



Darwen St James'

Church of England Primary Academy

A member of CDARI

**Tuesday 8th October 2024**  
**I am the Bread of Life**



**I AM**  
the bread of life

Let's light the candle to begin our Worship today.

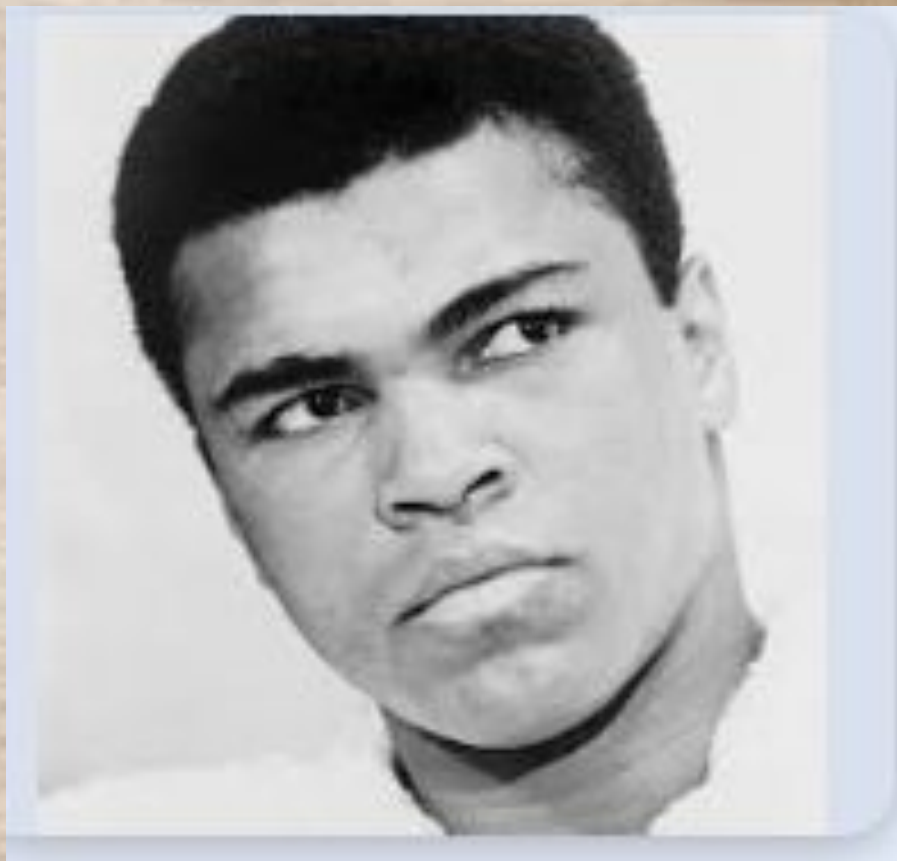


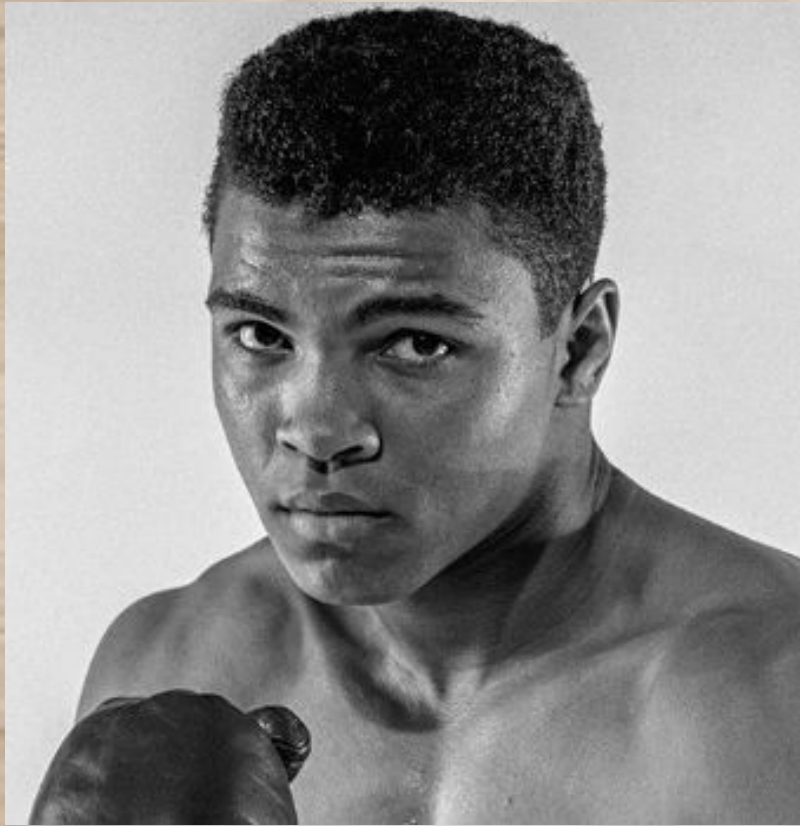
**Welcome Words –**

**We meet in the name of  
God,**

**Father, Son and Holy Spirit**

Who is this?





‘I’m not the  
greatest. I’m  
the double  
greatest.’



**Walking calculators**

**Supersonic runners**

**Superstars**

**Shining stars**

**In English, what do we call this way of describing people?**

# Metaphors

We know that there are no real stars that have fallen from the sky in this room however, a person can be referred to as a star because they light up the room with their lovely smile.

The Bible often uses metaphors when it describes Jesus. Some of the metaphors that are used may sound a bit strange. In John 6.35 Jesus says, **‘I am the bread of life’**.



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How many kinds of bread can you think of?



What is bread made of?

What does bread give our bodies?



# Reflection

Christians believe that when Jesus described himself as the 'Bread of life' he means that he can satisfy people's needs. If we eat our lunch, we will be hungry a few hours later. However, Christians believe that Jesus is enough to satisfy them forever. They believe that he brings peace, contentment, forgiveness, joy and a purpose to their lives.





<https://www.youtube.com/watch?v=xdRDgaOgJIA>



# Let us pray

Dear God,

Thank you for the food that we enjoy every day.

Please help us to remember those who have little to eat.

Thank you that you can satisfy our innermost needs.

Thank you that you can fill us with joy.

Amen

**Closing Words –**

**Grace, Mercy and Peace be  
with you**

**and also with you**