



Be our best selves

# COUGHTON

## C of E Primary School

**Issue 14**

### Coughton CE Primary School

### Key dates



Dear Families,

During this stage of the year it is brilliant to see all of the progress that the children have made since September. It has been great welcoming families into school to look at children's books and showcase all of the work that they have completed this year.

I would like to welcome those families who have recently joined our school. I hope you enjoy being part of our community.

Our Y6 pupils showed amazing resilience and a positive attitude when completing their SATs last week.

There are still lots of events and things to come between now and the end of the year. Look at the key dates section of this newsletter.

The Christian virtue we will be exploring with children after half term is friendship.

Head of School  
**Mr Alex Kolb**

Friday 19 <sup>th</sup> May	Birch parents can come into school to view books with children from 2pm.
Monday 22 <sup>nd</sup> May	Wellbeing day- pupils to wear non uniform
Monday 22 <sup>nd</sup> May	Maple parents can come into school to view books with children from 2pm.
Friday 26 <sup>th</sup> May	Grandparents gardening day/Horrible Histories Day
29 <sup>th</sup> May- 2 <sup>nd</sup> June	HALF TERM
Monday 5 <sup>th</sup> June	INSET DAY- SCHOOL CLOSED TO PUPILS
Tuesday 6 <sup>th</sup> June	Fieldwork week- children will be exploring the locality of Coughton village during the week
Monday 12 <sup>th</sup> June	Phonics screening week Y
Thursday 22 <sup>nd</sup> June	SPORTS DAY- From 1pm for families.
Thursday 20 <sup>th</sup> July	Farmers market
Monday 24 <sup>th</sup> July	Wellbeing day- pupils to wear non uniform

Coughton CE Primary School  
Coughton Lane  
Coughton  
B49 5HN  
01789 762444



Well done Avon.

PTA dates  
Children can come to school  
wearing:

- Silly Hair- 9<sup>th</sup> June 2023
- Silly socks- 16<sup>th</sup> June 2023
- Sports and Activewear 23<sup>rd</sup> June

In exchange for bringing in something for the summer fete.

More information about what to bring will be shared next time.

Horrible Histories Day

When: Friday 26<sup>th</sup> May

What: Children can come to school dressed as a Historical character if they wish. Will be a History themed day of learning for children.

# Important updates for Parents and Carers

## Uniform

**A reminder that children should not be wearing trainers to school on the days that they do not have PE or forest school. Outdoor PE kits are dark tracksuit bottoms, red or dark jumper and trainers.**

**The second hand uniform shop is located in the parent gazebo with items for sale for £1.**

## Holiday / Leave of Absence Requests

All holiday requests will be unauthorised unless the circumstances are deemed exceptional by the Head of School. Should you wish to request leave of absence for your child(ren) please collect a form from the office.

As the weather gets warmer, please don't forget to pack a sunhat and a drink. Sunscreen can be applied before children start school.



## **Please don't provide food containing nuts.**

Fruit is provided for Maple, Birch and Ash



We also have additional fruit available for pupils in Key Stage 2 should this be required.

## Wraparound

If you would like to book please contact the office:

[admin3021@welearn365.com](mailto:admin3021@welearn365.com)

Morning slots run from 7.30am from Reception up to year 6. After school slots are up until 6pm (5.30pm on Fridays.)

## Hygiene

We have seen a rise in the number of bugs and viruses within school.

Please encourage good hygiene practices such as washing hands before mealtimes, coughing into elbows and blowing noses, discarding tissues in the bin



## **Alive 2023**

**All pupils in Key Stage 2 will be attending Alive 2023. This will take place at National Agricultural and Exhibition Centre (NAEC), Stoneleigh.**

**The children will enjoy singing, dancing, music and a mass picnic as over 12,000 pupils from across Warwickshire gather together with a view of inspiring hope, love and unity. In a fun and imaginative way, the event will remind children of their potential to be world changers.**

**This will take place on Thursday 15<sup>th</sup> June.**

**The event will be free of charge. More details to follow closer to the time.**

# Student Corner

Oak completed their SATs and wanted to share their treats with their reading buddies.



