



Coupe Green
Primary School
HOUGHTON

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Physical Education Long Term Overview

2023 - 2024



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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Acorn	Fundamental Movement Skills 1	FMS: How to Catch a Star	FMS: Hungry Caterpillar	FMS: Jack and the Beanstalk	FMS: Rumble in the Jungle	FMS: Seaside
Oak	Fundamental Movement Skills - Lost and Found - Catching and Bouncing a ball	Gymnastics	Dance: Fire Fire	Games: Zog	Games: Supertato	Athletics
		FMS: Underarm Throw	FMS: Rolling a ball	FMS: Kicking	FMS: Tri Throlf	FMS: Overarm Throw
Elm	Fundamental Movement Skills - Playground Games - Bounce Ball	Dance: Moving Along	Gymnastics	Gymnastics: Jack and the Beanstalk	Games: Net and Wall	Athletics And Games (Striking and Fielding)
		Fundamental Movement Skills				
Ash	Net and Wall: Core Task 1 and Swimming	Gymnastics and Swimming	Dance: The Great Plague and Swimming	Invasion Games: Netball and Swimming	O.A.A: Teamwork and Problem Solving and Swimming	Athletics and Swimming
Maple	Invasion Games: Basketball (2 sessions)	Gymnastics (2 sessions)	Dance: Ironman	Net and Wall: Tennis (2 sessions)	O.A.A: Trust and Trails and Striking and Fielding: Cricket	Athletics and Striking and Fielding
Elder	Net and Wall: Tennis and Invasion Games: Basketball	Dance: Heroes and Villians and Invasion Games: Rugby 1	Gymnastics and Invasion Games: Rugby 2	Invasion Games: Football and Striking and Fielding: Cricket	Dance: Seaside and O.A.A: Teamwork and Problem Solving	Athletics and Striking and Fielding: Rounders

