



Be our best selves

COUGHTON

C of E Primary School

Issue 13

Coughton CE Primary School

Key dates



Dear Families,

I hope that you had a lovely Easter break and were able to spend some family time together.

Now we enter a very busy final term to showcase all of the hard work and effort that the children have put in this year. We also begin our transition programmes as we support children with the next steps in their educational journeys.

It was great to see so many families at our Easter services before we broke up and it was also brilliant seeing so many people attend the quiz night last Friday. We look forward to welcoming families to school for children to share their books with you.

The Christian virtue that we will be exploring during worships this half term is truthfulness.



Head of School
Mr Alex Kolb



Well done Avon.

Monday 1 st May	BANK HOLIDAY
Thursday 4 th May Friday 5 th May Monday 8 th May	Polling Day- school open Coronation lunch Coronation- Bank holiday
Tuesday 9 th May- Friday 11 th May	Y6 SATS WEEK
Friday 12 th May	Oak parents can come into school to view book with children from 2pm.
Monday 15 th May	Cedar parents can come into school to view book with children from 2pm.
Tuesday 16 th May	Willow parents can come into school to view book with children from 2pm.
Wednesday 17 th May	Acer parents can come into school to view book with children from 2pm.
Thursday 18 th May	Ash parents can come into school to view book with children from 2pm.
Friday 19 th May	Birch parents can come into school to view book with children from 2pm.
Monday 22 nd May	Wellbeing day- pupils to wear non uniform
Monday 22 nd May	Maple parents can come into school to view books with children from 2pm.
Friday 26 th May	Grandparents gardening day
29 th May- 2 nd June	HALF TERM

Coughton CE Primary School
Coughton Lane
Coughton
B49 5HN
01789 762444

Key dates after Easter

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Friday 26 th May	Grandparents gardening day
29 th May- 2 nd June	HALF TERM
Monday 5 th June	INSET DAY- SCHOOL CLOSED TO PUPILS

Horrible Histories Day

When: Friday 26th May

What: Children can come to school dressed as a Historical character if they wish. Will be a History themed day of learning for children.

Important updates for Parents and Carers

Uniform

A reminder that children should not be wearing trainers to school on the days that they do not have PE or forest school. Outdoor PE kits are dark tracksuit bottoms, red or dark jumper and trainers.

The second hand uniform shop is located in the parent gazebo with items for sale for £1.

Holiday / Leave of Absence Requests

All holiday requests will be unauthorised unless the circumstances are deemed exceptional by the Head of School. Should you wish to request leave of absence for your child(ren) please collect a form from the office.

Snacks – Year 3-6

Children in Year 3-6 can bring a snack into school for break time. This snack needs to be fruit or veg please.

Suggestions: a piece of fruit, vegetable sticks, dried fruit.

Please don't provide food containing nuts.

Fruit is provided for Maple, Birch and Ash



We also have additional fruit available for pupils in Key Stage 2 should this be required.

Wraparound

If you would like to book please contact the office:

admin3021@welearn365.com

Morning slots run from 7.30am from Reception up to year 6. After school slots are up until 6pm (5.30pm on Fridays.)

Hygiene

We have seen a rise in the number of bugs and viruses within school.

Please encourage good hygiene practices such as washing hands before mealtimes, coughing into elbows and blowing noses, discarding tissues in the bin



Alive 2023

All pupils in Key Stage 2 will be attending Alive 2023. This will take place at National Agricultural and Exhibition Centre (NAEC), Stoneleigh.