# Student Corner

Cedar enjoyed an ancient activity called Hapa-zome, beating leaves and flowers with hammers, pounding natural pigment into cloth. The Japanese term meaning 'leaf dye'.



## SEND events



# SEND Parents Warwickshire

A website for parents of pupils with special educational needs and disabilities to explore clubs, groups and activities.

<https://www.sendparentswarwickshire.com/newpage>

 mind Coventry and Warwickshire



<https://cwmind.org.uk/cass-children-and-young-people/>

## Information and Advice for Neurodivergent People and their Families

An e-booklet, aiming to improve the information and support available for neurodivergent people and their families, has been published and is available on the **news page of the Dimensions of Health and Wellbeing website**.

This e-booklet has been co-produced with neurodivergent people, their families and professionals across Coventry and Warwickshire. It provides a wealth of information all in one place about services and support available for those who are diagnosed or who self-identify as neurodivergent, and those who care for and support them.



Scan the QR code or visit <https://dimensions.covwarkpt.nhs.uk/News.aspx?NID=26>

Feedback is welcomed to enable improvements to this first version of the e-booklet. Please share any comments with [disabilitiescommissioning@warwickshire.gov.uk](mailto:disabilitiescommissioning@warwickshire.gov.uk)





## **SEND Newsletter - May**

In the May edition of the SEND newsletter, there is information on new webpages to support positive transitions, a Written Statement of Action update, information and support on neurodiversity and much more.

<https://mailchi.mp/warwickshire/send-may23-1212092?e=7a95476d4b>



## **Households in Warwickshire can apply for help with their energy costs**

The Household Support Fund is open on a first come first served basis until the end of July and can help with current energy debts, help to repair or replace broken boilers and heating systems or financial support to top up an oil or LPG tank.

Applicants must have a combined gross household income of less than £30,000 a year, have no savings and live with someone who has a vulnerability - such as a long-term health condition, pregnancy, free school meals etc. The vulnerability list does have an element of discretion so it's well worth applying if you think you might qualify.

<https://actonenergy.org.uk/project/warwickshire-hsf/>



## Connect for Health outdoor activity booklet

The Connect for Health outdoor activity booklet is full of games and activities that help children and young people play and explore local green spaces. The activities are easy to follow, creative and fun to do.

There are lots of lovely parks, woodlands and walks in Warwickshire that families can explore and play games along the way.

[https://mcusercontent.com/efc6fb025a420bf354133fa1f/files/90e045c9-130d-3c3c-79ed-a3f62494ff0c/Outdoor\\_activities\\_booklet\\_rebranded.pdf](https://mcusercontent.com/efc6fb025a420bf354133fa1f/files/90e045c9-130d-3c3c-79ed-a3f62494ff0c/Outdoor_activities_booklet_rebranded.pdf)

15 to 21 May 2023

## Mental Health Awareness Week



#ToHelpMyAnxiety

## Addressing anxiety for Mental Health Awareness Week

Anxiety is something that many people experience at some point during their lives, but for those who are struggling with it, there is help available.

Mental Health Awareness Week (15-21 May), organised by the [Mental Health Foundation](#), aims to raise awareness about mental health issues and promote positive mental wellbeing. This year's campaign is focused on anxiety. It hopes to shine a spotlight on this issue and help people recognise when it is getting out of control to seek support to manage it. For more information about the signs and symptoms of anxiety, visit the [MIND website](#).

<https://www.warwickshire.gov.uk/news/article/4187/addressing-anxiety-for-mental-health-awareness-week>



Period: 2022 to 2023  
Courses for Parents and  
those Caring for Children



Courses available online – via Zoom

**Understanding Emotional Regulation in School Aged Children** – 1 session – Wednesday 24<sup>th</sup> May 2023, 12:30pm to 2:30pm

Understanding ADHD- Free workshops for parents and guardians:

[Here](#)

Search out Warwickshire- links to clubs, courses and activities across Warwickshire:

<https://searchout.warwickshire.gov.uk/>

Sleep better programme:

<https://www.eventbrite.co.uk/o/warwickshire-children-and-families-17595309993>

If anyone has any twine or rope, we are looking for donations in forest school. Thank you.

