

# Preparing for the **REAL** GCSEs

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- The first GCSE written exam is in 21 days. You need to start your revision for these exams ASAP!



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If you fail to prepare.....

then prepare to fail.





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So, what do the  
next couple of  
months of your  
life look like???

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# REVISION TIMETABLE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7.4.25	8.4.25	9.4.25	10.4.25	11.4.25	12.4.25	13.4.25
14.4.25	15.4.25	16.4.25	16.4.25	17.4.25	18.4.25	19.4.25
21.4.25	22.4.25	23.4.25	24.4.25	25.4.25 Polish paper 2(am)	26.4.25	27.4.25
28.4.25 Photography exam	29.4.25 Photography exam	30.4.25	1.5.25	2.5.25	3.5.25	4.4.25
5.5.25	6.5.25 Art exam	7.5.25 Art exam	8.5.25	9.5.25 English lit revision P1 and P2	10.5.25	11.5.25
12.5.25 English lit P1 (am)  Biology revision P3 and P4	13.5.25 Biology P1 (pm)	14.5.25 Maths revision P3 and P4	15.5.25 Maths P1(F) (am) Maths P4 (H) (am)	16.5.25 Chemistry revision P1 and P2  IT revision P3 and P4	17.5.25	18.5.25
19.5.25 Chemistry P1 (am) IT exam (pm) English Lit revision P3 and P4	20.5.25 English Lit P2 (am)	21.5.25 Physics revision p3 and p4	22.5.25 Physics P1 (am) English lang revision p3 and p4	23.5.25 English lang P1(am) Statistics revision P3 and P4	24.5.25	25.5.25



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
26.5.25	27.5.25	28.5.25	29.5.25	30.5.25	31.5.25	1.6.26
2.6.25 Statistics P1(am) Maths revision p3 and P4	3.6.25 EM revision p3 and P4  Engineering Manufacture exam (pm)  Polish P1 (pm) Polish P3 (pm)	4.6.25 Maths P2 (F) (am) Maths P5 (H) (am)  English lang revision P3 and P4	5.6.25	6.6.25 English Lang P2 (am)  Biology revision P3 and P4	7.6.25	8.6.25
9.6.25 Biology P2 (am) Maths revision P3 and P4	10.6.25	11.6.25 Maths P3 (F) (am) Maths P6 (H) (am) Systems revision P3 and P4	12.6.25 Chemistry revision P1 and P2 Systems exam (pm)	13.6.25 Chemistry P2 (am) Physics revision P3 and P4 Statistics P2 (pm) Polish P4 (pm)	14.6.25	15.6.25
16.6.25 Physics P2 (am)  DT revision P3 and P4	17.6.25	18.6.25 DT exam (am)	19.6.25	20.6.25	21.6.25	22.6.26



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# Over the Easter break



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Have the weekend off

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Start your revision on **Monday**

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4 hours per day every week-day  
in the hols = **40 hours of revision**

# How much time a day do you spend on your phone?

- Average = 6.2 hours



Student	Screen time (hrs)
LD	3
DH	5
LM	9
AK	10
WC	8
ME	10
MS	6
AW	4
EV	7
AH	11
DH	3
NH	3
DT	7
BT	4
NH	3



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# So, what might a day look like?

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Time	
9:00	GET UP!
10:00	First half hour revision session
10:30	Have a break -10 minutes
10:40	Second half hour revision session
11:10	Have a break – 10 minutes
11:20	Third half hour session
11:50	Have a break – 10 minutes
12:20	Fourth half hour session
12:50	Lunch break – take an hour off
1:50	Fifth half hour session
2:20	Have a break – 10 minutes
2:30	Sixth half hour session
3:00	Have a break – 10 minutes
3:10	Seventh half hour session
3:20	Have a break – 10 minutes
3:30	Eight half hour session
4:00	You are done – YAY!!! – well done – take the rest of the day off



What  
should you  
revise?