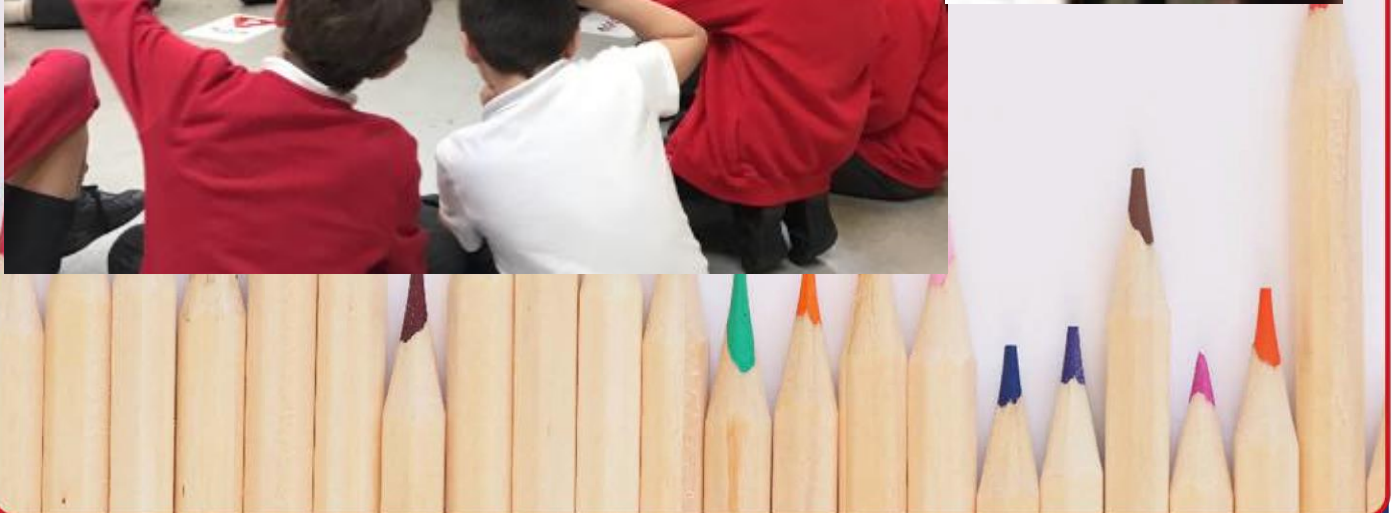
The children will enjoy singing, dancing, music and a mass picnic as over 12,000 pupils from across Warwickshire gather together with a view of inspiring hope, love and unity. In a fun and imaginative way, the event will remind children of their potential to be world changers.

This will take place on Thursday 15th June.

The event will be free of charge. More details to follow closer to the time.

Student Corner

Willow and Oak enjoyed a workshop with Loudmouth theatre company to look at keeping safe online.



Student Corner

I will put in the box
the ping of her awesome arrow on a
sizzling scarlet night,
her clapping glossy wings as soft as
cotton swayed in the moonlight,
the goldness of the headdress that
twists and in the magnificent moor,
the courageousness of a powerful
goddess of love and war.

I will put in the box
the boom of the sun rising up behind him,
a drop of juice and justice,
the brightening beam that shines to
help plants and crops grow.

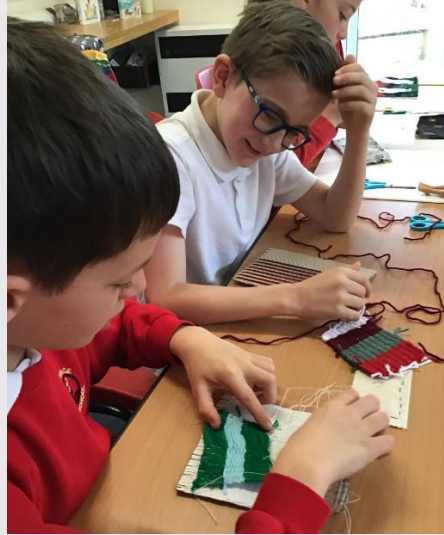
Acer have been creating a class poem and have been exploring the use of language on how it makes the reader feel.



