



Be our best selves

COUGHTON

C of E Primary School

Issue 3

Key dates



Monday 28 th October – Friday 1 st November	Half Term – School closed to pupils
Friday 8 th November	PTA QUIZ night 7.30pm at school
Tuesday 12 th November	Reception phonics information meeting 4.30pm in HALL
Wednesday 13 th November	Year Six SATS information meeting (Teams) 6.30pm
Friday 15 th November	BBC Children In Need
Friday 22 nd November	Wear silly hair and bring in chocolate for Christmas fair
Wednesday 27 th November	Wreath making workshop PTA event hall
Friday 29 th November	Wear sports kit and bring in a jarbola
Friday 6 th December	School pantomime Wear a Christmas jumper and bring in a bottle
Saturday 7 th December	Christmas Fair Eric Payne Centre Alcester 12-3pm
Monday 23 rd December to Monday 6 th January 2025	Christmas Holidays
Monday 6 th January 2025	INSET Day – school closed to pupils
Monday 17 th – Friday 21 st February	Half term – school closed to pupils

Dear Families,

We have made it to the end of a long half term. There has been lots of amazing work produced in all year groups.

The harvest festival services were excellent. Thank you to all who donated produce. This went to The Arden Foodbank and in total we donated 54 kilograms of food. This is enough to provide over 70 extra meals for local families.

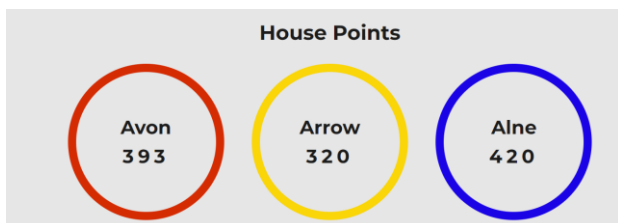
After half term there is lots going on as we head towards...Christmas. Keep an eye on the dates and events section.

In November we welcome Holly Smith to the team as a teaching assistant who will be working in Acer and Maple.

Thanks to those who made, bought or purchased cakes from the PTA bake sale to help to raise money for the school. Also thank you to those who supported The Poppy Appeal for Remembrance Sunday.

Head of School
Mr Alex Kolb

New virtue: Generosity



Coughton CE Primary School

Coughton CE Primary School
Coughton Lane
Coughton
B49 5HN
01789 762444

Important updates for Parents and Carers

Uniform

A reminder to name all clothing brought to school so that it can be easily returned to its owner. We are reminding children and allowing time at the end of the day for them to collect all of their things.

The second hand uniform stall in the PTA shelter is selling items for £1 each or online via <https://coughton-school-pta.sumupstore.com/>

Holiday / Leave of Absence Requests

All holiday requests will be unauthorised unless the circumstances are deemed exceptional by the Head of School. Should you wish to request leave of absence for your child(ren) please collect a form from the office.

Term dates 2024/25 can be found here:

<https://www.coughtonschool.org/term-dates/>

INSET DAYS

24/25- School,Closed For Children

Monday 2nd September

Friday 25th October

Monday 6th January

Monday 2nd June

Monday 21st July

Wraparound

We have a digital wraparound booking system. For details and to book a place please follow the link:

<https://coughton.childcare-online-booking.co.uk/>

Breakfast club from 7.30am,
after school club until 6pm
(Fridays until 5.30pm).



Churches of the Alcester Minster

LIVING LIFE IN ALL ITS FULLNESS
IN RURAL WARWICKSHIRE



We just want to say a big thank you to [Coughton CE Primary School](#) for your amazing donation of 54 kilos of food this harvest. Your generosity means we can provide over 70 extra meals for local people struggling to afford enough food for themselves or their families. Thank you so much for your kindness.
[#FightingHungerTogether](#)

Coughton C of E Primary School

**THANK YOU
FOR YOUR SUPPORT**



Our adults at home were asked to write something that is wonderful about us. Here is what they thought:

Coughton's Wonder wall





Rise information sessions for parents and carers

Did you know that Rise provide early support, information and guidance on many emerging mental health issues to children, young people, parents and carers?

