



WATT'S  
FOR LUNCH?  
FUEL YOUR DAY WITH A  
HEALTHY SCHOOL LUNCH



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Meat Main Dish</b>	All day breakfast	Cottage pie	Roast turkey dinner served with stuffing, roast potatoes & gravy	Sweet & sour chicken served with rice	Fish & chips or Pepperoni pizza
<b>Vegetarian Main Dish</b>	Quorn sausage all day breakfast	Vegetarian cottage pie	Quorn fillet roast dinner served with stuffing, roast potatoes & gravy	Quorn sweet & sour served with rice	Cheese pizza
<b>Accompaniments</b>	Seasonal vegetables salad bar	Seasonal vegetables salad bar	Seasonal vegetables salad bar	Seasonal vegetables salad bar	Seasonal vegetables salad bar
<b>Desserts</b>	Peach crumble served served with custard	Fruit jelly	Chocolate sponge served with chocolate sauce	Homemade cookie	Fruit & ice cream
<b>Fresh Fruit and yoghurt</b>	Selection of fresh fruit and yoghurt	Selection of fresh fruit and yoghurt	Selection of fresh fruit and yoghurt	Selection of fruit and yoghurt	Selection of fresh fruit and yoghurt
<b>Jacket potatoes and sandwiches</b>	Jacket potatoes Ham or cheese sandwiches	Jacket potatoes Egg mayo or turkey barm	Jacket potatoes Tuna mayo or cheese wrap	Jacket potato Egg mayo or ham sandwiches	Jacket potatoes Cheese barm

5  
A DAY

5  
A DAY

5  
A DAY



- CHEF'S CHOICE



- 1 OF YOUR 5 A DAY



MENU