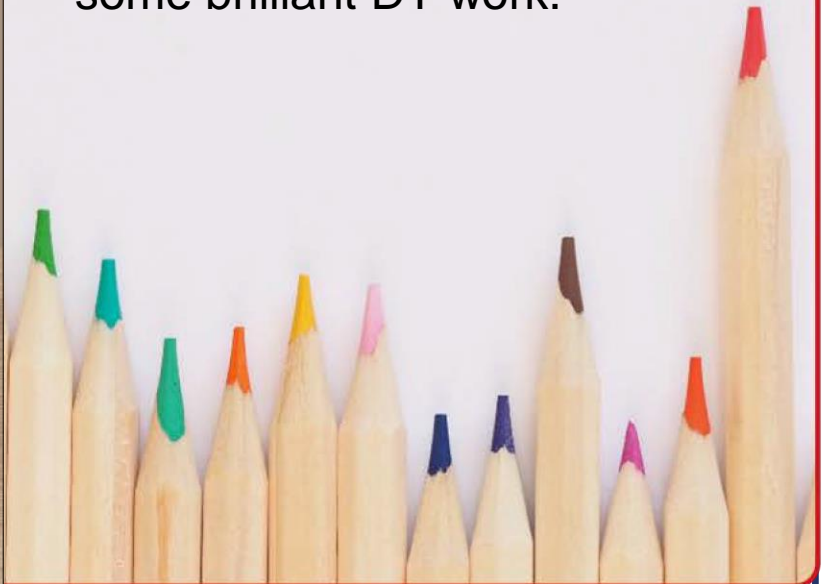
Birch have been using objects to create arrays in maths.



Student Corner



Willow have been doing some brilliant DT work.



SEND events



SEND Parents Warwickshire

A website for parents of pupils with special educational needs and disabilities to explore clubs, groups and activities.

<https://www.sendparentswarwickshire.com/newpage>

 mind Coventry and Warwickshire



<https://cwmind.org.uk/cass-children-and-young-people/>

Information and Advice for Neurodivergent People and their Families

An e-booklet, aiming to improve the information and support available for neurodivergent people and their families, has been published and is available on the **news page of the Dimensions of Health and Wellbeing website**.

This e-booklet has been co-produced with neurodivergent people, their families and professionals across Coventry and Warwickshire. It provides a wealth of information all in one place about services and support available for those who are diagnosed or who self-identify as neurodivergent, and those who care for and support them.



Scan the QR code or visit <https://dimensions.covwarkpt.nhs.uk/News.aspx?NID=26>

Feedback is welcomed to enable improvements to this first version of the e-booklet. Please share any comments with disabilitiescommissioning@warwickshire.gov.uk





Put a spring in your child's step

Warwickshire County Council continues its series of spring health messages with some advice for families around creating healthy habits with children.

There is lots to look forward to in Spring, getting out in nature and appreciating colourful flowers, blue skies, the smell of cut grass and, if we're lucky, some warmer weather. It also presents a good time for people to think about fresh starts and spring cleaning at home and in their lives.

<https://www.warwickshire.gov.uk/news/article/4089/put-a-spring-in-your-child-s-step>

Citizen's Advice

If you need advice or if you're worried about the cost of living, Citizen's Advice is here to help.

Across Warwickshire, the new service will be operating (from 3 April), Monday – Friday 9am – 5pm, through the freephone number 0808 250 5715.

Citizen's Advice also provides an out of hours service on Monday evenings, 5pm – 7pm, for people who are unable to contact during the day through the freephone number 0800 995 6047.

<https://www.citizensadvice.org.uk/>

Supporting Children's Sleep

Being able to get a good night's sleep is important for children (and ourselves!) but may prove challenging.

Entrust Care Partnership are delighted to be offering this **free online** workshop with Sarah Hodgkins, an experienced CAMHS Occupational Therapist from Toward Wellbeing.



This workshop will help you...

- increase your understanding of the science of sleep
- learn how to support your brains and bodies in getting more restful nights
- explore tools and strategies that may be beneficial in helping children and ourselves sleep well and wake feeling refreshed

Tuesday 2nd May 2023
10am – 12 noon

Please register your interest with Lynne Barton as below

Lynne Barton : lynnebarton@entrustcarepartnership.org.uk
Tel : 07712 326273



Web: entrustcarepartnership.org.uk
Email: info@entrustcarepartnership.org.uk
Tel: 01926 612748



Connect for Health outdoor activity booklet

The Connect for Health outdoor activity booklet is full of games and activities that help children and young people play and explore local green spaces. The activities are easy to follow, creative and fun to do.

