










WEEK 1	Monday 	Tuesday	Wednesday	Thursday	Friday
Main meat dish	All day breakfast with pork sausages 	Homemade chicken pie with mash potatoes 	Roast beef Yorkshire pudding with roast potatoes and gravy	Chicken and tomato pasta bake with garlic bread	Fish of the day with chips
Vegetarian meat dish	All day breakfast with Quorn 	Quorn shepherd's pie  	Roast Quorn fillet with roast potato and gravy 	Tomato & cheese pasta bake with garlic bread	Quorn nuggets with chips
Accompaniments 	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
Desserts	Shortbread biscuits	Marble cake	Raspberry bun	Homemade cookie	Ice cream treat 
Fresh fruit & yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
Jacket potato & sandwich selection	Jacket potato or turkey or cheese sandwich	Jacket potato or ham or egg mayo barm	Jacket potato Or Tuna mayo or cheese wrap	Jacket potato Or ham or egg mayo sandwich	Jacket potato Or cheese barm



# MENU



Fuel your afternoon with a healthy school lunch from Mellors

-  - MEAT FREE MONDAY
-  - 1 OF YOUR 5 A DAY
-  - CHEF'S CHOICE