



PE Policy

PE Vision Statement

Crowcroft Park Primary School promotes teamwork, imagination, personal health and fitness in a fun, encouraging environment. Children of all abilities are given opportunities to develop and achieve.

Aims

Crowcroft Park Primary School believes that physical education, experienced in a safe and supportive environment, is vital and unique in its contribution to a pupil's physical and emotional development and health.

We aim to provide a broad and balanced P.E. curriculum to aid children's increasing self-confidence in their ability to manage themselves and their bodies within a variety of movement situations. Through a balance of individual, paired and group activities, we aim to cater for the different strengths, needs and preferences of each child, using differentiated activities where appropriate.

We believe that through the variety of opportunities that PE offers, children can develop a sense of personal achievement, fair play, teamwork and an understanding of the ways in which sport can transcend social and cultural boundaries.

We plan a range of activities that aim to provide children with a broad base of movement knowledge, skills and understanding, which they can refine and expand throughout their primary school years. All children are encouraged to join clubs and extend their interest and involvement in sport.

Children are taught to appreciate the importance of a healthy and fit body, and begin to understand those factors which affect health and fitness.

We offer outdoor education opportunities for children throughout the school. Different experiences for different age groups ensure all will get a range of appropriate challenges as they move through the school.

Planning, Teaching and Assessments

Crowcroft Park Primary school aims to provide a well balanced curriculum which covers the statutory requirements for the Early Years Foundation Stage (EYFS) and the PE National Curriculum.

In the Reception Class (EYFS), opportunities are provided for children to be active and to develop their co-ordination, control and movement through moving and handling activities which involve the use of a range of equipment and involve different spatial experiences. Structured lessons and opportunities for outdoor physical activity amount to at least two hours each week.

Pupils in both KS1 and KS2 engage in two hours of high quality PE during the course of each week.

In KS1, the curriculum focuses on fundamental movement skills to develop agility, balance and coordination. Curriculum content includes ball skills and team games, gymnastic and dance activities.

At KS2, pupils continue to apply and develop a range of skills and units of work include a range of invasion, net / wall, and fielding and striking games, gymnastics, dance, athletics and swimming. We also enrich children's experiences through opportunities for outdoor and adventurous activities.

We follow the **Val Sabin** scheme of work. Our aim is to develop the children's knowledge, skills and understanding and we do this through using a variety of teaching and learning styles in PE lessons, including a mixture of whole class teaching, individual and group activities.

Teachers draw attention to good examples of individual/group performances as models for other children and we encourage the children to evaluate their work, as well as the work of other children.

Within lessons, we give the children opportunities to work collaboratively and to compete with each other.

Teachers assess and record children's learning in PE following the Val Sabin assessment records.

Teachers make judgements based on observations during lessons. Teachers make a judgement as to whether the child has met, exceeded or is working towards the expectations of each unit.

Assessments will be used when reporting the progression of children's learning to parents and the teacher will pass the information onto the next teacher at the end of the year.

Monitoring

The Subject Leader will look at planning and observe lessons. When appropriate, it is also possible that the P.E. Subject Leader will seek the support of a specialist teacher to evaluate particular areas of the curriculum.

Inclusion and Equal Opportunities.

All children at Crowcroft Park Primary School are entitled to participate in the P.E. curriculum regardless of ethnicity, gender, religion and special educational need.

At Crowcroft Park Primary School, we feel that it is essential that all children's efforts are valued and supported in a safe and secure environment. Where children have specific sensory and physical needs, adaptations to the curriculum may be necessary to ensure that children have every opportunity to succeed at their particular stage of development.

Resources

There are a wide range of resources to support the teaching of PE across the school. We keep the small equipment in the PE stockroom and this is accessible by adult only. The hall contains a range of large apparatus.

We expect the children to help set up and put away *this equipment as part of their work*. *By doing so, the children learn to handle the equipment safely.*

The children use the school hall and playground, local authority playing field for games and athletics in nice weather and the local swimming pool for swimming lessons.

Health and safety

The general teaching requirement for health and safety applies in this subject. We encourage the children to consider their own safety and the safety of others at all times. We expect them to change for PE into the agreed clothing for each activity area.

All children, both boys and girls, who have long hair, must tie their hair back during any physical education.

Appropriate dress

Children are expected to wear the school PE kit in order to ensure safe participation during lessons.

Indoor lessons:

- Plain black shorts
- Plain white 'T' - shirt

Outdoor lessons:

- Plain white 'T' shirts
- Plain black tracksuit (bottoms/sweatshirt)
- Trainers

Jewellery should not be worn during PE and children are required to remove items such as earrings, necklaces, watches and rings etc. Items such as earrings, that the child may be unable to remove should be covered by surgical tape.

Wet Weather Contingencies

If, due to wet weather or dangerous conditions lessons are unable to be taught outdoors, lessons will be switched indoors. In PE lessons, the decision to switch lessons indoors will remain with the teacher responsible for that lesson.

Whenever possible the lesson content should be maintained. If this is not possible, then another practical activity should be undertaken suitable to the class/group size and composition.

Extra-curricular activities

Crowcroft Park Primary School is fully committed to providing extra-curricular sporting opportunities. These will include:

- Clubs (lunch time and after-school) available to all age groups and in a range of activities. Clubs are led by teachers, staff and qualified coaches.
- Friendly matches against other schools/groups.