



**DARWEN
ST JAMES**



Physical Education

**Nurturing ambition
through a living faith
in English at Darwen
St James' is...**



Nurture

Through our PE curriculum, pupils experience a broad range of individual and team sports. We nurture their emotional development and self-confidence, giving them safe opportunities to experience both winning and losing. Learning to navigate these moments helps children build genuine resilience, self-motivation, and a positive growth mindset.

Ambition

We encourage children to try a diverse range of sports, giving them every opportunity to find where their talents lie. Through engaging and challenging activities, pupils are inspired to strive for their personal best, whatever their starting point. By representing the school in extra-curricular events, children build pride, confidence, and a sense of accomplishment, celebrating their unique strengths both on and off the pitch.

Faith

Our PE curriculum provides a wonderful foundation for children to live out our core Christian values: love, respect, trust, friendship, and perseverance. We place a strong emphasis on sportsmanship, encouraging pupils to show respect through post-match handshakes and three cheers. By trying new activities for the first time, children learn to persevere, expand their skills, and celebrate each other's progress.

Citizens

Through physical education, we nurture responsible, respectful young people who make positive contributions to our school and wider community. By working collaboratively, supporting their peers, and taking on leadership roles, pupils learn the value of teamwork and service. PE provides a active framework for living out our Christian ethos, helping children develop the integrity, empathy, and social responsibility needed to thrive as good citizens.



Curriculum Intent, Implementation & Impact Statement



Intent

- **Wellbeing & Growth:** Provide a safe, supportive environment that nurtures pupils' physical fitness, emotional health, and overall wellbeing.
- **High-Quality Provision:** Deliver inspiring PE teaching that empowers pupils to succeed, build resilience, and master essential life skills.
- **Teamwork & Values:** Teach effective collaboration, cooperation, and fair play to instil lifelong values of equity and respect.
- **Physical Literacy:** Foster a culture that improves physical fitness and encourages healthy habits for all pupils.

Implementation

- **Curriculum Delivery:** 2 hours of weekly PE for all pupils using the *GetSet4PE* scheme, progressing from fundamental movement skills (EYFS/KS1) to sport-specific activities (KS2).
- **Water Safety:** Weekly swimming lessons at the local pool for Years 3 and 4 across one term each year.
- **Pedagogy:** Child-led, Growth Mindset approach giving time to revisit, practise, and master skills with appropriate challenge.
- **Enrichment & Play:** Extra-curricular sports clubs, specialist workshops, active breaktime equipment, and Year 6 Sports Prefects leading playground activities.
- **Competition & Inclusion:** Regular participation in local DPSSA/SLA sports events, festivals, and inclusive SEND opportunities.
- **Subject Leadership & Management:** PE Lead provides ongoing staff CPD, network collaboration, data tracking, and regular quality assurance.

Impact

- **Motivation & Independence:** Pupils are motivated to participate in diverse sports and take responsibility for their own health and fitness.
- **Skill & Achievement:** Children build core physical skills, enjoy competitive success, and meet or exceed national curriculum expectations.
- **Sportsmanship & Character:** Pupils demonstrate strong teamwork, fairness, and a lasting passion for physical activity.
- **Sustained Quality:** Ongoing monitoring ensures prompt intervention for pupil progress alongside continuously enhanced staff confidence and teaching quality.