- Look in the file on teams – your teachers have filled it with information you can use

# Where can I find my revision documents?



SS General Posts Files

+ New Upload Edit in grid view Share Copy link Sync All Documents

Documents > General

Name	Modified	Modified By	+ Add column
Student Shared Drive_Documents			
__Revision 2025	Yesterday at 11:00 ...	P.Goldie	
__Design Department	February 24	C Davies	
__Engineering Department	September 16, 2024	Tahira Kalsoom	
__English Department	April 13, 2024	O Davies	
__Enrichment	April 13, 2024	O Davies	
__IT & Business Department	April 13, 2024	O Davies	
__Maths Department	April 13, 2024	O Davies	

# How to revise



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# PREPARATION



PROPER  
PREPARATION  
PREVENTS  
POOR  
PERFORMANCE

# REMOVE ALL DISTRACTIONS



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**Turn off  
mobile phones**

- As difficult as you might find it you must turn off all electronics (tablets, phones, TVs, music players) and focus on your revision.
- Having a phone near you that is on, even if you are not using it, will be a distraction. Every time you receive a text you will look at your phone and therefore break your concentration.
- Studies show that having any background noise can stop information going into your long term memory.



# MAKE YOUR REVISION ENGAGING



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There are many different ways to revise, work out which one is best for you and apply it to different subjects:

- Flash Cards (edit, don't copy)
- Make use of websites – bbc bitesize, Seneca, freesciencelessons videos
- Make flash cards/mind maps/notes and **then ask someone to test you**
- Working with a revision buddy to test each other (effortful retrieval)
- Mnemonics
- Posters/ post it notes on display
- Mind Maps (2 colours to make it diagnostic)
- Past Paper Exam Questions





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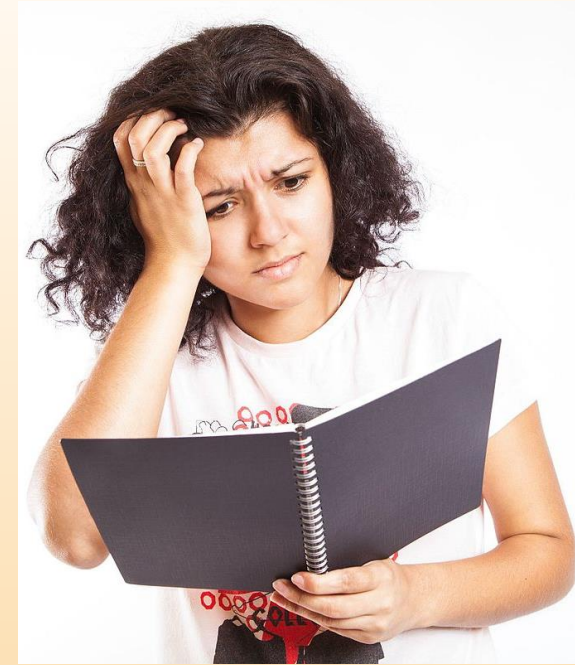
**LOOK AFTER YOURSELF WELL**



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# STRESS

What are the 3 most common mental health issues in young people?



# DEPRESSION



# ANXIETY







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**STRESS WILL BE AN ISSUE FOR YOU  
ALL AT THIS TIME**



We need to look after our minds in the same way that we look after our bodies.

Most of us already know how to look after our physical health:





STAY CALM



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If you are sticking to your revision timetable then there is no need to worry. You are preparing yourself the best you can.

**Stay relaxed.**

Spend time doing something relaxing each day, such as listening to your favourite music, going for a walk or swim, spending time with your pets or talking with a good friend.



# REVISION TIMETABLE

- Set your revision timetable and stick to it!
- Make sure you are spending the appropriate amount of time on your subjects

