

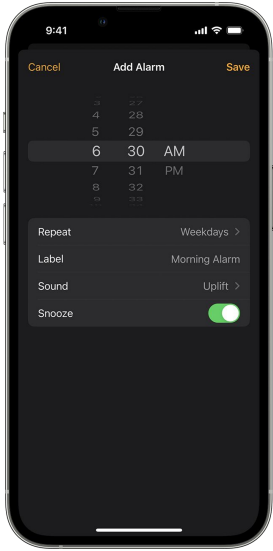
**Let's light the candle to begin our Worship today.**



**Welcome Words –  
God is spirit.**

**Let us worship him in spirit and  
truth.**

# God is wide awake.



Who is wide awake this morning?

# What, or who woke you up?



# How do we feel when we are wide awake?



Do we feel differently when we wake up for special occasions?





**Why do we go to bed at night time?**

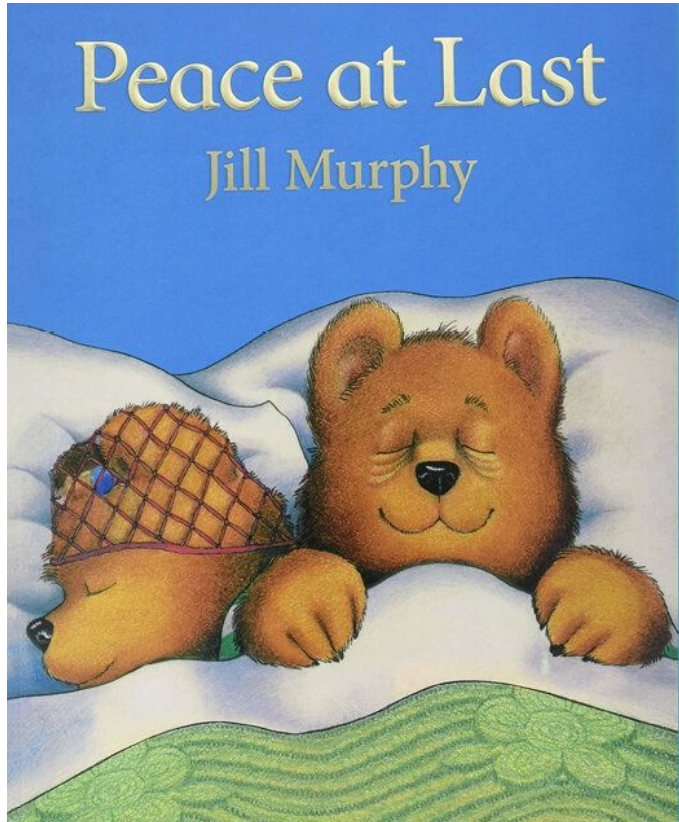
**Why do we need sleep?**

**Why is sleep good for us?**





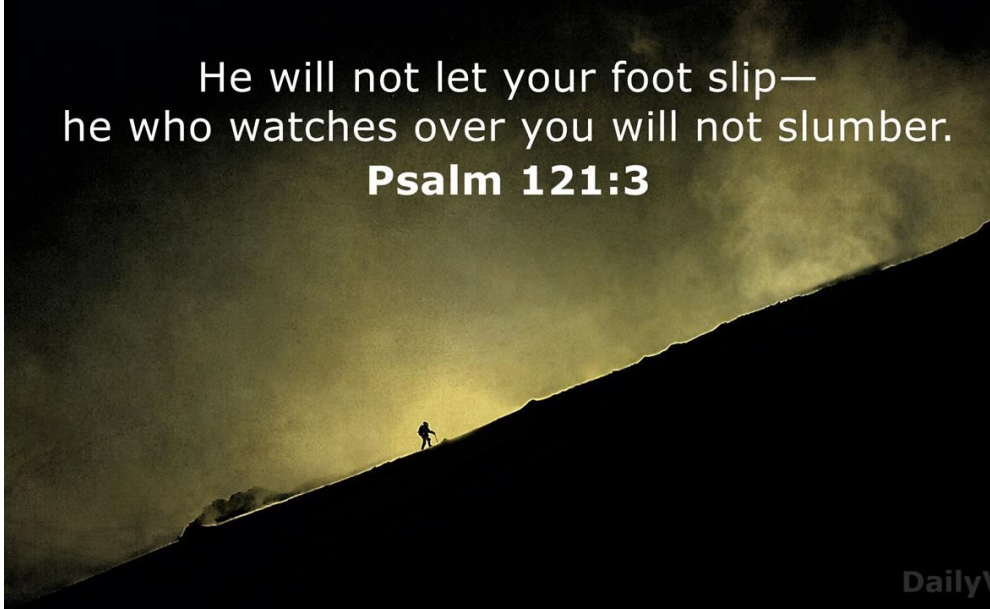
# Story Time!



We all need sleep,  
sometimes we are so  
tired and desperate to  
sleep.


But God is... wide awake  
all the time!

# Psalms 121.3-4



He will not let your foot slip—  
he who watches over you will not slumber.  
**Psalm 121:3**

Daily



Behold,  
he that keepeth Israel shall  
neither slumber nor sleep.  
-Psalm 121:4

*latter-day saint*  
SCRIPTURE OF THE DAY

God is... wide awake all the time! Amazing!  
Why is God wide awake all the time?  
Why doesn't God need sleep?

Sleep is something humans need. Jesus slept because he was also human.

When we are asleep the people on the other side of the world are awake but God is awake and 'on the job' all the time.

# Reflection

**Do something different!**

**Make a noise instead of being quiet and do some wide awake exercise!**



Let  
Us  
Pray

**Dear God,  
In prayer thank  
God that he is wide  
awake all the time  
watching over us;  
guiding helping and  
loving us  
Amen.**



**Closing Words –**

**The light and peace of Jesus  
Christ with you.**

**and also with you.**