## Managing Challenging Behaviours



The Trailblazers will be hosting a 4 week group, offering support and advice to parents around common childhood behaviours which can be challenging to manage.

In each session we will talk about challenging behaviours your family may experience, what may drive these behaviours and how to support your child.

## Some topics covered include;

- Setting family rules and boundaries
- Use of Praise and Rewards
- Supporting your child with transitions between tasks
- Helping your child to follow instructions

Date: 22<sup>nd</sup> January 2024

Time: 2:00 - 3:00

Location: Crowland Primary School

## FOR MORE INFORMATION AND TO EXPRESS YOUR INTEREST IN ATTENDING THE GROUP, PLEASE SPEAK TO BECKY MORTIMER

## Who are the Trailblazers?

Trailblazers are a partnership made up of a new Mental Health Support Team and other wellbeing agencies. We work within Haringey schools to support the emotional wellbeing of children, young people, parents and staff.











