



## PHYSICAL EDUCATION POLICY

### Introduction

Coupe Green Primary School recognises the vital contribution of physical education (PE) to a child's physical, cognitive, social and emotional development, as well as the role it can play in relation to a child's spiritual, moral and cultural development. PE is an integral part of the curriculum to be enjoyed by all children. Physical Education and sport are important in giving children the knowledge, understanding and the tools to make informed choices about healthy living and have a positive impact on their own health and well-being. PE is a real opportunity for both teachers and children to consolidate and work on the values that underpin every aspect of school life.

### Aims of P.E

At Coupe Green Primary School we aim to:

- Provide a balanced and broad curriculum which caters for the different strengths, needs and preferences of each child.
- Increase children's self-confidence in relation to their ability to manage themselves and their bodies within a variety of movement situations
- Ensure that all children reach their full potential within the limit of their own physical ability, gender and cultural background. Provide a variety of opportunities for children to develop a sense of personal achievement, fair play, sportsmanship and teamwork.
- Develop the ability for children to be encouraged to join clubs and organisations with the aim of extending their interest and involvement in sport.
- Ensure that children are taught about the importance of a healthy lifestyle and what factors contribute to one and promote a positive attitude to PE.
- Increase participation in competitive sport.
- Ensure the Sports Premium Funding is sufficiently allocated to ensure maximum benefit to the children and staff. The aim is to ensure that teachers work alongside PE specialists and sports coaches to increase confidence, knowledge and skills in teaching PE and sport. This will be reviewed on an annual basis and the breakdown will be published on the school website.

### The PE Curriculum

- In EYFS, opportunities are provided on a daily basis for children to develop their gross motor and fine-motor control and coordination through a range of different activities using a range of equipment. In addition to this children have a structured PE lesson for at least two hours per week.
- Pupils in KS1 and KS2 engage in two hours of high quality PE each week. For KS1 pupils, the curriculum focuses on developing fundamental movement skills to develop agility, balance and coordination, individually and with others. During KS2, pupils will be taught to continue to apply and develop a broader range of skills which include a range of invasion, net/wall and fielding and striking games as well as gymnastics, dance, athletics and swimming. Children in KS2 will be taught ways of communicating, collaborating and competing with each other. Through observations and feedback children will develop an understanding of how to improve in different physical activities and sports, and learn how to evaluate and recognise their own success and that of others.

## **Swimming**

- Swimming lessons will be compulsory for all children in Key Stage Two. Lessons are provided by the Local Authority employed swimming coaches at Bamber Bridge Leisure Centre.
- Children unable to meet the minimum requirements set out in the National Curriculum will be provided with additional swimming lessons which will be funded through the school's Sports Premium allocation.

## **Differentiation**

Lessons are differentiated using the principals of STEP.

S= change the space available

T= change the time allowed

E= change the equipment

P= change the people

Some children with particular needs may require different activities, for example a particular focus on fine motor skills or fundamental movement skills.

At Coupe Green, we support children who are more able; should a child require time away from school to compete in sporting activities either at County or National level, we will work alongside parents to ensure that children are sufficiently supported to reach their full potential.

## **Equality, Diversity and Accessibility**

All pupils will access a broad and balanced PE curriculum, which meets the specific needs of individuals and groups of people, including those who have diverse special educational needs, who are disabled, who have English as an additional language (EAL) and who are gifted and talented. This will be carried out by effective lesson planning, delivery and assessment and using support staff and appropriate resources.

## **Monitoring and Evaluation Subject monitoring**

Subject monitoring including the monitoring of general PE and sport activity and the use and impact of the Sports Premium will be carried out by the PE Subject Leader with the support of Head Teacher, using the following strategies:

- Observation of teaching and learning
- Tracking and assessing pupil progress and achievement, taking into account specific groups, including special educational needs and pupil premium children
- Obtaining views of pupils and staff
- Analysis of records of club attendance and individual tracking of pupils' attendance and participation in extracurricular activities and competition

Assessment of learning will be made through medium term (summative) assessments and longer term (formative) assessments.

## **Health and Safety**

The aim at Coupe Green Primary School is to manage risks in accordance with the guidelines in the 'Safe Practice in Physical Education and School Sport' (afPE 2012) and the PE Subject Leader will report any concerns to the school's Health and Safety Officer. Also, all staff have a duty of care to ensure that pupils

can actively participate without endangering themselves or those working around them. Every teacher has procedures in place before the PE lesson to ensure the following is adhered to.

### **Risk Assessments**

The importance of safety in PE is made clear to all pupils. Lesson planning allows for health and safety considerations and every teacher is expected to carry out an informal risk assessment of every PE lesson to minimise risk. Risk assessments exist for sporting events and swimming which are completed by the PE Subject Leader for pupils attending an off-site sporting event.

### **PE Equipment**

Any damage to PE equipment is reported to the PE Subject Leader as soon as possible and if the damage could cause injury the equipment is isolated from use. The school employs an external contractor to undertake an annual equipment maintenance visit on gymnastics equipment.

### **PE Clothing**

Children have a PE uniform as detailed in the school prospectus. Children wear this uniform to school on the days they are taught PE. To enable all pupils to access curriculum PE, the school will support any family if they cannot afford to purchase a PE uniform. Parents can approach class teachers, the Headteacher or any member of school staff to discuss this in confidence. Children should tie long hair back (in line with the school uniform policy) and school will provide hair bands for those children who forget.

### **Jewellery and personal effects**

All jewellery, (including earrings) religious artefacts, watches and sensory aids are removed before participating in a PE lesson. Clear expectations have been established with all children and parents about the removal of jewellery and management of the removal. So, for example, parents are encouraged to ensure their children come to school without earrings when taking part in any PE activity and are actively encouraged to have piercings at the beginning of a summer holiday. If personal effects cannot be removed, the teacher acts to try to make the situation safe. In some situations, this may require adapting the activity in some way or taping over the item. If any child has a verruca when swimming, a verruca sock must be worn.

### **Staff**

Staff wear appropriate PE clothing, tie hair back and remove jewellery when teaching PE and sport lessons. This ensures staff act as role models and enforces the high expectations within PE at Coupe Green.

### **Safeguarding**

All adults working with children in school will be DBS checked.

### **School Sports Partnership (SSP)**

Coupe Green Primary School is a member of the South Ribble Sports Partnership and as such has access to curricular support, competitive opportunities for pupils, opportunities to be inspired by sporting ambassadors, and training for staff via the partnership. Accordingly, the school aspires to the 7 High Quality National Outcomes which guide the work of all SSPs:

- Increased participation in high quality PE.
- Increased participation in high quality out of school hours learning.
- Increased participation in high quality informal activity.
- Increased attainment and achievement through PE and sport.

- Improved behaviour and attitude in PE, sport and whole school.
- Increased participation in competitive and performance opportunities.
- Increased involvement in community sport and improved quality of community life.

### **School Sports Premium**

The Sports Premium is used to support all of Coupe Greens' PE and Sport objectives and its vision. This premium helps to promote sustainable outcomes: high quality PE lessons and extra-curricular opportunities which enable all pupils to regularly participate in physical activity and even excel, both now and in the future. The expenditure is posted annually on the school's website, a report is also made annually to the school's Governors and its impact is measured as described above. The plan includes an overview of sports premium spending and a review of the impact of the allocated funds.

**Reviewed: November 2022**