## REVISION TIMETABLE



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14.4.25	15.4.25	16.4.25	16.4.25	17.4.25	18.4.25	19.4.25
21.4.25	22.4.25	23.4.25	24.4.25	25.4.25 Polish paper 2(am)	26.4.25	27.4.25
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5.5.25	6.5.25 Art exam	7.5.25 Art exam	8.5.25	9.5.25 English IR revision P1 and P2	10.5.25	11.5.25
12.5.25 English IR P1 (am)  Biology revision P3 and P4	13.5.25 Biology P1 (pm)	14.5.25 Maths revision P3 and P4	15.5.25 Maths P1(F) (am) Maths P4 (H) (am)	16.5.25 Chemistry revision P1 and P2  IT revision P3 and P4	17.5.25	18.5.25
19.5.25 Chemistry P1 (am) IT exam (pm) English LR revision P3 and P4	20.5.25 English LR P2 (am)	21.5.25 Physics revision p3 and p4	22.5.25 Physics P1 (am) English lang revision p3 and p4	23.5.25 English lang P1(am) Statistics revision P3 and P4	24.5.25	25.5.25



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## On your **exam day**

This checklist will help you to be as prepared as possible for your exams, so that on the day itself you can focus on doing your best.



### **Before sitting your exams, ensure you know:**

- the date, time and location of your exams – you might find it helpful to write this information in a calendar or planner
  
- who to contact at school or college in case there's an emergency that makes you late or unable to sit your exam

**01270 218150**



## On your exam day

This checklist will help you to be as prepared as possible for your exams, so that on the day itself you can focus on doing your best.

### What you will need:

- a clear pencil case
- at least two black ink pens – blue pens are not acceptable
- an approved calculator for relevant exams
- appropriate apparatus such as a ruler or protractor for relevant exams
- a clear water bottle if you wish to take one in – it must not have a label





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AQA

City & Guilds

CCEA

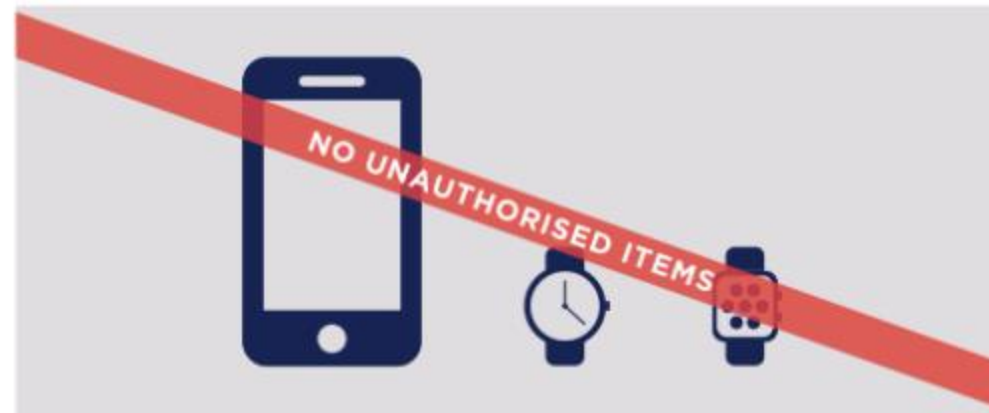
OCR

Pearson

WJEC

## **NO MOBILE PHONES NO WATCHES**

**NO POTENTIAL TECHNOLOGICAL/WEB  
ENABLED SOURCES OF INFORMATION**



Possession of unauthorised items, such as a mobile phone  
or any watch, is a serious offence and could result in

# **DISQUALIFICATION**

from your examination and your overall qualification.

This poster must be displayed in a prominent place outside each examination room.





## **Warning to Candidates**

1. You **must** be on time for all your examinations.
2. **Possession of a mobile phone** or other unauthorised material **is not allowed** even if you do not intend to use it. You will be subject to penalty and possible disqualification from the exam/qualification.
3. You **must not** talk to, attempt to communicate with or disturb other candidates once you have entered the examination room.
4. You **must** follow the instructions of the invigilator.
5. You **must not** sit an examination in the name of another candidate.
6. You **must not** become involved in any unfair or dishonest practice in any part of the examination.
7. If you are confused about anything, only speak to an invigilator.

The *Warning to Candidates* must be displayed in a prominent place outside each examination room. This may be a hard copy A3 paper version or an image of the poster projected onto a wall or screen for all candidates to see.

# Get the basics right

- Go to bed at a reasonable time the night before
- Set an alarm
- Have a reasonable breakfast – school will provide from 8am as usual
- Give yourself plenty of time to get to school, so you're not flustered



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