Rise offer:

- 1-1 consultations with a clinician
- Training
- Themed coffee mornings focusing on areas of requested support.

<https://cwrise.com/for-parents/>



Ensure your smoke alarms are ready to protect

As part of the latest Fire Kills campaign, Warwickshire Fire and Rescue Service is reminding you residents about the importance of smoke alarms in saving lives.

In the event of fire, having working smoke alarms gives you time to get out, which is why it is so important to test them regularly to make sure they work.

For more safety tips, read the article below.

<https://www.warwickshire.gov.uk/news/article/5636/sound-the-alarm-ensure-your-smoke-alarms-are-ready-to-protect>



October half term holiday activities

Looking for something for the kids to do this October half term?

<https://api.warwickshire.gov.uk/documents/WCCC-829341009-464>

National Scams Awareness Week 2024

October 21st to October 27th is National Scams Awareness Week. It is important to be aware of the scams that many people are likely to fall for, particularly with the extended use of social media and online shopping.

Citizens Advice Senior Consumer Expert, Kate Hobson, provides five top tips for anyone who wants to know how to spot, stop and report scams.

https://www.casouthwarwickshire.org.uk/news/83/national_scams_awareness_week_2024



Counselling support for parents of children with additional needs

Entrust Care Partnership are able to offer parents and carers of children with additional needs the opportunity to access a confidential and discreet counselling service, with thanks to a team of volunteer counsellors.

If you would like support or to know more please

email selinaturner@entrustcarepartnership.org.uk.

<https://www.facebook.com/entrustcarepartnership/post/s/pfbid022Lsft1BkRh4khANaVrMmddeQ7gRKJ5Dw7D72kgksJDCrGdsVM5AuvfepKSkf2Gowl>



Supporting young people with wellbeing

The colder, darker months can have a negative effect on a person's mood, so it is an important time of year for everyone, especially children and young people, to look after their mental health.

View advice and guidance on how young people, supported by parents, carers and schools, can look after their mental health and wellbeing throughout the winter and beyond.

<https://www.warwickshire.gov.uk/news/article/5647/supporting-young-people-with-wellbeing>

Family Lives co-parenting after divorce or separation online course

This free Family Lives co-parenting after divorce or separation online course is for parents or carers who are separated or divorced and are looking for helpful tools to co-parent effectively.

The course provides tools and guidance to help you and the other parent work together effectively, putting your children's best interests first.

Modules on the course include the impact of separation, communication, resident and non-resident parents, self-care and managing new relationships.

<https://www.familylives.org.uk/how-we-can-help/online-parenting-courses/co-parenting-after-divorce-or-separation>

<https://www.eventbrite.co.uk/e/nuneaton-in-person-together-with-autism-conference-tickets-1017020354257?aff=ebdsoporgprofile>

Courses available online – via Zoom

Understanding and Supporting Children and Young People with Emotionally Based School Avoidance

Thursday 26th September 2024, 9:30 am to 11:30 am

Understanding Emotion Regulation in School Aged Children

Thursday 10th October 2024, 9:30 am to 11:30 am

Understanding and Supporting Children aged 3-11 Years with Anxiety

Thursday 24th October 2024, 9:30 am to 11:30 am

Understanding and Supporting Children Aged 12+ Years Anxiety

Thursday 7th November 2024, 9:30 am to 11:30 am

Understanding and Supporting School Aged Children Who Self-harm

Thursday 21st November 2024, 9:30 am to 11:30 am

Understanding Sensory Needs in School Aged Children

Thursday 5th December 2024, 9:30 am to 11:30 am

Understanding Low Mood in Children and Young People

Thursday 9th January 2025, 9:30 am to 11:30 am

Understanding Self-esteem in Children and Young People

Thursday 10th April 2025, 9:30 am to 11:30 am

Places on our sessions are subject to availability. To book your place please email risecommunityoffer@covwarkpt.nhs.uk

Please note: the sessions are available for Warwickshire residents only.

Parents and carers



Empower your parenting journey by joining insightful workshops and programmes

The Family and Relationship Support Team provide online guides, virtual and face to face workshops and programmes for parents and carers. Topics include sleep, behaviour, teenagers, nurture, boundaries and rules, and more.

