

DARWEN ST JAMES' C OF E PRIMARY ACADEMY

**PE LONG TERM PLAN** 



	AUT 1	AUT 2	SPR 1	SPR 2	SUM 1	SUM 2
EYFS	INTRODUCTION TO PE: UNIT 1	INTRODUCTION TO PE:	DANCE: UNIT 1	GAMES: UNIT 1	DANCE: UNIT 2	GAMES: UNIT 2
	FUNDAMENTALS: UNIT 1	UNIT 2 FUNDAMENTALS: UNIT 2	GYMNASTICS: UNIT 1	BALL SKILLS: UNIT 1	GYMNASTICS: UNIT 2	BALL SKILLS: UNIT 2
Year 1	FUNDAMENTALS	GYMNASTICS	DANCE	TARGET GAMES	NET AND WALL GAMES	STRIKING AND FIELDING GAMES
	BALL SKILLS	SENDING AND RECEIVING	TEAM BUILDING	INVASION GAMES	MINDFULNESS	ATHLETICS
Year 2	FUNDAMENTALS	GYMNASTICS	DANCE	TARGET GAMES	NET AND WALL GAMES	STRIKING AND FIELDING GAMES
	BALL SKILLS	SENDING AND RECEIVING	TEAM BUILDING	INVASION GAMES	MINDFULNESS	ATHLETICS
Year 3	FUNDAMENTALS Y3/4	GYMNASTICS	DANCE	ΟΑΑ	CRICKET	ATHLETICS
	BALL SKILLS Y3/4	GOLF	HOCKEY	TENNIS	SWIMMING	SWIMMING
Year 4	FUNDAMENTALS	GYMNASTICS	DANCE	ΟΑΑ	TENNIS	HOCKEY
	Y3/4 SWIMMING	SWIMMING	HOCKEY	GOLF	CRICKET	ATHLETICS
Year 5	FOOTBALL	GYMNASTICS	DANCE	ΟΑΑ	BADMINTON Y5/6	CRICKET
	NETBALL	DODGEBALL	HOCKEY	GOLF	ROUNDERS	ATHLETICS
Year 6	FOOTBALL	GYMNASTICS	DANCE	ΟΑΑ	BADMINTON Y5/6	CRICKET
	NETBALL	DODGEBALL	HOCKEY	GOLF	ROUNDERS	ATHLETICS