Mrs Ward.



Understanding and Supporting Children and Young People with Emotionally Based School Avoidance – 1 session – Friday 9<sup>th</sup> June 2023, 10am to 12pm

Understanding Self-esteem in Children and Young People – 1 session – Monday 12<sup>th</sup> June 2023, 12:30pm to 2:30pm

Understanding and Supporting School Aged Children Who Self-harm – 1 session – Thursday 22<sup>nd</sup> June 2023, 10am to 12pm

Understanding Sensory Needs in School Aged Children – 1 session – Friday 30<sup>th</sup> June 2023, 10am to 12pm

Understanding Low Mood in Children and Young People – 1 session – Monday 3<sup>rd</sup> July 2023, 12:30pm to 2:30pm

Our Academy is not a School, College or Academy in the traditional sense of the word, you don't need to be academically minded to attend and there are no tests, exams or assessments. The Academy delivers a learning approach to personal recovery and wellbeing that is offered by a partnership of organisations across Coventry and Warwickshire. We offer a wide range of FREE courses and workshops designed to empower you to become an expert in your own recovery and wellbeing.

**For course descriptions and to enrol, please see website below:**



Online registration:

Visit: <https://www.recoveryandwellbeing.co.uk/>

Email: [Recovery.Academy@covwarkpt.nhs.uk](mailto:Recovery.Academy@covwarkpt.nhs.uk)

Call: 0300 303 2626

V2

## A reminder for parents about free school meals

Increased food and energy costs mean more parents are finding the cost of the weekly shop a challenge.

As we approach school holidays, it might be a good time for parents and guardians to check eligibility for free school meals. As one of the biggest school meal providers in Warwickshire, Educaterers wants to ensure that all school children are fed and happy when in school.

<https://www.warwickshire.gov.uk/education-learning/apply-free-school-meals>

# LEAVE OF ABSENCE DURING TERM TIME

## UPDATED INFORMATION FOR PARENTS

The Supreme Court clarified has clarified the law on unauthorised leave, including holidays, during term time (Platt v Isle of Wright 2017). The Supreme Court has made clear that attending school 'regularly' means that the children must attend school on every day that they are required to do so. As such, the parents of any child who is absent from school without authorisation for any length of time are likely to be considered as committing an offence under s444 of the Education Act 1996.

The regulations regarding Leave of Absence (The Education (Pupil Regulations) (England) Regulations 2006 as amended by Education (Pupil Regulations) (England) (Amendment) Regulations 2013.) advise:

- Head teachers **shall not grant any** Leave of Absence during term time **unless they consider** there are **exceptional** circumstances relating to the application.

If the leave is granted, Head teachers are able to determine the number of school days a child can be absent for.

It is for the Head teacher to decide what is 'exceptional' and it is at their discretion if the circumstances warrant the leave to be granted. When making an application for Leave of Absence in advance parents are advised to give sufficient information and time to allow the Head teacher the opportunity to consider all the exceptional circumstances and to notify parents of their decision. It is advised that if the resident parent has not received notification or a response regarding the leave of absence application, it is their responsibility to ascertain if the leave is authorised prior to the start of the leave.

The school can only consider Leave of Absence requests which are made by the 'resident' parent i.e. the parent with whom the child normally resides.

Where applications for leave of absence are made in advance and refused, the child will be required to be in school on the dates set out in the application. If the child is absent during that period, it will be recorded as an unauthorised absence, which may result in legal action being taken against the parent(s), by way of a Fixed Penalty Notice.

Where a leave of absence is requested, but additional days taken either prior to or after the request may be considered as part of the leave of absence and could result in a Fixed Penalty Notice being issued to the parent(s).

*Each application for a leave of absence will be considered on a case-by-case basis and on its own merits.*

Leave of Absences which are not made in advance cannot be authorised in line with legislation. This will result in the absence being recorded as 'unauthorised'. This may result in legal action against the parent, by way of a Fixed Penalty Notice. All matters of unauthorised absence relating to a Leave of Absence will be referred to the Warwickshire Attendance Service, part of Warwickshire County Council.]

