

## OTHER SUPPORT AVAILABLE

There are a number of other helpful services you can find online that you may wish to contact including:

- Autism Team Haringey
- Caspari Foundation (learning support)
- Child Autism UK
- Child Bereavement Network
- Child Death Helpline
- Children's Centres (Haringey)
- Crutch in Haringey (financial hardship)
- Early Help in Haringey (parenting)
- Educational Welfare Service (EWS)
- Family Based Solutions (reconciliation)
- Family Lives (parenting support)
- Family Support Service (housing related)
- Gingerbread (one parent families)
- Good Thinking (wellbeing apps)
- Grief Encounter
- Haringey CHOICES (wellbeing support)
- Haringey RELATE (relationship support)
- Hope In Tottenham (counselling)
- Haringey Local Area Coordinators
- IMECE Women's Centre (BAME support)
- IAPT (free psychological therapies 16+)
- Markfield (social links and information)
- Mind Ed (Learning)
- MIND in Haringey (Information/support)
- MumsNet (online discussion forum)
- National Autism Society
- One Haringey (Wellbeing advice)
- Open Door (Parents)
- PACE UK (exploitation help)
- Solace Women's Aid (abuse/violence)
- Tavistock Relationship Centre
- Womens' Aid (domestic violence)

## TRAILBLAZER PARTNERSHIPS

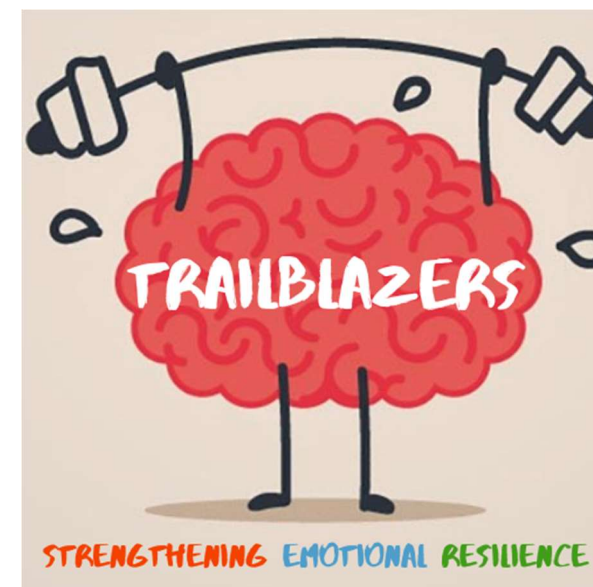


### CONTACT INFORMATION:

Phone: 020 8702 3400  
 Email: [beh-tr.trailblazers@nhs.net](mailto:beh-tr.trailblazers@nhs.net)  
 Web: [behcamhs.nhs.uk/contact-us](http://behcamhs.nhs.uk/contact-us)



## Information for Parents



*"Strengthening mental health, emotional wellbeing and resilience in schools"*

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