<https://www.warwickshire.gov.uk/parentguides>

<https://www.eventbrite.co.uk/o/warwickshire-parenting-support-71623337213>



<https://www.ambitiousaboutautism.org.uk/>



<https://www.autismcentral.org.uk/midlands-delivered-content-and-ambitious-about-autism>



<https://us5.campaign-archive.com/?u=a24b439ef7022ae0d86f9ca6e&id=f8bc22402f>

<https://www.warwickshire.gov.uk/education-send/send-support-mainstream-education>

School anxiety

<https://www.bbc.co.uk/bitesize/articles/zdkn3qt#z2d346f>



Warwickshire Year 6 children are invited to apply for their secondary school place

Parents and carers of children who have just started in Year 6 are being asked to apply for their child's secondary school place by the deadline of 31 October 2024.

Last year, there were 7,172 children who applied for a Warwickshire secondary school place by the deadline, with 81% being offered their first-choice school and a further 14% being offered a place at another of their top three school choices.

LEAVE OF ABSENCE DURING TERM TIME UPDATED INFORMATION FOR PARENTS

The Supreme Court has clarified the law on unauthorised leave, including holidays, during term time (Platt v Isle of Wight 2017). The Supreme Court has made clear that attending school 'regularly' means that the children must attend school on every day that they are required to do so. As such, the parents of any child who is absent from school without authorisation for any length of time are likely to be considered as committing an offence under s444 of the Education Act 1996.

The law states a leave of absence may only be granted by a school if an application is made in advance and if it considers there are exceptional circumstances relating to the application.

Schools must judge each application individually considering the specific facts and circumstances and relevant background context behind each request.

A leave of absence is granted entirely at the school's discretion. Generally, a need or desire for a holiday or other absence for the purpose of leisure and recreation would not constitute an exceptional circumstance.

Where a leave of absence is granted, the school will determine the number of days a pupil can be absent from school.

When making an application for Leave of Absence parents are advised to give sufficient information and time to allow the

Head teacher the opportunity to consider all the exceptional circumstances and to notify parents of their decision. The school may also request further information on the application and supporting documentation where appropriate.

It is advised that if the resident parent has not received notification or a response regarding the leave of absence application, it is the parents' responsibility to ascertain if the leave is authorised prior to the start of the leave.

The school can only consider Leave of Absence requests which are made by the 'resident' parent ie the parent with whom the child normally resides.

Where applications for leave of absence are made in advance and refused, the child is expected to be in school on the dates set out in the application. If the child is absent during that period, it will be recorded as an unauthorised absence. Where a leave of absence is requested, but additional days taken either prior to or after the request may be considered as part of the leave of absence.

Leave of Absences which are not made in advance cannot be authorised in line with legislation. This will result in the absence being recorded as 'unauthorised'.

All matters of unauthorised absence relating to a Leave of Absence will be referred to the Warwickshire Attendance Service, part of Warwickshire County Council. Penalty Notices are issued in accordance with Warwickshire County Council's Code of Conduct for Penalty Notices and in the first instance, as an alternative to prosecution proceedings.

Leave of Absence taken in the academic year 2024-25

The law relating to Penalty Notices changed with effect from 19 August 2024. Therefore, Penalty Notices issued for Leave of Absence taken from September 2024 will be issued in accordance with the updated legislation.

Penalty Notices are issued to each parent of each absent child, (for example 2 children and 2 parents, means each parent will receive 2 invoices – 4 in total).

- First Leave of Absence offence: The Penalty Notice amount of £160 to be paid within 28 days, this is reduced to £80 each child if paid within 21 days.
- Second Leave of Absence offence within a 3 year period (from the date of issue of the first penalty notice): The amount of £160 paid within 28 days. No reduced amount.

Payment plans will not be offered and/or payments received outside of the 28 day period will not be accepted. Where a penalty notice expires unpaid the matter will be referred to Warwickshire County Council's Legal Services to consider criminal prosecution.

