

PSHE Overview 2020

<u>PSHE Overview</u>	<u>Autumn term</u> <u>Relationships</u>	<u>Spring term</u> <u>Health and wellbeing</u>	<u>Summer term</u> <u>Living in the wider world</u>
Nursery	Friendships Emotions Valuing each other Boundaries and creating rules	Feelings and behaviour Problem and conflicts Healthy choices	Keeping safe Growing and changing Independence
Reception	Friendships Emotions Valuing each other Boundaries and creating rules	Feelings and behaviour Problem and conflicts Healthy choices	Keeping safe Growing and changing Independence
Year 1	What is the same and different about us? Who is special to us?	What helps us stay healthy? Who helps to keep us safe?	What can we do with money? How can we look after others and the world?
Year 2	What makes a good friend? What is bullying?	What helps us to stay safe? What helps us grow and stay healthy?	How do we recognise our feelings? What jobs do people do?
Year 3	How can we be a good friend? What are families like?	What keeps us safe? Why should we eat well and look after our teeth?	Why should we keep active and sleep well? What makes a community?
Year 4	How do we treat each other with respect? How can we manage our feelings?	What strengths, skills and interests do we have? How will we grow and change?	How can we manage risk in different places? How can our choices make a difference to others and the environment?
Year 5	How can friends communicate safely? Online safety	What makes up a person's identity? How can we help in an accident or emergency?	What decisions can people make with money? What jobs would we like?
	<u>Autumn Term</u> <u>Living in the wider world</u>	<u>Spring Term</u> <u>Health and well being</u>	<u>Summer Term</u> <u>Relationships</u>
Year 6	How can the media influence people? Money.	How can we keep healthy as we grow?	What will change as we become more independent? How do friendships change as we grow?

