



Tuesday 27th January



Meeting a personal challenge

Philippians 4-13



Worship



Time



Quiet



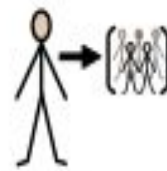
Looking



Listening



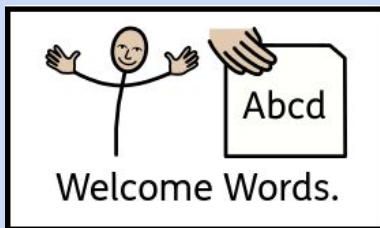
Respectful



Joining in

Let's light the candle to begin our Worship today.





God

is



spirit,



Let



us



worship



him



in



spirit

+

and



truth.



Spirituality



Window

Windows are for looking out onto the world and becoming aware of its wonders, both the 'wows' and 'ows'; things that are 'awe-full' and make us wonder and be grateful and things that are 'awful' and make us wonder and ask questions. The whole curriculum and life itself are full of opportunities to recognise this sensitively.



Mirror

Mirrors are for looking into and reflecting, alone and together, to see things more clearly, for thinking and asking important questions and learning from our own and each other's responses. In schools we must allow time for this for individual and group reflection and sharing of perspectives. Some subjects and times allow for this specifically, such as religious education and collective worship but in all subjects, there will be opportunities, unexpected or planned, when things just 'crop up'. Handled sensitively, it is possible to make the most of all these times.



Door

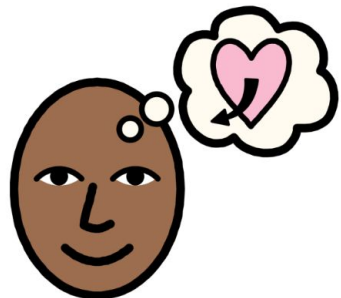
Doors are for looking through in order to then act or express this in some way in response; for moving on, making choices, and doing something creative, active and purposeful in response. This can simply be done through a change in attitude or behaviour or thinking. It can also be expressed powerfully through music or art or drama or dance and through some form of social action or specific acts of giving.