- Third Leave of Absence offence within a 3 year period (from the date of issue of the first penalty notice): A penalty notices will be not be issued and the matter will be referred to Warwickshire County Council's Legal Services to consider instigating criminal prosecution proceedings under S444 of Education Act 1996.

Your child's progress academically as well as socially is our shared priority.

2024/2025 Leave of absence

Leave of Absence taken in the academic year 2024-25

The law relating to Penalty Notices is due to change with effect from 1 September 2024. Therefore Penalty Notices issued for Leave of Absences taken after this date will be issued in accordance with the updated legislation.

- Penalty Notices are issued to each parent of each absent child, (for example 2 children and 2 parents, means each parent will receive 2 invoices – 4 in total).
 - First Leave of Absence offence: The Penalty Notice amount of £160 to be paid within 28 days, this is reduced to £80 each child if paid within 21 days.
 - Second Leave of Absence offence within a 3 year period (from the date of issue of the first penalty notice): The amount of £160 paid within 28 days. No reduced amount,
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Warwickshire Attendance Service

Key Dates- In advance

Sports Day:
26th June 2025 1pm

Grandparent Gardening Day:
8th May 2025

Engaging Science day
7th March 2025

Parents Evenings:
9th and 10th October Microsoft Teams (Online)
5th and 6th February 2025 (In person)

Christmas Fair:
Saturday 7th December 2024, 12-3pm (Eric Payne Centre)

DOGS

A reminder that Warwickshire Schools are dog free areas except for guide dogs or assistance dogs. Please do not to bring dogs on to the school site whether on leads or being carried in arms

Sports Updates



We have received an award from Barclays for 'Fair Access in Schools' providing fair access to sport for all.

Well done to the Y4 boys who played brilliantly against Bidford winning 2-1.



Sports Updates



Well done to the Y4/5 girls who played brilliantly at a recent tournament. They showed great teamwork and collaboration.

Well done to the Y6 girls who performed brilliantly at a recent tournament. Played 6, won 5 drew 1 conceding 0 goals along the way. They also beat Bidford 4-1 this week in a well contested fixture.



PTA



REMEMBER: ASDA Cashpot for Schools - finishes at the end of Nov!

We are really seeing the benefit of this fantastic initiative from Asda and now have over £100 in our 'cashpot'! The biggest thank you to everyone who has shopped there using the Rewards app! It's not too late to get involved... but be quick as it is only available until the 30th November.

Just download the Asda Rewards App, register and then sign in and opt in to utilise Cashpot for Schools. Choose Coughton and then we will get £1 for you simply signing up... then everytime you shop in store or online we will get 0.5% back of what you spend at no cost to you!

Back by popular demand!
Coughton C of E PTA are proud to present...

THE COUGHTON QUIZ NIGHT

Hosted by Quiz Master Kolb!



Teams of up to
6 for £30
(or 4 for £20)

Friday 8th Nov
7pm
School Hall

Bar and other
refreshments
available

Tickets at: <https://coughton-school-pta.sumupstore.com/>
or message committee@coughtonpta.co.uk for more info

Ages 6-16yrs



RUGBY CAMP

3 CAMPS IN 1 DAY!



ALCESTER RFC
TUESDAY 29 OCT 24
9AM - 3PM

Alcester Rugby Football Club,
 Birmingham Road, Kings
 Coughton, Alcester, B49 5QF

During half-term

OPEN TO BOTH MEMBERS AND NON-MEMBERS! EVERYONE IS WELCOME!



Alcester Give and Take

Bring along your unwanted toys, books and games.
 Pick up any that take your fancy.
 No need to bring an item to take one.
 A great way to find some Christmas gifts!



Saturday 9th November 10am - 12pm
 Alcester Baptist Church
 Church Street, Alcester
 B49 5AJ

For more information contact alcestergiveandtake@hotmail.com

CAMPS

JUMP ON COURT THIS HOLIDAY FOR SOME FUN TENNIS & SPORTS ACTIVITIES. WHATEVER YOUR LEVEL THERE'S SOMETHING FOR EVERYONE!

Scan the QR code to book into one of our camps at your local club today!



