

Welcome to Reception: Meet the School Nursing Service



Welcome and Introductions



Who Are We?



- The School Health Team are part of Lancashire's Healthy Young People and Families Service, which is delivered by HCRG Care group.
- The School Health team are responsible for delivering the Department of Health recommended Healthy Child Programme.
- Our team consists of School Nurses, Community Staff Nurses and Healthy Family Support Workers. We work together to support and improve the health and wellbeing of every child aged 5 to 19 years.
- We work in partnership with schools, GP's, Children's social care and the Children & Families Wellbeing team to support the needs of children, young people and their families



What We offer to Everyone



- Prevention and early intervention
- Health Needs Questionnaires in Reception, Year 6 and Year 9.
- Signposting to other services
- Key health priorities including healthy lifestyles, such as healthy eating and weight
- Health promotion advice and activities
- National Child Measurement Programme in Reception and Year 6



We can provide additional support for:



- Emotional health and wellbeing
- Healthy lifestyles
- Bladder and Bowel concerns
- Sleep Issues
- Behaviour
- Supporting complex and additional health and wellbeing needs
- Transition through services.
- School Drop In Sessions



Reception Year Programme



National Child Measurement Programme

- Parents and carers will be sent information about the visits that the school nurse makes to the school and permission will be sought for the National Child Measurement Programme when this takes place. The team will deliver the National Health Management Programme in reception and year 6



School Health Needs Assessment

- They will also undertake a School Health Needs Assessment questionnaire in reception completed by parents. The purpose of the questionnaire is to identify any additional needs or concerns that may require support from our services, or appropriate signposting to other services



Moving into Primary School, some useful tips:

As your child now moves forward into a Primary School setting, it is a good time to encourage independent skills i.e.

- Encourage your child with getting dressed / getting changed independently – (putting coat on, putting shoes on the right feet etc. – (Helps with PE, Break and Home times)
- Encourage your child with self-help skills: opening yoghurt pots, lids on drinks etc
- Toileting, encourage independence



How to access support from your School Health Team



- School are able to complete a referral form to request support from the School Health Team with your consent

OR

- Parents can contact our dedicated school nurse duty line Mon-Fri – 9-5pm on 0300 247 0040



Thank you for listening, any Questions ?



Lancashire Health Visiting and School Nursing Service



Please scan the QR code to go directly to our website for further resources and information.



Mobile Rocket Health App

Parents/Carers, Young People and Professionals can now have instant access to health, advice and support on their mobile phones by downloading our new health app. Go to with App Store or Google Play and search Lancs Child and Family or you can scan the QR codes.



Download our **NEW** app today!

Get instant access to health and wellbeing information and advice for you and your family.

Scan the QR Code or search for 'Lancashire Child and Family'



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Contact Information

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