from our presentation. Please let us know if you have any feedback.



MHN Information Event