**It is important to note**, Fixed Penalty Notices are issued to each parent of each absent child, (for example 2 children and 2 parents, means each parent will receive 2 invoices in the amount of £120 each, totalling £240 for both children, this is reduced to £60 per child if paid within 21 days).

Where a Fixed Penalty Notice is not paid within the required timeframe as set out on the notice, the matter will be referred to Warwickshire County Council's Legal Services to consider instigating criminal proceedings under S444 Education Act 1996.

# Spotlight on parenting support

## Nurture Programme

The 10-week Nurture Programme gives parents and carers practical tools and information to support them to raise happy, confident and emotionally resilient children. This programme is suitable for parents and carers of children up to 12-years-old.

The programme will cover many of the common parenting issues and offer advice that will help parents and carers gain confidence and develop insight by understanding why children behave as they do, recognising the feelings behind behaviour, exploring different positive parenting strategies to help guide behaviours, finding different ways to develop co-operation and emotional regulation in children and learning the importance of looking after yourselves as parents and carers.

The program is highly effective in improving the mental health outcomes for children and their parents.

On average 8/10 parents attending groups report a significant improvement in their child's behaviour and family life.

### **Read what parents have to say about the workshop...**

*"I've got more insight into my children's needs and have learnt to be more patient and listen more. My expectations of them are more realistic now than before."*

*"I learned how to change the way I communicate with my son to better support his understanding, and this has improved my relationship with him."*

*"I think about how I talk to my son now more, I take a breath before reacting, I'm not flying off the handle and shouting as much, I have learnt that his behaviour is communicating something to me and I need to look beyond what he's doing and more to why is he doing it."*

To check availability and book a workshop or programme in your area please go to [Eventbrite](#). [here](#)

If you have any questions, please do not hesitate to contact the team by emailing [ehparenttrainers@warwickshire.gov.uk](mailto:ehparenttrainers@warwickshire.gov.uk).

## Sleep Better programme

If you have a child with additional needs and sleep issues, bedtime can be tricky. Whether they struggle to communicate how they're feeling, have increased anxiety, sensory issues, or social cueing problems, sleeping well may be difficult.

The Sleep Better programme is suitable for parents and carers of children who are one year old and over who are struggling with bedtime routines, their child's sleeping patterns or bedtime as a whole.

The Sleep Better programme can support you to:

- Establish why your child isn't sleeping
- Learn about gentle methods to encourage better sleep habits
- Consider an improved bedtime routine
- Meet other parents/carers in the same situation
- Explore useful resources to aid sleep

The Sleep Better programme is delivered over 5 weeks and covers:

- Understanding sleep cycles
- Common sleep issues and strategies to manage these
- Establishing appropriate routines
- Keeping sleep diaries and interpreting the data
- Environments

To check availability and book a workshop or programme in your area please go to [Eventbrite](#).

If you have any questions, please do not hesitate to contact the team by emailing [ehparenttrainers@warwickshire.gov.uk](mailto:ehparenttrainers@warwickshire.gov.uk).

For information on the sleep better course and other courses see the link below.

<https://www.eventbrite.co.uk/o/warwickshire-children-and-families-17595309993>

# Community News



## Coventry and Warwickshire Community Support for Neurodivergent People and their Families

Information and advice for neurodivergent people and their families.

<https://dimensions.covwarkpt.nhs.uk/News.aspx?NID=26>

## Information and Advice for Neurodivergent People and their Families



Version one: July 2022



# **WIN A META QUEST 2 VR HEADSET**



- Tickets cost just £1 a week
- Win up to £25,000 every week
- Please help give our fundraising a boost
- Explore a world of virtual reality!

## **PLAY NOW:**

Scan the QR code or visit

[www.yourschoollottery.co.uk](http://www.yourschoollottery.co.uk)

And search for: Coughton C of E



Coughton C of E  
Primary School

# PTA

## Golf Day

The PTA are hosting a golf day. This will take place on 25<sup>th</sup> May at Hollywood Golf Club. For further information please contact the PTA via [coughtonpta@outlook.com](mailto:coughtonpta@outlook.com).