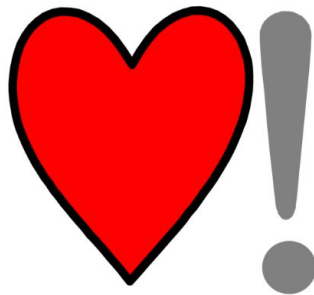
Our

school

values



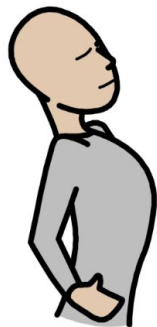
Hope



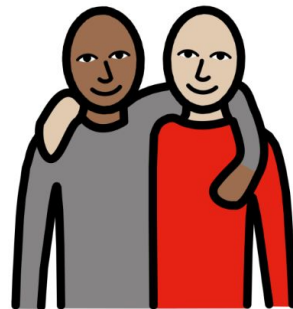
Love



Perseverance



Courage



Friendship

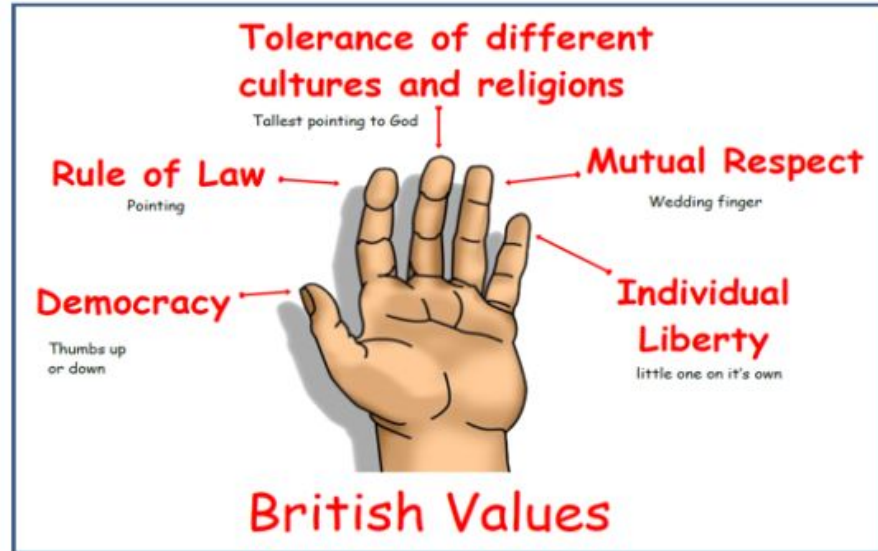


British



Values

I Really Do Matter



Democracy - School Council

Peer Mediators

Teaching

UK Parliament day

Rule of Law - Teaching

School Rules

Celebration of following

the rules

Respect

Tolerance/Respect - Celebration of all
faiths and cultures

Teaching - RE/PSHE

Celebrate differences

Picture news

Individual
Liberty -

Self esteem

Confidence

Growth mindset

Anti-bullying



Window

I can do all
things through
Christ who
strengthens
me.





Window



Paul wrote this letter while he was in **prison**. The "all things" he refers to are not personal ambitions or superpowers, but rather the ability to remain **content** in any circumstance—whether he was well-fed or hungry, living in plenty or in want.

As we look through this window at Paul, what do you think gave him the most strength: his own muscles, or the secret 'power-up' he found in his faith?



Mirror

Paul found his strength in Christ.

When you feel like you're in a 'dark room' or facing a hard task, where do you find your strength to keep going?



Reflection



time



Door

What is one 'hard thing' you will walk out of this room and try today, knowing you don't have to do it all by yourself?



Let



us



sing

<https://www.youtube.com/watch?v=zPQKj2Zptr0>

https://docs.google.com/presentation/d/1pqBPwF_As7w4qmpu_iMR7ILW7Crw0O-MvZKD4MkGW_Y/edit?slide=id.g244369d9b74_0_12#slide=id.g244369d9b74_0_12

THIS IS
amazing grace



let us pray.

Dear God,

Sometimes the world feels big, and I feel small.

Sometimes the tasks feel hard, and I want to give up.

(Mirror Moment: Looking In)

When I look in the mirror, help me to see the strength You put inside me.

When I feel weak or worried, remind me of St. Paul in his dark room,

Writing about the secret power that kept him going.

(Door Moment: Looking Out)

As I walk through the door and into my day,

Help me to remember that I am never alone.

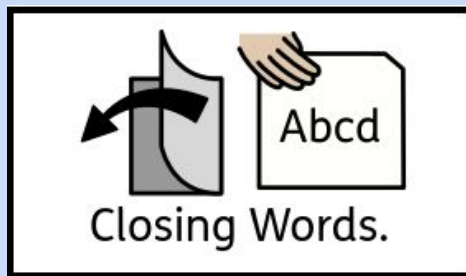
With Your hand in mine, I can be brave.

With Your love in my heart, I can be kind.

Help me to say with confidence:

"I can do all things through Christ who strengthens me."

Amen.



God's



grace,



mercy



and



peace

be



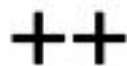
with



you,



and



also



with



you.



Worship



Time



Quiet



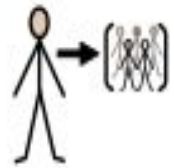
Looking



Listening



Respectful



Joining in

The Window Stage: A Letter from the Dark

The Scene:

Imagine you are looking through a small, dusty window into a cold, dark room. Inside is a man named Paul. He isn't at home in a cozy bed; he is in a prison cell. He is far away from his friends, and sometimes he doesn't even have enough food to eat.

The Story:

Paul had spent years traveling to different cities to tell people about Jesus. But some people didn't like his message and had him locked away. You might expect Paul to be angry or to give up. You might expect him to write a letter saying, "This is too hard, I can't do this anymore."

Instead, Paul picked up a pen and some parchment. He wrote a letter to his friends in a place called Philippi. He didn't write about how much he hated the prison. Instead, he wrote: *"I have learned the secret of being happy whether I have a lot or a little".*

Then, he wrote the famous words we are thinking about today: **"I can do all things through Christ who strengthens me".**

Paul wasn't saying he had superpowers to break the prison bars. He was saying that even when things were at their absolute "Ow" moment—when he was lonely, hungry, or stuck—he felt a special strength inside him. It was like an invisible hand holding his, giving him the "Wow" power to keep smiling and keep loving others, no matter what happened on the outside.