









WEEK 2	Monday 	Tuesday	Wednesday	Thursday	Friday
Main meat dish	Bangers & mash potatoes 	Chicken curry with 50/50 rice 	Roast turkey and stuffing with roast potatoes and gravy	Beef bolognese pasta bake with garlic bread	Fish of the day with chips
Vegetarian meat dish	Quorn sausage & mash potatoes 	Quorn curry with 50/50 rice  	Roast Quorn fillet with roast potatoes and gravy 	Quorn spaghetti bolognese with garlic bread	Pizza & chips
Accompaniments 	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
Desserts	Chocolate brownie	Homemade cookie	Strawberry whip	Chocolate rice crispy cake	Ice cream treat
Fresh fruit & yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
Jacket potato & sandwich selection	Jacket potato or ham or cheese sandwich	Jacket potato or turkey or egg mayo barm	Jacket potato or tuna mayo or cheese wrap	Jacket potato or ham or egg mayo sandwich	Jacket potato or cheese barm



# MENU



Fuel your afternoon with a healthy school lunch from Mellors



- MEAT FREE MONDAY



- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE