









WEEK 3	Monday 	Tuesday	Wednesday	Thursday	Friday
Main meat dish	Beef lasagne with garlic bread 	Meat & potato pie with gravy 	Roast ham with gravy	Chicken curry & 50/50 rice	Fish of the day with chips
Vegetarian meat dish	Quorn lasagne with garlic bread 	BBQ Quorn wrap with wedges  	Roast Quorn roast with roast potatoes and gravy 	Quorn curry with 50/50 rice	Pizza with chips
Accompaniments 	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
Desserts	Homemade cookie	Lemon drizzle cake	Raspberry bun	Chocolate sponge cake	Ice cream treat
Fresh fruit & yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
Jacket potato & sandwich selection	Jacket potato or Tuna mayo or cheese sandwich	Jacket potato or Ham or egg mayo barm	Jacket potato or Tuna mayo or cheese wrap	Jacket potato or Ham or egg mayo sandwich	Jacket potato or Cheese barm