There are lots of lovely parks, woodlands and walks in Warwickshire that families can explore and play games along the way.

https://mcusercontent.com/efc6fb025a420bf354133fa1f/files/90e045c9-130d-3c3c-79ed-a3f62494ff0c/Outdoor_activities_booklet_rebranded.pdf

<https://www.warwickshire.gov.uk/news/article/4118/celebrate-the-coronation-in-the-great-outdoors-at-warwickshires-country-parks>



Celebrate the Coronation in the great outdoors at Warwickshire's Country Parks

Warwickshire's Country Parks are set to be the perfect destination to celebrate the coronation of King Charles III.

With free parking and a range of activities planned at country parks and greenways throughout the county, there is something for everyone to get involved with the weekend of celebrations.

Throughout the bank holiday weekend at Kingsbury Water Park and Ryton Pools Country Park, families will be able to enjoy royal-themed trails in which children can search for clues, with those who complete the trail to be entered into a prize draw to win a toy swan. The remaining country parks and greenways will be hosting self-led coronation trails in which children can search for pebbles featuring royal-themed designs.



Warm Hubs in Warwickshire

[Warwickshire Libraries](#) are open throughout the week, with events taking place. They also provide Warm Bags (containing a blanket, hat, scarf, hot water bottle and gloves) and Toiletry Bags (3 options available; sanitary products, hygiene products for children and hygiene products for adults), while stocks last.

[Market Hall Museum, Warwick](#), is hosting events, activities, and additional opening hours.

[Warwickshire County Records Office](#) is open every Wednesday between 16.30 – 18.30 until the end of March.

Enjoy hot drinks, warm snacks, access to WiFi and computers. You can also access online family history resources and expert advice on using them.

[Warwick Arts Centre](#) is open 09.00 – 21.00 everyday and has access to toilets, Changing Space and free sanitary products and nappies. Free activities are also available.

[Warwickshire Fire and Rescue Service](#) wholetime fire stations Warm Hubs are located at Atherstone (Mondays 14.00 – 16.00), Coleshill (Fridays 10.00 – 12.00), Leamington (Thursdays 10.00 – 12.00), Nuneaton (Tuesdays 10.00 – 12.00) and Rugby (Wednesdays 10.00 – 12.00).



Period: 2022 to 2023
Courses for Parents and
those Caring for Children



Courses available online – via Zoom

Understanding and Supporting Children Aged 3-11 Years with Anxiety – 1 session – Monday 8th May 2023, 10am to 12pm

Understanding Sensory Needs in School Aged Children – 1 session – Saturday 13th May 2023, 9am to 11pm
(Saturday course)

Understanding Low Mood in Children and Young People – 1 session – Saturday 13th May 2023, 12pm to 2pm
(Saturday course)

Understanding Self-esteem in Children and Young People – 1 session – Saturday 13th May 2023, 2:30pm to 4:30pm
(Saturday course)

Understanding and Supporting Children Aged 12+ Years with Anxiety – 1 session – Thursday 18th May 2023, 12:30pm to 2:30pm

Understanding Emotional Regulation in School Aged Children – 1 session – Wednesday 24th May 2023, 12:30pm to 2:30pm

Understanding ADHD- Free workshops for parents and guardians:

[Here](#)

Search out Warwickshire- links to clubs, courses and activities across Warwickshire:

<https://searchout.warwickshire.gov.uk/>

Sleep better programme:

<https://www.eventbrite.co.uk/o/warwickshire-children-and-families-17595309993>

Understanding and Supporting Children and Young People with Emotionally Based School Avoidance – 1 session – Friday 9th June 2023, 10am to 12pm

Understanding Self-esteem in Children and Young People – 1 session – Monday 12th June 2023, 12:30pm to 2:30pm

Understanding and Supporting School Aged Children Who Self-harm – 1 session – Thursday 22nd June 2023, 10am to 12pm

Understanding Sensory Needs in School Aged Children – 1 session – Friday 30th June 2023, 10am to 12pm

Understanding Low Mood in Children and Young People – 1 session – Monday 3rd July 2023, 12:30pm to 2:30pm

Our Academy is not a School, College or Academy in the traditional sense of the word, you don't need to be academically minded to attend and there are no tests, exams or assessments. The Academy delivers a learning approach to personal recovery and wellbeing that is offered by a partnership of organisations across Coventry and Warwickshire. We offer a wide range of FREE courses and workshops designed to empower you to become an expert in your own recovery and wellbeing.

For course descriptions and to enrol, please see website below:



Online registration:

Visit: <https://www.recoveryandwellbeing.co.uk/>

Email: Recovery.Academy@covwarkpt.nhs.uk

Call: 0300 303 2626

V2

A reminder for parents about free school meals

Increased food and energy costs mean more parents are finding the cost of the weekly shop a challenge.

As we approach school holidays, it might be a good time for parents and guardians to check eligibility for free school meals. As one of the biggest school meal providers in Warwickshire, Educaterers wants to ensure that all school children are fed and happy when in school.

<https://www.warwickshire.gov.uk/education-learning/apply-free-school-meals>

LEAVE OF ABSENCE DURING TERM TIME

UPDATED INFORMATION FOR PARENTS

The Supreme Court clarified has clarified the law on unauthorised leave, including holidays, during term time (Platt v Isle of Wright 2017). The Supreme Court has made clear that attending school 'regularly' means that the children must attend school on every day that they are required to do so. As such, the parents of any child who is absent from school without authorisation for any length of time are likely to be considered as committing an offence under s444 of the Education Act 1996.

The regulations regarding Leave of Absence (The Education (Pupil Regulations) (England) Regulations 2006 as amended by Education (Pupil Regulations) (England) (Amendment) Regulations 2013.) advise:

- Head teachers **shall not grant any** Leave of Absence during term time **unless they consider** there are **exceptional** circumstances relating to the application.

If the leave is granted, Head teachers are able to determine the number of school days a child can be absent for.

It is for the Head teacher to decide what is 'exceptional' and it is at their discretion if the circumstances warrant the leave to be granted. When making an application for Leave of Absence in advance parents are advised to give sufficient information and time to allow the Head teacher the opportunity to consider all the exceptional circumstances and to notify parents of their decision. It is advised that if the resident parent has not received notification or a response regarding the leave of absence application, it is their responsibility to ascertain if the leave is authorised prior to the start of the leave.

The school can only consider Leave of Absence requests which are made by the 'resident' parent i.e. the parent with whom the child normally resides.

Where applications for leave of absence are made in advance and refused, the child will be required to be in school on the dates set out in the application. If the child is absent during that period, it will be recorded as an unauthorised absence, which may result in legal action being taken against the parent(s), by way of a Fixed Penalty Notice.

Where a leave of absence is requested, but additional days taken either prior to or after the request may be considered as part of the leave of absence and could result in a Fixed Penalty Notice being issued to the parent(s).

Each application for a leave of absence will be considered on a case-by-case basis and on its own merits.

Leave of Absences which are not made in advance cannot be authorised in line with legislation. This will result in the absence being recorded as 'unauthorised'. This may result in legal action against the parent, by way of a Fixed Penalty Notice. All matters of unauthorised absence relating to a Leave of Absence will be referred to the Warwickshire Attendance Service, part of Warwickshire County Council.]

It is important to note, Fixed Penalty Notices are issued to each parent of each absent child, (for example 2 children and 2 parents, means each parent will receive 2 invoices in the amount of £120 each, totalling £240 for both children, this is reduced to £60 per child if paid within 21 days).

Where a Fixed Penalty Notice is not paid within the required timeframe as set out on the notice, the matter will be referred to Warwickshire County Council's Legal Services to consider instigating criminal proceedings under S444 Education Act 1996.



Thinking of a career in teaching?

You could train at
The Arden Forest Teaching School!

Welford on Avon Primary School is committed to supporting the training of new teachers coming into the profession.

Welford on Avon Primary School lead the Arden Forest School Direct programme in partnership with local primary schools and the University of Worcester. We provide placements and training opportunities within our community of schools for those training to teach through the School Direct teacher programme.

School Direct is a school-based teacher training programme that offers a great opportunity to train, qualify and gain employment as a teacher.

If you want to find out more about life as a teacher before you apply, please contact us to arrange a 'taster day' or some voluntary experience in school.

We are recruiting now to find out about the recruitment process please call to speak to us or visit our Arden Forest Teacher Training link on our school website:

www.welfordonavonschool.co.uk

"As a partnership of schools, we are fully committed to offering the best possible support and training to grow the next generation of teachers. We have a wealth of experience and expertise in supporting those new to the profession and feel that our School Direct programme will give teachers the best possible start in their career."

**Julie Leeman - Headteacher
(Welford on Avon Primary School)**



www.ardenforestschooldirect.co.uk

Spotlight on parenting support

Nurture Programme

The 10-week Nurture Programme gives parents and carers practical tools and information to support them to raise happy, confident and emotionally resilient children. This programme is suitable for parents and carers of children up to 12-years-old.

The programme will cover many of the common parenting issues and offer advice that will help parents and carers gain confidence and develop insight by understanding why children behave as they do, recognising the feelings behind behaviour, exploring different positive parenting strategies to help guide behaviours, finding different ways to develop co-operation and emotional regulation in children and learning the importance of looking after yourselves as parents and carers.

The program is highly effective in improving the mental health outcomes for children and their parents.

On average 8/10 parents attending groups report a significant improvement in their child's behaviour and family life.

Read what parents have to say about the workshop...

"I've got more insight into my children's needs and have learnt to be more patient and listen more. My expectations of them are more realistic now than before."

"I learned how to change the way I communicate with my son to better support his understanding, and this has improved my relationship with him."

"I think about how I talk to my son now more, I take a breath before reacting, I'm not flying off the handle and shouting as much, I have learnt that his behaviour is communicating something to me and I need to look beyond what he's doing and more to why is he doing it."

To check availability and book a workshop or programme in your area please go to [Eventbrite](#). [here](#)

If you have any questions, please do not hesitate to contact the team by emailing ehparenttrainers@warwickshire.gov.uk.

Sleep Better programme

If you have a child with additional needs and sleep issues, bedtime can be tricky. Whether they struggle to communicate how they're feeling, have increased anxiety, sensory issues, or social cueing problems, sleeping well may be difficult.

The Sleep Better programme is suitable for parents and carers of children who are one year old and over who are struggling with bedtime routines, their child's sleeping patterns or bedtime as a whole.

The Sleep Better programme can support you to:

- Establish why your child isn't sleeping
- Learn about gentle methods to encourage better sleep habits
- Consider an improved bedtime routine
- Meet other parents/carers in the same situation
- Explore useful resources to aid sleep

The Sleep Better programme is delivered over 5 weeks and covers:

- Understanding sleep cycles
- Common sleep issues and strategies to manage these
- Establishing appropriate routines
- Keeping sleep diaries and interpreting the data
- Environments

To check availability and book a workshop or programme in your area please go to [Eventbrite](#).

If you have any questions, please do not hesitate to contact the team by emailing ehparenttrainers@warwickshire.gov.uk.

For information on the sleep better course and other courses see the link below.

<https://www.eventbrite.co.uk/o/warwickshire-children-and-families-17595309993>

Community News



Coventry and Warwickshire Community Support for Neurodivergent People and their Families

Information and advice for neurodivergent people and their families.

<https://dimensions.covwarkpt.nhs.uk/News.aspx?NID=26>

Information and Advice for Neurodivergent People and their Families



[here](#)

Version one: July 2022



PTA

Golf Day

The PTA are hosting a golf day. This will take place on 25th May at Hollywood Golf Club. For further information please contact the PTA via coughtonpta@outlook.com.