JUNIOR PROGRAMME POWERED BY **LTA YOUTH**

SUPPORTED BY



For further information visit inspire2coach.co.uk | Follow us: @ f t v



Positively online

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-wellbeing/positively-online/quiz/>

Can you help?

We are looking to develop our lunchtime play provision by introducing some 'loose parts' play. Do you have any of the following (or similar) items you could donate?

Good quality pallets

Large drainage pipes

Clean tarpaulins

Scaffold planks

Large wooden cable reels

Dressing up clothes

Toy cars, blocks, small world play figures...

If you have any other resources you think might be suitable, please get in touch!



THANK YOU!



Protective Behaviours

– what's that?



Protective Behaviours (PBs) is an internal process where each person applies the ideas to their own unique experience. This paper looks at what Protective Behaviours is and some of its uses. It is intended as an information paper with the hope the reader will see its relevance to their specific interests and will then attend training.

The PBs process is presented here as separate sections. In practice, all interact and support each other - to take one section out leaves the others incomplete.

Unwritten rules of society

We see how certain rules of society have a powerful influence on our choices of behaviour. Whilst these rules can be positive and help guide our interactions, many of them tell us we should, ought, or must behave in a particular way. For instance, children should do as adults tell them; professionals should always have the answer; men should not show their feelings and women should behave in a ladylike manner. These rules are not written down, are often contradictory and may not fit with our own experience. During training we look at their function, how they develop, their effects and why we may choose to follow them or not.

Feelings, Thoughts and Behaviours

During this session we look at the interaction between our feelings, thoughts and behaviour. We see that feelings are feelings, neither right nor wrong, good nor bad, positive nor negative. Some people seem to mask one feeling with another or use behaviour as a way of avoiding or covering feelings. We look at how behaviour is a choice with an effect. These effects may involve others as well as ourselves. Sometimes we do not know what our choices are or they may be limited by factors we cannot change. Once we are in touch with our feelings it helps free us to use our thinking. Our thinking can influence both our feelings and behaviour.

Theme 1 'We all have the right to feel safe all the time'

We explore this theme in detail, carefully looking at the connection between rights and responsibilities. We also take the concepts of blame and punishment out of commonly held ideas associated with responsibilities. Instead we focus on the 'ability to respond' contained within the meaning of the word. The difference between having a responsibility for ourselves and to others is also examined. Next we discover for ourselves the difference between feeling safe, fun to feel scared (adventurous), risking on purpose (which may not feel like fun but we want the goal at the end) and feeling unsafe. These differences are recognised by what we call our 'Early Warning Signs' (EWS), the specific bodily responses which tell us when we do not feel safe. These universal body signs mean Protective Behaviours is accessible to all people, irrespective of age, gender, sexuality, nationality, ability or belief system.

Theme 2 'We can talk with someone about anything, even if feels awful or small'

This theme is also explored in detail. In particular we focus on the ideas and effects of 'talking', and what might happen if we do not believe this theme. We encourage everyone to develop their personal networks of support; those people they could turn to if in need. Desired qualities of network people are identified and we examine how we would know if someone has these qualities. Types of networks and ways of letting people know we need to talk with them are also explored.



<https://www.warwickshire.gov.uk/parentguides>

Dimensions Toolkit

Helping to understand children and best ways to support their needs.



What are the Dimensions?

- Worrying and Anxiety
- Mood
- Sleep
- Relationships
- Loss and Grief
- Sensory Responses
- Education, Training or Work
- Addictions
- Eating
- Supportive Environments

<https://dimensions.covwarkpt.nhs.uk/>



Free guides, workshops and programmes for parents and carers

The [online courses](#) are designed to increase the confidence of parents-to-be, mums, dads, grandparents, and carers. All the courses can be completed flexibly, at your own pace. The courses are FREE for Warwickshire residents using the access code **BEAR**.

View the range of virtual and face to face workshops and programmes on the [Warwickshire Family and Relationship Support Eventbrite page](#) and make sure to follow to keep up with new updates.

There's also a selection of other online and face-to-face [courses for parents](#), covering a wide range of topics.